



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Boone, Dallas, Polk, Story, Warren
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$170	\$170	\$139	\$139
1	\$119	\$119	\$97	\$97
2-18	\$85	\$85	\$69	\$69
19	\$93	\$104	\$76	\$85
20	\$100	\$123	\$82	\$100
21	\$110	\$143	\$89	\$117
22	\$119	\$164	\$97	\$134
23	\$128	\$184	\$105	\$150
24	\$138	\$205	\$112	\$167
25	\$140	\$211	\$114	\$172
26	\$143	\$217	\$117	\$177
27	\$146	\$223	\$119	\$182
28	\$147	\$225	\$120	\$184
29	\$149	\$228	\$122	\$186
30	\$151	\$231	\$123	\$188
31	\$153	\$234	\$125	\$191
32	\$155	\$238	\$127	\$194
33	\$159	\$245	\$130	\$200
34	\$164	\$252	\$133	\$206
35	\$168	\$259	\$137	\$212
36	\$172	\$267	\$141	\$217
37	\$177	\$274	\$144	\$223
38	\$185	\$279	\$151	\$227
39	\$193	\$283	\$157	\$231
40	\$201	\$288	\$164	\$235
41	\$209	\$292	\$171	\$238
42	\$217	\$297	\$177	\$242
43	\$224	\$304	\$183	\$247
44	\$230	\$309	\$188	\$252
45	\$237	\$316	\$193	\$257
46	\$244	\$323	\$199	\$263
47	\$251	\$330	\$205	\$269
48	\$259	\$333	\$211	\$272
49	\$267	\$337	\$217	\$275
50	\$274	\$341	\$224	\$278
51	\$281	\$344	\$229	\$281
52	\$289	\$348	\$235	\$283
53	\$298	\$353	\$243	\$288
54	\$308	\$359	\$251	\$293
55	\$318	\$365	\$259	\$298
56	\$329	\$371	\$268	\$303
57	\$340	\$378	\$277	\$308
58	\$360	\$386	\$293	\$315
59	\$380	\$395	\$310	\$322
60	\$400	\$403	\$326	\$328
61	\$420	\$411	\$343	\$335
62	\$440	\$418	\$359	\$341
63	\$460	\$426	\$375	\$348
64	\$480	\$434	\$392	\$354

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Boone, Dallas, Polk, Story, Warren
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$156	\$156	\$144	\$144	\$112	\$112	\$89	\$89
1	\$109	\$109	\$101	\$101	\$78	\$78	\$62	\$62
2-18	\$78	\$78	\$72	\$72	\$56	\$56	\$45	\$45
19	\$85	\$95	\$79	\$88	\$61	\$68	\$49	\$55
20	\$92	\$112	\$85	\$104	\$66	\$80	\$53	\$64
21	\$100	\$131	\$93	\$121	\$72	\$94	\$57	\$75
22	\$109	\$150	\$101	\$139	\$78	\$108	\$62	\$86
23	\$118	\$169	\$109	\$156	\$84	\$121	\$67	\$97
24	\$126	\$188	\$116	\$174	\$90	\$135	\$72	\$108
25	\$129	\$193	\$119	\$178	\$92	\$138	\$74	\$111
26	\$131	\$199	\$121	\$183	\$94	\$142	\$75	\$114
27	\$134	\$204	\$123	\$188	\$96	\$146	\$76	\$117
28	\$135	\$207	\$125	\$191	\$97	\$148	\$77	\$118
29	\$137	\$209	\$126	\$193	\$98	\$150	\$78	\$120
30	\$138	\$212	\$127	\$195	\$99	\$152	\$79	\$121
31	\$140	\$215	\$129	\$198	\$100	\$154	\$80	\$123
32	\$142	\$218	\$132	\$201	\$102	\$156	\$82	\$125
33	\$146	\$224	\$135	\$207	\$105	\$161	\$84	\$128
34	\$150	\$231	\$138	\$213	\$107	\$166	\$86	\$132
35	\$154	\$238	\$142	\$220	\$110	\$170	\$88	\$136
36	\$158	\$244	\$146	\$226	\$113	\$175	\$90	\$140
37	\$162	\$251	\$149	\$232	\$116	\$180	\$93	\$144
38	\$169	\$255	\$156	\$236	\$121	\$183	\$97	\$146
39	\$177	\$260	\$163	\$240	\$127	\$186	\$101	\$148
40	\$184	\$264	\$170	\$244	\$132	\$189	\$105	\$151
41	\$192	\$268	\$177	\$247	\$137	\$192	\$110	\$153
42	\$199	\$273	\$184	\$252	\$143	\$195	\$114	\$156
43	\$205	\$278	\$190	\$257	\$147	\$199	\$117	\$159
44	\$211	\$284	\$195	\$262	\$151	\$203	\$121	\$162
45	\$217	\$289	\$201	\$267	\$156	\$207	\$124	\$166
46	\$224	\$296	\$207	\$273	\$160	\$212	\$128	\$169
47	\$230	\$302	\$213	\$279	\$165	\$217	\$132	\$173
48	\$237	\$306	\$219	\$282	\$170	\$219	\$136	\$175
49	\$244	\$309	\$226	\$285	\$175	\$221	\$140	\$177
50	\$251	\$313	\$232	\$289	\$180	\$224	\$144	\$179
51	\$258	\$316	\$238	\$291	\$185	\$226	\$148	\$180
52	\$265	\$319	\$244	\$294	\$189	\$228	\$151	\$182
53	\$273	\$324	\$252	\$299	\$196	\$232	\$156	\$185
54	\$282	\$329	\$261	\$304	\$202	\$236	\$162	\$188
55	\$292	\$334	\$269	\$309	\$209	\$240	\$167	\$191
56	\$302	\$341	\$278	\$314	\$216	\$244	\$173	\$195
57	\$311	\$347	\$287	\$320	\$223	\$248	\$178	\$198
58	\$330	\$354	\$304	\$327	\$236	\$254	\$189	\$202
59	\$348	\$362	\$321	\$334	\$249	\$259	\$199	\$207
60	\$367	\$369	\$339	\$341	\$263	\$265	\$210	\$211
61	\$385	\$377	\$356	\$348	\$276	\$270	\$220	\$215
62	\$404	\$384	\$373	\$354	\$289	\$275	\$231	\$219
63	\$422	\$391	\$389	\$361	\$302	\$280	\$241	\$224
64	\$440	\$398	\$407	\$368	\$315	\$285	\$252	\$228

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Boone, Dallas, Polk, Story, Warren
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$103	\$103	\$91	\$91	\$77	\$77	\$63	\$63
1	\$72	\$72	\$64	\$64	\$54	\$54	\$44	\$44
2-18	\$52	\$52	\$46	\$46	\$39	\$39	\$31	\$31
19	\$56	\$63	\$50	\$56	\$42	\$47	\$34	\$39
20	\$61	\$74	\$54	\$66	\$45	\$56	\$37	\$45
21	\$66	\$87	\$59	\$77	\$50	\$65	\$41	\$53
22	\$72	\$99	\$64	\$88	\$54	\$74	\$44	\$61
23	\$78	\$112	\$69	\$99	\$58	\$84	\$48	\$68
24	\$83	\$124	\$74	\$110	\$63	\$93	\$51	\$76
25	\$85	\$128	\$75	\$113	\$64	\$96	\$52	\$78
26	\$87	\$131	\$77	\$116	\$65	\$98	\$53	\$80
27	\$88	\$135	\$78	\$120	\$66	\$101	\$54	\$82
28	\$89	\$137	\$79	\$121	\$67	\$102	\$55	\$83
29	\$90	\$138	\$80	\$122	\$68	\$104	\$55	\$84
30	\$91	\$140	\$81	\$124	\$68	\$105	\$56	\$85
31	\$93	\$142	\$82	\$126	\$69	\$106	\$57	\$87
32	\$94	\$144	\$84	\$128	\$71	\$108	\$58	\$88
33	\$97	\$148	\$86	\$132	\$72	\$111	\$59	\$91
34	\$99	\$153	\$88	\$135	\$74	\$114	\$61	\$93
35	\$102	\$157	\$90	\$139	\$76	\$118	\$62	\$96
36	\$104	\$162	\$93	\$143	\$78	\$121	\$64	\$99
37	\$107	\$166	\$95	\$147	\$80	\$124	\$65	\$101
38	\$112	\$169	\$99	\$150	\$84	\$127	\$68	\$103
39	\$117	\$172	\$104	\$152	\$88	\$129	\$71	\$105
40	\$122	\$174	\$108	\$155	\$91	\$131	\$74	\$107
41	\$127	\$177	\$112	\$157	\$95	\$133	\$77	\$108
42	\$132	\$180	\$117	\$160	\$99	\$135	\$80	\$110
43	\$136	\$184	\$120	\$163	\$102	\$138	\$83	\$112
44	\$140	\$187	\$124	\$166	\$105	\$141	\$85	\$115
45	\$144	\$191	\$127	\$170	\$108	\$143	\$88	\$117
46	\$148	\$196	\$131	\$173	\$111	\$147	\$90	\$119
47	\$152	\$200	\$135	\$177	\$114	\$150	\$93	\$122
48	\$157	\$202	\$139	\$179	\$118	\$151	\$96	\$123
49	\$162	\$204	\$143	\$181	\$121	\$153	\$99	\$125
50	\$166	\$207	\$147	\$183	\$125	\$155	\$101	\$126
51	\$170	\$209	\$151	\$185	\$128	\$156	\$104	\$127
52	\$175	\$211	\$155	\$187	\$131	\$158	\$107	\$129
53	\$181	\$214	\$160	\$190	\$135	\$160	\$110	\$131
54	\$187	\$218	\$166	\$193	\$140	\$163	\$114	\$133
55	\$193	\$221	\$171	\$196	\$145	\$166	\$118	\$135
56	\$199	\$225	\$177	\$200	\$149	\$169	\$122	\$137
57	\$206	\$229	\$182	\$203	\$154	\$172	\$126	\$140
58	\$218	\$234	\$193	\$207	\$163	\$175	\$133	\$143
59	\$230	\$239	\$204	\$212	\$173	\$179	\$141	\$146
60	\$242	\$244	\$215	\$216	\$182	\$183	\$148	\$149
61	\$255	\$249	\$226	\$221	\$191	\$187	\$156	\$152
62	\$267	\$254	\$236	\$225	\$200	\$190	\$163	\$155
63	\$279	\$258	\$247	\$229	\$209	\$194	\$170	\$158
64	\$291	\$263	\$258	\$233	\$218	\$197	\$178	\$161

Note: 10% discount for two or more members on a plan.
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 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$70	\$70	\$48	\$48	\$60	\$60	\$41	\$41
1	\$49	\$49	\$33	\$33	\$42	\$42	\$29	\$29
2-18	\$35	\$35	\$24	\$24	\$30	\$30	\$21	\$21
19	\$38	\$43	\$26	\$29	\$33	\$37	\$22	\$25
20	\$41	\$50	\$28	\$34	\$35	\$43	\$24	\$30
21	\$45	\$59	\$31	\$40	\$39	\$50	\$26	\$35
22	\$49	\$67	\$33	\$46	\$42	\$58	\$29	\$40
23	\$53	\$75	\$36	\$52	\$45	\$65	\$31	\$45
24	\$56	\$84	\$38	\$57	\$49	\$72	\$33	\$50
25	\$57	\$86	\$39	\$59	\$49	\$74	\$34	\$51
26	\$58	\$89	\$40	\$61	\$50	\$76	\$34	\$52
27	\$60	\$91	\$41	\$62	\$51	\$79	\$35	\$54
28	\$60	\$92	\$41	\$63	\$52	\$79	\$36	\$54
29	\$61	\$93	\$42	\$64	\$53	\$80	\$36	\$55
30	\$62	\$94	\$42	\$65	\$53	\$81	\$36	\$56
31	\$63	\$96	\$43	\$66	\$54	\$83	\$37	\$57
32	\$64	\$97	\$43	\$67	\$55	\$84	\$38	\$57
33	\$65	\$100	\$45	\$68	\$56	\$86	\$38	\$59
34	\$67	\$103	\$46	\$70	\$58	\$89	\$39	\$61
35	\$69	\$106	\$47	\$73	\$59	\$91	\$41	\$63
36	\$71	\$109	\$48	\$75	\$61	\$94	\$42	\$64
37	\$72	\$112	\$49	\$77	\$62	\$96	\$43	\$66
38	\$76	\$114	\$52	\$78	\$65	\$98	\$45	\$67
39	\$79	\$116	\$54	\$79	\$68	\$100	\$47	\$68
40	\$82	\$118	\$56	\$81	\$71	\$101	\$48	\$69
41	\$86	\$120	\$58	\$82	\$74	\$103	\$50	\$71
42	\$89	\$122	\$61	\$83	\$77	\$105	\$52	\$72
43	\$92	\$124	\$63	\$85	\$79	\$107	\$54	\$73
44	\$94	\$127	\$64	\$87	\$81	\$109	\$56	\$75
45	\$97	\$129	\$66	\$88	\$84	\$111	\$57	\$76
46	\$100	\$132	\$68	\$90	\$86	\$114	\$59	\$78
47	\$103	\$135	\$70	\$92	\$89	\$116	\$61	\$80
48	\$106	\$136	\$72	\$93	\$91	\$118	\$62	\$80
49	\$109	\$138	\$75	\$94	\$94	\$119	\$64	\$81
50	\$112	\$140	\$77	\$95	\$97	\$120	\$66	\$82
51	\$115	\$141	\$79	\$96	\$99	\$121	\$68	\$83
52	\$118	\$142	\$81	\$97	\$102	\$123	\$70	\$84
53	\$122	\$145	\$83	\$99	\$105	\$125	\$72	\$85
54	\$126	\$147	\$86	\$100	\$109	\$127	\$74	\$87
55	\$130	\$149	\$89	\$102	\$112	\$129	\$77	\$88
56	\$135	\$152	\$92	\$104	\$116	\$131	\$79	\$90
57	\$139	\$155	\$95	\$106	\$120	\$133	\$82	\$91
58	\$147	\$158	\$101	\$108	\$127	\$136	\$87	\$93
59	\$155	\$161	\$106	\$110	\$134	\$139	\$92	\$95
60	\$164	\$165	\$112	\$113	\$141	\$142	\$97	\$97
61	\$172	\$168	\$118	\$115	\$148	\$145	\$101	\$99
62	\$180	\$171	\$123	\$117	\$155	\$147	\$106	\$101
63	\$188	\$174	\$129	\$119	\$162	\$150	\$111	\$103
64	\$197	\$178	\$134	\$121	\$169	\$153	\$116	\$105

Note: 10% discount for two or more members on a plan.

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 State: Iowa
 Counties: Boone, Dallas, Polk, Story, Warren
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$85	\$85	\$76	\$76	\$59	\$59
1	\$59	\$59	\$53	\$53	\$41	\$41
2-18	\$42	\$42	\$38	\$38	\$29	\$29
19	\$46	\$52	\$41	\$47	\$32	\$36
20	\$50	\$61	\$45	\$55	\$35	\$42
21	\$55	\$71	\$49	\$64	\$38	\$49
22	\$59	\$82	\$53	\$73	\$41	\$56
23	\$64	\$92	\$57	\$82	\$44	\$64
24	\$69	\$102	\$62	\$92	\$47	\$71
25	\$70	\$105	\$63	\$94	\$48	\$73
26	\$71	\$108	\$64	\$97	\$49	\$75
27	\$73	\$111	\$65	\$100	\$50	\$77
28	\$73	\$112	\$66	\$101	\$51	\$78
29	\$74	\$114	\$67	\$102	\$51	\$79
30	\$75	\$115	\$67	\$103	\$52	\$80
31	\$76	\$117	\$68	\$105	\$53	\$81
32	\$77	\$119	\$69	\$106	\$54	\$82
33	\$79	\$122	\$71	\$109	\$55	\$84
34	\$81	\$126	\$73	\$113	\$56	\$87
35	\$84	\$129	\$75	\$116	\$58	\$89
36	\$86	\$133	\$77	\$119	\$59	\$92
37	\$88	\$136	\$79	\$122	\$61	\$94
38	\$92	\$139	\$83	\$124	\$64	\$96
39	\$96	\$141	\$86	\$127	\$66	\$98
40	\$100	\$143	\$90	\$129	\$69	\$99
41	\$104	\$146	\$93	\$131	\$72	\$101
42	\$108	\$148	\$97	\$133	\$75	\$102
43	\$112	\$151	\$100	\$136	\$77	\$105
44	\$115	\$154	\$103	\$138	\$79	\$107
45	\$118	\$157	\$106	\$141	\$82	\$109
46	\$122	\$161	\$109	\$144	\$84	\$111
47	\$125	\$164	\$112	\$147	\$87	\$114
48	\$129	\$166	\$116	\$149	\$89	\$115
49	\$133	\$168	\$119	\$151	\$92	\$116
50	\$137	\$170	\$123	\$152	\$94	\$118
51	\$140	\$171	\$126	\$154	\$97	\$119
52	\$144	\$173	\$129	\$155	\$99	\$120
53	\$149	\$176	\$133	\$158	\$103	\$122
54	\$153	\$179	\$138	\$161	\$106	\$124
55	\$159	\$182	\$142	\$163	\$110	\$126
56	\$164	\$185	\$147	\$166	\$113	\$128
57	\$169	\$188	\$152	\$169	\$117	\$130
58	\$179	\$192	\$161	\$173	\$124	\$133
59	\$189	\$197	\$170	\$176	\$131	\$136
60	\$199	\$201	\$179	\$180	\$138	\$139
61	\$209	\$205	\$188	\$184	\$145	\$142
62	\$219	\$208	\$197	\$187	\$152	\$144
63	\$229	\$212	\$206	\$191	\$159	\$147
64	\$239	\$216	\$215	\$194	\$166	\$150

Note: 10% discount for two or more members on a plan.

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Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Boone, Dallas, Polk, Story, Warren
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$230	\$230	\$187	\$187
1	\$161	\$161	\$131	\$131
2-18	\$115	\$115	\$94	\$94
19	\$125	\$141	\$102	\$115
20	\$135	\$166	\$110	\$135
21	\$148	\$193	\$121	\$158
22	\$161	\$221	\$131	\$180
23	\$173	\$249	\$141	\$203
24	\$186	\$277	\$152	\$226
25	\$190	\$285	\$155	\$232
26	\$193	\$292	\$157	\$238
27	\$197	\$301	\$160	\$245
28	\$199	\$304	\$162	\$248
29	\$201	\$308	\$164	\$251
30	\$203	\$312	\$166	\$254
31	\$206	\$316	\$168	\$258
32	\$210	\$321	\$171	\$262
33	\$215	\$331	\$176	\$270
34	\$221	\$340	\$180	\$277
35	\$227	\$350	\$185	\$286
36	\$233	\$360	\$190	\$294
37	\$238	\$370	\$194	\$301
38	\$249	\$376	\$203	\$307
39	\$260	\$382	\$212	\$312
40	\$271	\$389	\$221	\$317
41	\$282	\$395	\$230	\$322
42	\$294	\$401	\$239	\$327
43	\$302	\$410	\$247	\$334
44	\$311	\$418	\$254	\$341
45	\$320	\$426	\$261	\$347
46	\$329	\$436	\$269	\$355
47	\$339	\$445	\$277	\$363
48	\$349	\$450	\$285	\$367
49	\$360	\$455	\$294	\$371
50	\$370	\$461	\$302	\$376
51	\$380	\$465	\$310	\$379
52	\$390	\$469	\$318	\$383
53	\$403	\$477	\$328	\$389
54	\$416	\$485	\$339	\$395
55	\$430	\$493	\$350	\$402
56	\$444	\$501	\$362	\$409
57	\$459	\$510	\$374	\$416
58	\$486	\$521	\$396	\$425
59	\$513	\$533	\$418	\$434
60	\$540	\$544	\$440	\$443
61	\$567	\$555	\$463	\$452
62	\$594	\$565	\$485	\$461
63	\$621	\$576	\$507	\$469
64	\$649	\$587	\$529	\$478

Note: 10% discount for two or more members on a plan.

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 Counties: Boone, Dallas, Polk, Story, Warren
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$211	\$211	\$194	\$194	\$151	\$151	\$120	\$120
1	\$147	\$147	\$136	\$136	\$106	\$106	\$84	\$84
2-18	\$105	\$105	\$97	\$97	\$75	\$75	\$60	\$60
19	\$115	\$129	\$106	\$119	\$82	\$92	\$66	\$74
20	\$124	\$152	\$114	\$140	\$89	\$109	\$71	\$87
21	\$136	\$177	\$125	\$164	\$97	\$127	\$78	\$101
22	\$147	\$203	\$136	\$187	\$105	\$145	\$84	\$116
23	\$159	\$228	\$147	\$211	\$114	\$163	\$91	\$131
24	\$170	\$254	\$157	\$234	\$122	\$182	\$97	\$145
25	\$174	\$261	\$160	\$241	\$124	\$187	\$99	\$149
26	\$177	\$268	\$163	\$248	\$127	\$192	\$101	\$153
27	\$180	\$276	\$166	\$254	\$129	\$197	\$103	\$158
28	\$182	\$279	\$168	\$258	\$131	\$200	\$104	\$160
29	\$184	\$282	\$170	\$261	\$132	\$202	\$105	\$161
30	\$186	\$286	\$172	\$264	\$134	\$205	\$107	\$163
31	\$189	\$290	\$175	\$268	\$136	\$208	\$108	\$166
32	\$192	\$295	\$178	\$272	\$138	\$211	\$110	\$168
33	\$197	\$303	\$182	\$280	\$141	\$217	\$113	\$173
34	\$202	\$312	\$187	\$288	\$145	\$223	\$116	\$178
35	\$208	\$321	\$192	\$296	\$149	\$230	\$119	\$184
36	\$213	\$330	\$197	\$305	\$153	\$236	\$122	\$189
37	\$219	\$339	\$202	\$313	\$157	\$243	\$125	\$194
38	\$229	\$345	\$211	\$318	\$164	\$247	\$131	\$197
39	\$239	\$350	\$220	\$323	\$171	\$251	\$137	\$200
40	\$248	\$356	\$229	\$329	\$178	\$255	\$142	\$204
41	\$259	\$362	\$239	\$334	\$185	\$259	\$148	\$207
42	\$269	\$368	\$248	\$340	\$193	\$263	\$154	\$210
43	\$277	\$376	\$256	\$347	\$199	\$269	\$159	\$215
44	\$285	\$383	\$263	\$354	\$204	\$274	\$163	\$219
45	\$293	\$391	\$271	\$361	\$210	\$280	\$168	\$223
46	\$302	\$399	\$279	\$369	\$216	\$286	\$173	\$228
47	\$311	\$408	\$287	\$377	\$223	\$292	\$178	\$233
48	\$320	\$413	\$296	\$381	\$229	\$296	\$183	\$236
49	\$330	\$417	\$305	\$385	\$236	\$299	\$189	\$239
50	\$339	\$422	\$313	\$390	\$243	\$302	\$194	\$241
51	\$348	\$426	\$321	\$393	\$249	\$305	\$199	\$244
52	\$357	\$430	\$330	\$397	\$256	\$308	\$204	\$246
53	\$369	\$437	\$341	\$404	\$264	\$313	\$211	\$250
54	\$381	\$444	\$352	\$410	\$273	\$318	\$218	\$254
55	\$394	\$452	\$364	\$417	\$282	\$323	\$225	\$258
56	\$407	\$460	\$376	\$424	\$292	\$329	\$233	\$263
57	\$420	\$468	\$388	\$432	\$301	\$335	\$240	\$268
58	\$445	\$478	\$411	\$441	\$319	\$342	\$255	\$273
59	\$470	\$488	\$434	\$451	\$337	\$350	\$269	\$279
60	\$495	\$499	\$457	\$460	\$355	\$357	\$283	\$285
61	\$520	\$508	\$480	\$469	\$373	\$364	\$298	\$291
62	\$545	\$518	\$503	\$478	\$390	\$371	\$312	\$296
63	\$570	\$528	\$526	\$487	\$408	\$378	\$326	\$302
64	\$595	\$538	\$549	\$496	\$426	\$385	\$340	\$308

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Boone, Dallas, Polk, Story, Warren

Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$139	\$139	\$123	\$123	\$104	\$104	\$85	\$85
1	\$97	\$97	\$86	\$86	\$73	\$73	\$59	\$59
2-18	\$70	\$70	\$62	\$62	\$52	\$52	\$43	\$43
19	\$76	\$85	\$67	\$76	\$57	\$64	\$46	\$52
20	\$82	\$100	\$73	\$89	\$61	\$75	\$50	\$61
21	\$90	\$117	\$79	\$104	\$67	\$88	\$55	\$72
22	\$97	\$134	\$86	\$119	\$73	\$100	\$59	\$82
23	\$105	\$151	\$93	\$134	\$79	\$113	\$64	\$92
24	\$113	\$168	\$100	\$149	\$84	\$126	\$69	\$102
25	\$115	\$172	\$102	\$153	\$86	\$129	\$70	\$105
26	\$117	\$177	\$104	\$157	\$88	\$133	\$71	\$108
27	\$119	\$182	\$106	\$162	\$89	\$137	\$73	\$111
28	\$120	\$184	\$107	\$164	\$90	\$138	\$74	\$113
29	\$122	\$187	\$108	\$165	\$91	\$140	\$74	\$114
30	\$123	\$189	\$109	\$167	\$92	\$142	\$75	\$115
31	\$125	\$192	\$111	\$170	\$94	\$144	\$76	\$117
32	\$127	\$195	\$113	\$173	\$95	\$146	\$78	\$119
33	\$130	\$200	\$116	\$178	\$98	\$150	\$80	\$122
34	\$134	\$206	\$119	\$183	\$100	\$155	\$82	\$126
35	\$137	\$212	\$122	\$188	\$103	\$159	\$84	\$130
36	\$141	\$218	\$125	\$193	\$106	\$164	\$86	\$133
37	\$144	\$224	\$128	\$198	\$108	\$168	\$88	\$137
38	\$151	\$228	\$134	\$202	\$113	\$171	\$92	\$139
39	\$158	\$232	\$140	\$205	\$118	\$174	\$96	\$141
40	\$164	\$236	\$146	\$209	\$123	\$177	\$100	\$144
41	\$171	\$239	\$152	\$212	\$128	\$179	\$104	\$146
42	\$178	\$243	\$158	\$216	\$133	\$182	\$109	\$149
43	\$183	\$248	\$162	\$220	\$137	\$186	\$112	\$152
44	\$188	\$253	\$167	\$224	\$141	\$190	\$115	\$155
45	\$194	\$258	\$172	\$229	\$145	\$194	\$118	\$158
46	\$200	\$264	\$177	\$234	\$150	\$198	\$122	\$161
47	\$206	\$270	\$182	\$239	\$154	\$202	\$126	\$165
48	\$212	\$273	\$188	\$242	\$159	\$204	\$129	\$167
49	\$218	\$276	\$193	\$245	\$164	\$207	\$133	\$168
50	\$224	\$279	\$199	\$247	\$168	\$209	\$137	\$170
51	\$230	\$282	\$204	\$250	\$173	\$211	\$141	\$172
52	\$236	\$284	\$209	\$252	\$177	\$213	\$144	\$174
53	\$244	\$289	\$216	\$256	\$183	\$217	\$149	\$177
54	\$252	\$294	\$223	\$260	\$189	\$220	\$154	\$179
55	\$260	\$298	\$231	\$265	\$195	\$224	\$159	\$182
56	\$269	\$304	\$239	\$269	\$202	\$228	\$164	\$186
57	\$278	\$309	\$246	\$274	\$208	\$232	\$170	\$189
58	\$294	\$316	\$261	\$280	\$221	\$237	\$180	\$193
59	\$311	\$323	\$275	\$286	\$233	\$242	\$190	\$197
60	\$327	\$330	\$290	\$292	\$245	\$247	\$200	\$201
61	\$344	\$336	\$305	\$298	\$258	\$252	\$210	\$205
62	\$360	\$342	\$319	\$303	\$270	\$257	\$220	\$209
63	\$376	\$349	\$334	\$309	\$282	\$261	\$230	\$213
64	\$393	\$355	\$348	\$315	\$295	\$266	\$240	\$217

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Boone, Dallas, Polk, Story, Warren
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$94	\$94	\$64	\$64	\$81	\$81	\$55	\$55
1	\$66	\$66	\$45	\$45	\$57	\$57	\$39	\$39
2-18	\$47	\$47	\$32	\$32	\$40	\$40	\$28	\$28
19	\$51	\$58	\$35	\$39	\$44	\$50	\$30	\$34
20	\$55	\$68	\$38	\$46	\$48	\$58	\$33	\$40
21	\$61	\$79	\$41	\$54	\$52	\$68	\$36	\$47
22	\$66	\$90	\$45	\$62	\$57	\$78	\$39	\$53
23	\$71	\$102	\$48	\$70	\$61	\$88	\$42	\$60
24	\$76	\$113	\$52	\$77	\$65	\$98	\$45	\$67
25	\$78	\$116	\$53	\$80	\$67	\$100	\$46	\$69
26	\$79	\$120	\$54	\$82	\$68	\$103	\$47	\$71
27	\$80	\$123	\$55	\$84	\$69	\$106	\$47	\$73
28	\$81	\$125	\$56	\$85	\$70	\$107	\$48	\$73
29	\$82	\$126	\$56	\$86	\$71	\$108	\$49	\$74
30	\$83	\$127	\$57	\$87	\$72	\$110	\$49	\$75
31	\$84	\$129	\$58	\$88	\$73	\$111	\$50	\$76
32	\$86	\$131	\$59	\$90	\$74	\$113	\$51	\$78
33	\$88	\$135	\$60	\$92	\$76	\$117	\$52	\$80
34	\$90	\$139	\$62	\$95	\$78	\$120	\$53	\$82
35	\$93	\$143	\$63	\$98	\$80	\$123	\$55	\$85
36	\$95	\$147	\$65	\$101	\$82	\$127	\$56	\$87
37	\$98	\$151	\$67	\$103	\$84	\$130	\$58	\$89
38	\$102	\$154	\$70	\$105	\$88	\$133	\$60	\$91
39	\$107	\$156	\$73	\$107	\$92	\$135	\$63	\$92
40	\$111	\$159	\$76	\$109	\$96	\$137	\$65	\$94
41	\$115	\$162	\$79	\$110	\$100	\$139	\$68	\$95
42	\$120	\$164	\$82	\$112	\$103	\$141	\$71	\$97
43	\$124	\$168	\$85	\$115	\$107	\$144	\$73	\$99
44	\$127	\$171	\$87	\$117	\$110	\$147	\$75	\$101
45	\$131	\$174	\$89	\$119	\$113	\$150	\$77	\$103
46	\$135	\$178	\$92	\$122	\$116	\$154	\$80	\$105
47	\$139	\$182	\$95	\$124	\$120	\$157	\$82	\$107
48	\$143	\$184	\$98	\$126	\$123	\$159	\$84	\$109
49	\$147	\$186	\$101	\$127	\$127	\$160	\$87	\$110
50	\$151	\$188	\$103	\$129	\$130	\$162	\$89	\$111
51	\$155	\$190	\$106	\$130	\$134	\$164	\$92	\$112
52	\$159	\$192	\$109	\$131	\$137	\$165	\$94	\$113
53	\$165	\$195	\$113	\$133	\$142	\$168	\$97	\$115
54	\$170	\$198	\$116	\$136	\$147	\$171	\$100	\$117
55	\$176	\$202	\$120	\$138	\$151	\$174	\$104	\$119
56	\$182	\$205	\$124	\$140	\$157	\$177	\$107	\$121
57	\$188	\$209	\$128	\$143	\$162	\$180	\$111	\$123
58	\$199	\$213	\$136	\$146	\$171	\$184	\$117	\$126
59	\$210	\$218	\$143	\$149	\$181	\$188	\$124	\$129
60	\$221	\$222	\$151	\$152	\$190	\$192	\$130	\$131
61	\$232	\$227	\$159	\$155	\$200	\$195	\$137	\$134
62	\$243	\$231	\$166	\$158	\$209	\$199	\$143	\$136
63	\$254	\$236	\$174	\$161	\$219	\$203	\$150	\$139
64	\$265	\$240	\$181	\$164	\$229	\$207	\$157	\$142

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Boone, Dallas, Polk, Story, Warren
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$114	\$114	\$103	\$103	\$79	\$79
1	\$80	\$80	\$72	\$72	\$55	\$55
2-18	\$57	\$57	\$51	\$51	\$40	\$40
19	\$62	\$70	\$56	\$63	\$43	\$48
20	\$67	\$82	\$60	\$74	\$47	\$57
21	\$74	\$96	\$66	\$86	\$51	\$67
22	\$80	\$110	\$72	\$99	\$55	\$76
23	\$86	\$124	\$77	\$111	\$60	\$86
24	\$93	\$138	\$83	\$124	\$64	\$95
25	\$94	\$142	\$85	\$127	\$65	\$98
26	\$96	\$146	\$86	\$131	\$67	\$101
27	\$98	\$150	\$88	\$134	\$68	\$104
28	\$99	\$152	\$89	\$136	\$69	\$105
29	\$100	\$153	\$90	\$138	\$69	\$106
30	\$101	\$155	\$91	\$139	\$70	\$107
31	\$103	\$158	\$92	\$141	\$71	\$109
32	\$105	\$160	\$94	\$144	\$72	\$111
33	\$107	\$165	\$96	\$148	\$74	\$114
34	\$110	\$169	\$99	\$152	\$76	\$117
35	\$113	\$174	\$101	\$157	\$78	\$121
36	\$116	\$179	\$104	\$161	\$80	\$124
37	\$119	\$184	\$107	\$165	\$82	\$127
38	\$124	\$187	\$111	\$168	\$86	\$130
39	\$130	\$190	\$116	\$171	\$90	\$132
40	\$135	\$194	\$121	\$174	\$93	\$134
41	\$141	\$197	\$126	\$176	\$97	\$136
42	\$146	\$200	\$131	\$179	\$101	\$138
43	\$151	\$204	\$135	\$183	\$104	\$141
44	\$155	\$208	\$139	\$187	\$107	\$144
45	\$159	\$212	\$143	\$190	\$110	\$147
46	\$164	\$217	\$147	\$195	\$114	\$150
47	\$169	\$222	\$152	\$199	\$117	\$153
48	\$174	\$224	\$156	\$201	\$120	\$155
49	\$179	\$227	\$161	\$203	\$124	\$157
50	\$184	\$229	\$165	\$206	\$128	\$159
51	\$189	\$231	\$170	\$208	\$131	\$160
52	\$194	\$234	\$174	\$210	\$134	\$162
53	\$201	\$238	\$180	\$213	\$139	\$164
54	\$207	\$241	\$186	\$217	\$143	\$167
55	\$214	\$245	\$192	\$220	\$148	\$170
56	\$221	\$250	\$199	\$224	\$153	\$173
57	\$228	\$254	\$205	\$228	\$158	\$176
58	\$242	\$260	\$217	\$233	\$167	\$180
59	\$255	\$265	\$229	\$238	\$177	\$184
60	\$269	\$271	\$241	\$243	\$186	\$187
61	\$283	\$276	\$254	\$248	\$196	\$191
62	\$296	\$281	\$266	\$252	\$205	\$195
63	\$309	\$287	\$278	\$257	\$214	\$198
64	\$323	\$292	\$290	\$262	\$224	\$202

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page

Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$235	\$235	\$191	\$191
1	\$164	\$164	\$134	\$134
2-18	\$117	\$117	\$96	\$96
19	\$128	\$144	\$104	\$117
20	\$138	\$169	\$113	\$138
21	\$151	\$198	\$123	\$161
22	\$164	\$226	\$134	\$184
23	\$177	\$255	\$144	\$208
24	\$190	\$283	\$155	\$231
25	\$194	\$291	\$158	\$237
26	\$197	\$299	\$161	\$244
27	\$201	\$307	\$164	\$251
28	\$203	\$311	\$166	\$254
29	\$206	\$315	\$168	\$257
30	\$208	\$318	\$169	\$260
31	\$211	\$323	\$172	\$264
32	\$215	\$328	\$175	\$268
33	\$220	\$338	\$179	\$276
34	\$226	\$348	\$184	\$284
35	\$232	\$358	\$189	\$292
36	\$238	\$368	\$194	\$300
37	\$244	\$378	\$199	\$308
38	\$255	\$384	\$208	\$313
39	\$266	\$391	\$217	\$319
40	\$277	\$397	\$226	\$324
41	\$289	\$404	\$235	\$329
42	\$300	\$410	\$245	\$334
43	\$309	\$419	\$252	\$342
44	\$318	\$427	\$259	\$348
45	\$327	\$436	\$267	\$355
46	\$337	\$445	\$275	\$363
47	\$347	\$455	\$283	\$371
48	\$357	\$460	\$291	\$375
49	\$368	\$465	\$300	\$379
50	\$378	\$471	\$309	\$384
51	\$388	\$475	\$317	\$387
52	\$398	\$480	\$325	\$391
53	\$412	\$488	\$336	\$398
54	\$425	\$496	\$347	\$404
55	\$439	\$504	\$358	\$411
56	\$454	\$513	\$370	\$418
57	\$469	\$522	\$382	\$425
58	\$496	\$533	\$405	\$435
59	\$524	\$545	\$427	\$444
60	\$552	\$556	\$450	\$453
61	\$580	\$567	\$473	\$462
62	\$607	\$577	\$495	\$471
63	\$635	\$588	\$518	\$480
64	\$663	\$600	\$541	\$489

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page
Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$215	\$215	\$199	\$199	\$154	\$154	\$123	\$123
1	\$151	\$151	\$139	\$139	\$108	\$108	\$86	\$86
2-18	\$108	\$108	\$99	\$99	\$77	\$77	\$62	\$62
19	\$117	\$132	\$108	\$122	\$84	\$94	\$67	\$75
20	\$127	\$155	\$117	\$143	\$91	\$111	\$72	\$89
21	\$139	\$181	\$128	\$167	\$99	\$130	\$79	\$104
22	\$150	\$207	\$139	\$191	\$108	\$148	\$86	\$119
23	\$162	\$233	\$150	\$215	\$116	\$167	\$93	\$133
24	\$174	\$259	\$161	\$240	\$125	\$186	\$100	\$148
25	\$178	\$267	\$164	\$246	\$127	\$191	\$102	\$153
26	\$181	\$274	\$167	\$253	\$130	\$196	\$103	\$157
27	\$184	\$282	\$170	\$260	\$132	\$202	\$105	\$161
28	\$186	\$285	\$172	\$263	\$133	\$204	\$107	\$163
29	\$189	\$288	\$174	\$266	\$135	\$207	\$108	\$165
30	\$191	\$292	\$176	\$269	\$136	\$209	\$109	\$167
31	\$193	\$296	\$179	\$274	\$139	\$212	\$111	\$170
32	\$197	\$301	\$182	\$278	\$141	\$216	\$112	\$172
33	\$202	\$310	\$186	\$286	\$144	\$222	\$115	\$177
34	\$207	\$319	\$191	\$294	\$148	\$228	\$118	\$182
35	\$212	\$328	\$196	\$303	\$152	\$235	\$122	\$188
36	\$218	\$337	\$201	\$311	\$156	\$242	\$125	\$193
37	\$223	\$346	\$206	\$320	\$160	\$248	\$128	\$198
38	\$234	\$352	\$216	\$325	\$167	\$252	\$134	\$202
39	\$244	\$358	\$225	\$331	\$175	\$257	\$140	\$205
40	\$254	\$364	\$234	\$336	\$182	\$261	\$145	\$208
41	\$265	\$370	\$244	\$342	\$189	\$265	\$151	\$212
42	\$275	\$376	\$254	\$347	\$197	\$269	\$157	\$215
43	\$283	\$384	\$262	\$354	\$203	\$275	\$162	\$220
44	\$292	\$391	\$269	\$361	\$209	\$280	\$167	\$224
45	\$300	\$399	\$277	\$369	\$215	\$286	\$171	\$228
46	\$309	\$408	\$285	\$377	\$221	\$292	\$177	\$234
47	\$318	\$417	\$293	\$385	\$228	\$299	\$182	\$239
48	\$327	\$422	\$302	\$389	\$234	\$302	\$187	\$241
49	\$337	\$427	\$311	\$394	\$242	\$305	\$193	\$244
50	\$347	\$432	\$320	\$398	\$248	\$309	\$198	\$247
51	\$356	\$435	\$329	\$402	\$255	\$312	\$204	\$249
52	\$365	\$440	\$337	\$406	\$261	\$315	\$209	\$251
53	\$377	\$447	\$348	\$413	\$270	\$320	\$216	\$256
54	\$390	\$454	\$360	\$419	\$279	\$325	\$223	\$260
55	\$403	\$462	\$372	\$426	\$288	\$331	\$230	\$264
56	\$416	\$470	\$384	\$434	\$298	\$337	\$238	\$269
57	\$430	\$478	\$397	\$441	\$308	\$343	\$246	\$274
58	\$455	\$489	\$420	\$451	\$326	\$350	\$260	\$279
59	\$480	\$499	\$444	\$461	\$344	\$358	\$275	\$286
60	\$506	\$510	\$467	\$470	\$363	\$365	\$290	\$292
61	\$532	\$520	\$491	\$480	\$381	\$372	\$304	\$297
62	\$557	\$529	\$514	\$489	\$399	\$379	\$319	\$303
63	\$582	\$539	\$537	\$498	\$417	\$386	\$333	\$309
64	\$608	\$550	\$561	\$507	\$435	\$394	\$348	\$314

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page
Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$142	\$142	\$126	\$126	\$107	\$107	\$87	\$87
1	\$100	\$100	\$88	\$88	\$75	\$75	\$61	\$61
2-18	\$71	\$71	\$63	\$63	\$53	\$53	\$43	\$43
19	\$78	\$87	\$69	\$77	\$58	\$65	\$47	\$53
20	\$84	\$103	\$74	\$91	\$63	\$77	\$51	\$63
21	\$92	\$120	\$81	\$106	\$69	\$90	\$56	\$73
22	\$99	\$137	\$88	\$121	\$75	\$103	\$61	\$84
23	\$107	\$154	\$95	\$137	\$80	\$116	\$66	\$94
24	\$115	\$172	\$102	\$152	\$86	\$129	\$70	\$105
25	\$117	\$176	\$104	\$156	\$88	\$132	\$72	\$108
26	\$120	\$181	\$106	\$161	\$90	\$136	\$73	\$111
27	\$122	\$186	\$108	\$165	\$91	\$140	\$74	\$114
28	\$123	\$189	\$109	\$167	\$92	\$141	\$75	\$115
29	\$125	\$191	\$110	\$169	\$93	\$143	\$76	\$116
30	\$126	\$193	\$112	\$171	\$94	\$145	\$77	\$118
31	\$128	\$196	\$113	\$174	\$96	\$147	\$78	\$120
32	\$130	\$199	\$115	\$176	\$97	\$149	\$79	\$122
33	\$133	\$205	\$118	\$182	\$100	\$153	\$81	\$125
34	\$137	\$211	\$121	\$187	\$103	\$158	\$84	\$129
35	\$140	\$217	\$124	\$192	\$105	\$163	\$86	\$133
36	\$144	\$223	\$128	\$198	\$108	\$167	\$88	\$136
37	\$148	\$229	\$131	\$203	\$111	\$172	\$90	\$140
38	\$154	\$233	\$137	\$206	\$116	\$175	\$94	\$142
39	\$161	\$237	\$143	\$210	\$121	\$177	\$99	\$145
40	\$168	\$241	\$149	\$213	\$126	\$181	\$103	\$147
41	\$175	\$245	\$155	\$217	\$131	\$183	\$107	\$149
42	\$182	\$249	\$161	\$220	\$136	\$186	\$111	\$152
43	\$187	\$254	\$166	\$225	\$140	\$190	\$114	\$155
44	\$193	\$259	\$171	\$229	\$144	\$194	\$118	\$158
45	\$198	\$264	\$176	\$234	\$149	\$198	\$121	\$161
46	\$204	\$270	\$181	\$239	\$153	\$202	\$125	\$165
47	\$210	\$276	\$186	\$244	\$158	\$207	\$128	\$168
48	\$216	\$279	\$192	\$247	\$162	\$209	\$132	\$170
49	\$223	\$282	\$198	\$250	\$167	\$211	\$136	\$172
50	\$229	\$285	\$203	\$253	\$172	\$214	\$140	\$174
51	\$235	\$288	\$209	\$255	\$176	\$216	\$144	\$176
52	\$241	\$291	\$214	\$258	\$181	\$218	\$147	\$178
53	\$249	\$295	\$221	\$262	\$187	\$221	\$152	\$180
54	\$258	\$300	\$228	\$266	\$193	\$225	\$157	\$183
55	\$266	\$305	\$236	\$270	\$199	\$229	\$163	\$186
56	\$275	\$311	\$244	\$275	\$206	\$233	\$168	\$190
57	\$284	\$316	\$252	\$280	\$213	\$237	\$174	\$193
58	\$301	\$323	\$267	\$286	\$226	\$242	\$184	\$197
59	\$318	\$330	\$282	\$293	\$238	\$247	\$194	\$202
60	\$335	\$337	\$297	\$299	\$251	\$253	\$204	\$206
61	\$351	\$344	\$312	\$305	\$263	\$258	\$215	\$210
62	\$368	\$350	\$326	\$310	\$276	\$262	\$225	\$214
63	\$385	\$357	\$341	\$316	\$288	\$267	\$235	\$218
64	\$402	\$363	\$356	\$322	\$301	\$272	\$245	\$222

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page

Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$96	\$96	\$66	\$66	\$83	\$83	\$57	\$57
1	\$67	\$67	\$46	\$46	\$58	\$58	\$40	\$40
2-18	\$48	\$48	\$33	\$33	\$41	\$41	\$28	\$28
19	\$52	\$59	\$36	\$40	\$45	\$51	\$31	\$35
20	\$57	\$69	\$39	\$47	\$49	\$60	\$33	\$41
21	\$62	\$81	\$42	\$55	\$53	\$70	\$37	\$48
22	\$67	\$92	\$46	\$63	\$58	\$80	\$40	\$55
23	\$72	\$104	\$50	\$71	\$62	\$90	\$43	\$61
24	\$78	\$116	\$53	\$79	\$67	\$100	\$46	\$68
25	\$79	\$119	\$54	\$81	\$68	\$103	\$47	\$70
26	\$81	\$122	\$55	\$84	\$70	\$105	\$48	\$72
27	\$82	\$126	\$56	\$86	\$71	\$108	\$49	\$74
28	\$83	\$127	\$57	\$87	\$72	\$110	\$49	\$75
29	\$84	\$129	\$58	\$88	\$72	\$111	\$50	\$76
30	\$85	\$130	\$58	\$89	\$73	\$112	\$50	\$77
31	\$86	\$132	\$59	\$90	\$74	\$114	\$51	\$78
32	\$88	\$134	\$60	\$92	\$76	\$116	\$52	\$79
33	\$90	\$138	\$62	\$94	\$78	\$119	\$53	\$82
34	\$92	\$142	\$63	\$97	\$80	\$123	\$54	\$84
35	\$95	\$146	\$65	\$100	\$82	\$126	\$56	\$86
36	\$97	\$151	\$67	\$103	\$84	\$130	\$57	\$89
37	\$100	\$155	\$68	\$106	\$86	\$133	\$59	\$91
38	\$104	\$157	\$71	\$107	\$90	\$135	\$62	\$93
39	\$109	\$160	\$74	\$109	\$94	\$138	\$64	\$94
40	\$113	\$163	\$77	\$111	\$98	\$140	\$67	\$96
41	\$118	\$165	\$81	\$113	\$102	\$142	\$70	\$97
42	\$123	\$168	\$84	\$115	\$106	\$145	\$72	\$99
43	\$126	\$171	\$86	\$117	\$109	\$148	\$75	\$101
44	\$130	\$175	\$89	\$119	\$112	\$151	\$77	\$103
45	\$134	\$178	\$91	\$122	\$115	\$154	\$79	\$105
46	\$138	\$182	\$94	\$125	\$119	\$157	\$81	\$107
47	\$142	\$186	\$97	\$127	\$122	\$160	\$84	\$110
48	\$146	\$188	\$100	\$129	\$126	\$162	\$86	\$111
49	\$151	\$190	\$103	\$130	\$130	\$164	\$89	\$112
50	\$155	\$193	\$106	\$132	\$133	\$166	\$91	\$114
51	\$159	\$194	\$109	\$133	\$137	\$167	\$94	\$115
52	\$163	\$196	\$111	\$134	\$140	\$169	\$96	\$116
53	\$168	\$199	\$115	\$136	\$145	\$172	\$99	\$118
54	\$174	\$203	\$119	\$139	\$150	\$175	\$103	\$120
55	\$180	\$206	\$123	\$141	\$155	\$177	\$106	\$122
56	\$186	\$210	\$127	\$143	\$160	\$181	\$110	\$124
57	\$192	\$213	\$131	\$146	\$165	\$184	\$113	\$126
58	\$203	\$218	\$139	\$149	\$175	\$188	\$120	\$129
59	\$214	\$223	\$147	\$152	\$185	\$192	\$126	\$131
60	\$226	\$227	\$154	\$155	\$195	\$196	\$133	\$134
61	\$237	\$232	\$162	\$159	\$204	\$200	\$140	\$137
62	\$249	\$236	\$170	\$161	\$214	\$203	\$147	\$139
63	\$260	\$241	\$178	\$165	\$224	\$207	\$153	\$142
64	\$271	\$245	\$185	\$168	\$234	\$211	\$160	\$145

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page

Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$117	\$117	\$105	\$105	\$81	\$81
1	\$82	\$82	\$73	\$73	\$57	\$57
2-18	\$58	\$58	\$52	\$52	\$40	\$40
19	\$64	\$72	\$57	\$64	\$44	\$50
20	\$69	\$84	\$62	\$76	\$48	\$58
21	\$75	\$98	\$68	\$88	\$52	\$68
22	\$82	\$113	\$73	\$101	\$57	\$78
23	\$88	\$127	\$79	\$114	\$61	\$88
24	\$95	\$141	\$85	\$127	\$65	\$98
25	\$96	\$145	\$87	\$130	\$67	\$100
26	\$98	\$149	\$88	\$134	\$68	\$103
27	\$100	\$153	\$90	\$137	\$69	\$106
28	\$101	\$155	\$91	\$139	\$70	\$107
29	\$102	\$157	\$92	\$141	\$71	\$108
30	\$104	\$159	\$93	\$142	\$72	\$110
31	\$105	\$161	\$94	\$145	\$73	\$111
32	\$107	\$164	\$96	\$147	\$74	\$113
33	\$110	\$168	\$98	\$151	\$76	\$116
34	\$112	\$173	\$101	\$155	\$78	\$120
35	\$115	\$178	\$104	\$160	\$80	\$123
36	\$119	\$183	\$106	\$164	\$82	\$127
37	\$121	\$188	\$109	\$169	\$84	\$130
38	\$127	\$191	\$114	\$172	\$88	\$132
39	\$133	\$195	\$119	\$175	\$92	\$135
40	\$138	\$198	\$124	\$178	\$95	\$137
41	\$144	\$201	\$129	\$180	\$99	\$139
42	\$149	\$204	\$134	\$183	\$103	\$141
43	\$154	\$209	\$138	\$187	\$107	\$144
44	\$158	\$213	\$142	\$191	\$110	\$147
45	\$163	\$217	\$146	\$195	\$113	\$150
46	\$168	\$222	\$151	\$199	\$116	\$153
47	\$173	\$227	\$155	\$203	\$120	\$157
48	\$178	\$229	\$160	\$206	\$123	\$159
49	\$183	\$232	\$164	\$208	\$127	\$160
50	\$188	\$234	\$169	\$210	\$130	\$162
51	\$193	\$237	\$174	\$212	\$134	\$164
52	\$198	\$239	\$178	\$214	\$137	\$165
53	\$205	\$243	\$184	\$218	\$142	\$168
54	\$212	\$247	\$190	\$222	\$147	\$171
55	\$219	\$251	\$196	\$225	\$151	\$174
56	\$226	\$255	\$203	\$229	\$156	\$177
57	\$233	\$260	\$210	\$233	\$162	\$180
58	\$247	\$265	\$222	\$238	\$171	\$184
59	\$261	\$271	\$234	\$243	\$181	\$188
60	\$275	\$277	\$247	\$248	\$190	\$192
61	\$289	\$282	\$259	\$253	\$200	\$195
62	\$303	\$288	\$272	\$258	\$209	\$199
63	\$316	\$293	\$284	\$263	\$219	\$203
64	\$330	\$299	\$296	\$268	\$228	\$207

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$317	\$317	\$259	\$259
1	\$222	\$222	\$181	\$181
2-18	\$159	\$159	\$129	\$129
19	\$173	\$194	\$141	\$158
20	\$187	\$228	\$152	\$186
21	\$204	\$267	\$167	\$218
22	\$222	\$305	\$181	\$249
23	\$239	\$344	\$195	\$280
24	\$256	\$382	\$209	\$312
25	\$262	\$393	\$213	\$320
26	\$266	\$404	\$217	\$329
27	\$271	\$415	\$221	\$338
28	\$274	\$420	\$224	\$342
29	\$278	\$425	\$226	\$346
30	\$281	\$430	\$229	\$351
31	\$285	\$436	\$232	\$356
32	\$290	\$443	\$236	\$361
33	\$297	\$456	\$242	\$372
34	\$305	\$470	\$249	\$383
35	\$313	\$483	\$255	\$394
36	\$321	\$497	\$262	\$405
37	\$329	\$510	\$268	\$416
38	\$344	\$519	\$281	\$423
39	\$359	\$528	\$293	\$430
40	\$374	\$536	\$305	\$437
41	\$390	\$545	\$318	\$444
42	\$405	\$554	\$330	\$452
43	\$417	\$565	\$340	\$461
44	\$429	\$577	\$350	\$470
45	\$442	\$588	\$360	\$480
46	\$455	\$601	\$371	\$490
47	\$468	\$614	\$382	\$501
48	\$482	\$621	\$393	\$507
49	\$497	\$628	\$405	\$512
50	\$511	\$636	\$416	\$518
51	\$524	\$641	\$427	\$523
52	\$538	\$648	\$438	\$528
53	\$556	\$658	\$453	\$537
54	\$574	\$669	\$468	\$545
55	\$593	\$680	\$483	\$554
56	\$613	\$692	\$500	\$564
57	\$633	\$704	\$516	\$574
58	\$670	\$720	\$546	\$587
59	\$708	\$735	\$577	\$600
60	\$745	\$751	\$608	\$612
61	\$783	\$765	\$638	\$624
62	\$820	\$780	\$669	\$636
63	\$857	\$794	\$699	\$648
64	\$895	\$809	\$730	\$660

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$291	\$291	\$268	\$268	\$208	\$208	\$166	\$166
1	\$203	\$203	\$188	\$188	\$146	\$146	\$116	\$116
2-18	\$145	\$145	\$134	\$134	\$104	\$104	\$83	\$83
19	\$158	\$178	\$146	\$164	\$113	\$127	\$91	\$102
20	\$171	\$209	\$158	\$193	\$123	\$150	\$98	\$120
21	\$187	\$245	\$173	\$226	\$134	\$175	\$107	\$140
22	\$203	\$280	\$187	\$258	\$145	\$200	\$116	\$160
23	\$219	\$315	\$202	\$291	\$157	\$226	\$125	\$180
24	\$235	\$350	\$217	\$323	\$168	\$251	\$134	\$200
25	\$240	\$360	\$221	\$332	\$172	\$258	\$137	\$206
26	\$244	\$370	\$225	\$342	\$175	\$265	\$140	\$212
27	\$249	\$380	\$230	\$351	\$178	\$272	\$142	\$218
28	\$252	\$385	\$232	\$355	\$180	\$276	\$144	\$220
29	\$255	\$389	\$235	\$359	\$182	\$279	\$146	\$223
30	\$257	\$394	\$237	\$364	\$184	\$282	\$147	\$225
31	\$261	\$400	\$241	\$369	\$187	\$287	\$149	\$229
32	\$265	\$406	\$245	\$375	\$190	\$291	\$152	\$232
33	\$272	\$418	\$251	\$386	\$195	\$300	\$156	\$239
34	\$279	\$430	\$258	\$397	\$200	\$308	\$160	\$246
35	\$287	\$443	\$265	\$409	\$205	\$317	\$164	\$253
36	\$294	\$455	\$272	\$420	\$211	\$326	\$168	\$260
37	\$302	\$467	\$278	\$431	\$216	\$335	\$173	\$267
38	\$316	\$476	\$291	\$439	\$226	\$341	\$180	\$272
39	\$330	\$484	\$304	\$446	\$236	\$346	\$188	\$277
40	\$343	\$492	\$317	\$454	\$246	\$352	\$196	\$281
41	\$357	\$499	\$330	\$461	\$256	\$358	\$204	\$286
42	\$371	\$508	\$343	\$469	\$266	\$364	\$212	\$290
43	\$383	\$518	\$353	\$478	\$274	\$371	\$219	\$296
44	\$394	\$528	\$363	\$488	\$282	\$379	\$225	\$302
45	\$405	\$539	\$374	\$498	\$290	\$386	\$232	\$308
46	\$417	\$551	\$385	\$509	\$299	\$395	\$238	\$315
47	\$429	\$563	\$396	\$520	\$307	\$403	\$245	\$322
48	\$442	\$570	\$408	\$526	\$317	\$408	\$253	\$326
49	\$455	\$576	\$420	\$532	\$326	\$412	\$260	\$329
50	\$468	\$583	\$432	\$538	\$335	\$417	\$268	\$333
51	\$481	\$588	\$444	\$543	\$344	\$421	\$275	\$336
52	\$493	\$594	\$455	\$548	\$353	\$425	\$282	\$340
53	\$509	\$603	\$470	\$557	\$365	\$432	\$291	\$345
54	\$526	\$613	\$486	\$566	\$377	\$439	\$301	\$351
55	\$544	\$623	\$502	\$575	\$389	\$446	\$311	\$356
56	\$562	\$634	\$519	\$586	\$402	\$454	\$321	\$363
57	\$580	\$646	\$536	\$596	\$416	\$462	\$332	\$369
58	\$614	\$660	\$567	\$609	\$440	\$472	\$351	\$377
59	\$649	\$674	\$599	\$622	\$465	\$483	\$371	\$386
60	\$683	\$688	\$631	\$635	\$489	\$493	\$391	\$394
61	\$718	\$702	\$663	\$648	\$514	\$503	\$411	\$401
62	\$752	\$715	\$694	\$660	\$538	\$512	\$430	\$409
63	\$786	\$728	\$726	\$672	\$563	\$522	\$450	\$417
64	\$820	\$742	\$757	\$685	\$588	\$531	\$469	\$424

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page
Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$192	\$192	\$170	\$170	\$144	\$144	\$117	\$117
1	\$134	\$134	\$119	\$119	\$101	\$101	\$82	\$82
2-18	\$96	\$96	\$85	\$85	\$72	\$72	\$59	\$59
19	\$105	\$118	\$93	\$104	\$79	\$88	\$64	\$72
20	\$113	\$138	\$100	\$123	\$85	\$104	\$69	\$85
21	\$124	\$162	\$110	\$143	\$93	\$121	\$76	\$99
22	\$134	\$185	\$119	\$164	\$101	\$139	\$82	\$113
23	\$145	\$208	\$128	\$185	\$109	\$156	\$89	\$127
24	\$155	\$232	\$138	\$205	\$116	\$174	\$95	\$141
25	\$158	\$238	\$140	\$211	\$119	\$178	\$97	\$145
26	\$161	\$245	\$143	\$217	\$121	\$183	\$99	\$149
27	\$164	\$251	\$146	\$223	\$123	\$188	\$100	\$154
28	\$166	\$255	\$147	\$226	\$125	\$191	\$102	\$155
29	\$168	\$257	\$149	\$228	\$126	\$193	\$103	\$157
30	\$170	\$260	\$151	\$231	\$127	\$195	\$104	\$159
31	\$173	\$264	\$153	\$234	\$129	\$198	\$105	\$162
32	\$175	\$269	\$156	\$238	\$132	\$201	\$107	\$164
33	\$180	\$276	\$160	\$245	\$135	\$207	\$110	\$169
34	\$185	\$285	\$164	\$252	\$138	\$213	\$113	\$174
35	\$190	\$293	\$168	\$260	\$142	\$220	\$116	\$179
36	\$195	\$301	\$173	\$267	\$146	\$226	\$119	\$184
37	\$199	\$309	\$177	\$274	\$149	\$232	\$122	\$189
38	\$209	\$314	\$185	\$279	\$156	\$236	\$127	\$192
39	\$218	\$320	\$193	\$283	\$163	\$240	\$133	\$195
40	\$227	\$325	\$201	\$288	\$170	\$244	\$138	\$199
41	\$236	\$330	\$209	\$293	\$177	\$247	\$144	\$202
42	\$245	\$336	\$218	\$297	\$184	\$252	\$150	\$205
43	\$253	\$343	\$224	\$304	\$190	\$257	\$154	\$209
44	\$260	\$349	\$231	\$310	\$195	\$262	\$159	\$213
45	\$268	\$356	\$237	\$316	\$201	\$267	\$163	\$218
46	\$275	\$364	\$244	\$323	\$207	\$273	\$168	\$223
47	\$284	\$372	\$251	\$330	\$213	\$279	\$173	\$227
48	\$292	\$376	\$259	\$334	\$219	\$282	\$178	\$230
49	\$301	\$381	\$267	\$337	\$226	\$285	\$184	\$232
50	\$309	\$385	\$274	\$341	\$232	\$289	\$189	\$235
51	\$318	\$389	\$282	\$344	\$238	\$291	\$194	\$237
52	\$326	\$392	\$289	\$348	\$244	\$294	\$199	\$240
53	\$337	\$399	\$298	\$354	\$252	\$299	\$206	\$244
54	\$348	\$405	\$308	\$359	\$261	\$304	\$212	\$248
55	\$359	\$412	\$318	\$365	\$269	\$309	\$219	\$252
56	\$371	\$419	\$329	\$372	\$278	\$314	\$227	\$256
57	\$383	\$427	\$340	\$378	\$287	\$320	\$234	\$261
58	\$406	\$436	\$360	\$386	\$304	\$327	\$248	\$266
59	\$429	\$446	\$380	\$395	\$321	\$334	\$262	\$272
60	\$452	\$455	\$400	\$403	\$339	\$341	\$276	\$278
61	\$474	\$464	\$421	\$411	\$356	\$348	\$290	\$283
62	\$497	\$472	\$441	\$419	\$372	\$354	\$304	\$288
63	\$520	\$481	\$461	\$427	\$389	\$361	\$317	\$294
64	\$542	\$490	\$481	\$435	\$407	\$368	\$331	\$300

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$130	\$130	\$89	\$89	\$112	\$112	\$77	\$77
1	\$91	\$91	\$62	\$62	\$78	\$78	\$54	\$54
2-18	\$65	\$65	\$44	\$44	\$56	\$56	\$38	\$38
19	\$71	\$79	\$48	\$54	\$61	\$68	\$42	\$47
20	\$76	\$93	\$52	\$64	\$66	\$80	\$45	\$55
21	\$84	\$109	\$57	\$75	\$72	\$94	\$49	\$64
22	\$91	\$125	\$62	\$85	\$78	\$108	\$53	\$74
23	\$98	\$141	\$67	\$96	\$84	\$121	\$58	\$83
24	\$105	\$156	\$72	\$107	\$90	\$135	\$62	\$92
25	\$107	\$161	\$73	\$110	\$92	\$138	\$63	\$95
26	\$109	\$165	\$74	\$113	\$94	\$142	\$64	\$97
27	\$111	\$170	\$76	\$116	\$96	\$146	\$65	\$100
28	\$112	\$172	\$77	\$117	\$97	\$148	\$66	\$101
29	\$114	\$174	\$78	\$119	\$98	\$150	\$67	\$103
30	\$115	\$176	\$78	\$120	\$99	\$152	\$68	\$104
31	\$117	\$179	\$80	\$122	\$100	\$154	\$69	\$105
32	\$118	\$181	\$81	\$124	\$102	\$156	\$70	\$107
33	\$122	\$187	\$83	\$128	\$105	\$161	\$72	\$110
34	\$125	\$192	\$85	\$131	\$107	\$166	\$74	\$113
35	\$128	\$198	\$87	\$135	\$110	\$170	\$76	\$117
36	\$131	\$203	\$90	\$139	\$113	\$175	\$78	\$120
37	\$135	\$209	\$92	\$143	\$116	\$180	\$79	\$123
38	\$141	\$212	\$96	\$145	\$121	\$183	\$83	\$125
39	\$147	\$216	\$101	\$147	\$127	\$186	\$87	\$127
40	\$153	\$219	\$105	\$150	\$132	\$189	\$90	\$129
41	\$159	\$223	\$109	\$152	\$137	\$192	\$94	\$131
42	\$166	\$227	\$113	\$155	\$143	\$195	\$98	\$134
43	\$171	\$231	\$117	\$158	\$147	\$199	\$101	\$136
44	\$176	\$236	\$120	\$161	\$151	\$203	\$104	\$139
45	\$181	\$241	\$123	\$164	\$156	\$207	\$107	\$142
46	\$186	\$246	\$127	\$168	\$160	\$212	\$110	\$145
47	\$192	\$251	\$131	\$172	\$165	\$217	\$113	\$148
48	\$197	\$254	\$135	\$174	\$170	\$219	\$116	\$150
49	\$203	\$257	\$139	\$176	\$175	\$221	\$120	\$152
50	\$209	\$260	\$143	\$178	\$180	\$224	\$123	\$153
51	\$214	\$262	\$147	\$179	\$185	\$226	\$127	\$155
52	\$220	\$265	\$150	\$181	\$189	\$228	\$130	\$156
53	\$227	\$269	\$155	\$184	\$196	\$232	\$134	\$159
54	\$235	\$274	\$161	\$187	\$202	\$236	\$139	\$161
55	\$243	\$278	\$166	\$190	\$209	\$240	\$143	\$164
56	\$251	\$283	\$171	\$193	\$216	\$244	\$148	\$167
57	\$259	\$288	\$177	\$197	\$223	\$248	\$153	\$170
58	\$274	\$294	\$187	\$201	\$236	\$254	\$162	\$174
59	\$289	\$301	\$198	\$206	\$249	\$259	\$171	\$177
60	\$305	\$307	\$208	\$210	\$263	\$265	\$180	\$181
61	\$320	\$313	\$219	\$214	\$276	\$270	\$189	\$185
62	\$335	\$319	\$229	\$218	\$289	\$275	\$198	\$188
63	\$351	\$325	\$240	\$222	\$302	\$280	\$207	\$192
64	\$366	\$331	\$250	\$226	\$315	\$285	\$216	\$195

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Monona, Crawford, Harrison, Shelby, Pottawattamie, Cass, Mills, Montgomery, Fremont, Page Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$158	\$158	\$142	\$142	\$109	\$109
1	\$110	\$110	\$99	\$99	\$76	\$76
2-18	\$79	\$79	\$71	\$71	\$55	\$55
19	\$86	\$97	\$77	\$87	\$60	\$67
20	\$93	\$114	\$83	\$102	\$64	\$79
21	\$102	\$133	\$91	\$119	\$70	\$92
22	\$110	\$152	\$99	\$136	\$76	\$105
23	\$119	\$171	\$107	\$154	\$82	\$118
24	\$128	\$190	\$115	\$171	\$88	\$132
25	\$130	\$196	\$117	\$176	\$90	\$135
26	\$133	\$201	\$119	\$180	\$92	\$139
27	\$135	\$207	\$121	\$185	\$94	\$143
28	\$137	\$209	\$123	\$188	\$95	\$145
29	\$138	\$212	\$124	\$190	\$96	\$146
30	\$140	\$214	\$125	\$192	\$97	\$148
31	\$142	\$217	\$127	\$195	\$98	\$150
32	\$144	\$221	\$129	\$198	\$100	\$153
33	\$148	\$227	\$133	\$204	\$102	\$157
34	\$152	\$234	\$136	\$210	\$105	\$162
35	\$156	\$241	\$140	\$216	\$108	\$167
36	\$160	\$247	\$144	\$222	\$111	\$171
37	\$164	\$254	\$147	\$228	\$113	\$176
38	\$171	\$258	\$154	\$232	\$119	\$179
39	\$179	\$263	\$161	\$236	\$124	\$182
40	\$186	\$267	\$167	\$240	\$129	\$185
41	\$194	\$271	\$174	\$244	\$134	\$188
42	\$202	\$276	\$181	\$248	\$140	\$191
43	\$208	\$282	\$187	\$253	\$144	\$195
44	\$214	\$287	\$192	\$258	\$148	\$199
45	\$220	\$293	\$197	\$263	\$152	\$203
46	\$226	\$299	\$203	\$269	\$157	\$207
47	\$233	\$306	\$209	\$275	\$161	\$212
48	\$240	\$309	\$216	\$278	\$166	\$214
49	\$247	\$313	\$222	\$281	\$171	\$216
50	\$254	\$317	\$228	\$284	\$176	\$219
51	\$261	\$319	\$234	\$287	\$181	\$221
52	\$268	\$323	\$240	\$289	\$185	\$223
53	\$277	\$328	\$248	\$294	\$191	\$227
54	\$286	\$333	\$257	\$299	\$198	\$231
55	\$295	\$339	\$265	\$304	\$204	\$234
56	\$305	\$345	\$274	\$309	\$211	\$238
57	\$315	\$351	\$283	\$315	\$218	\$243
58	\$334	\$358	\$300	\$322	\$231	\$248
59	\$352	\$366	\$316	\$329	\$244	\$253
60	\$371	\$374	\$333	\$335	\$257	\$259
61	\$390	\$381	\$350	\$342	\$270	\$264
62	\$408	\$388	\$367	\$348	\$283	\$269
63	\$427	\$396	\$383	\$355	\$295	\$274
64	\$446	\$403	\$400	\$362	\$308	\$279

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$194	\$194	\$158	\$158
1	\$136	\$136	\$111	\$111
2-18	\$97	\$97	\$79	\$79
19	\$106	\$119	\$86	\$97
20	\$114	\$140	\$93	\$114
21	\$125	\$163	\$102	\$133
22	\$136	\$187	\$111	\$152
23	\$146	\$210	\$119	\$171
24	\$157	\$234	\$128	\$191
25	\$160	\$240	\$130	\$196
26	\$163	\$247	\$133	\$201
27	\$166	\$254	\$135	\$207
28	\$168	\$257	\$137	\$210
29	\$170	\$260	\$139	\$212
30	\$172	\$263	\$140	\$214
31	\$174	\$267	\$142	\$218
32	\$177	\$271	\$144	\$221
33	\$182	\$279	\$148	\$228
34	\$187	\$287	\$152	\$234
35	\$191	\$296	\$156	\$241
36	\$197	\$304	\$160	\$248
37	\$201	\$312	\$164	\$254
38	\$211	\$318	\$172	\$259
39	\$220	\$323	\$179	\$263
40	\$229	\$328	\$187	\$268
41	\$238	\$333	\$194	\$272
42	\$248	\$339	\$202	\$276
43	\$255	\$346	\$208	\$282
44	\$263	\$353	\$214	\$288
45	\$270	\$360	\$220	\$293
46	\$278	\$368	\$227	\$300
47	\$286	\$376	\$234	\$307
48	\$295	\$380	\$241	\$310
49	\$304	\$384	\$248	\$313
50	\$313	\$389	\$255	\$317
51	\$321	\$392	\$262	\$320
52	\$329	\$396	\$268	\$323
53	\$340	\$403	\$277	\$328
54	\$351	\$409	\$286	\$334
55	\$363	\$416	\$296	\$339
56	\$375	\$423	\$306	\$345
57	\$387	\$431	\$316	\$351
58	\$410	\$440	\$334	\$359
59	\$433	\$450	\$353	\$367
60	\$456	\$459	\$372	\$374
61	\$479	\$468	\$391	\$382
62	\$502	\$477	\$409	\$389
63	\$525	\$486	\$428	\$396
64	\$548	\$495	\$447	\$404

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$178	\$178	\$164	\$164	\$127	\$127	\$102	\$102
1	\$124	\$124	\$115	\$115	\$89	\$89	\$71	\$71
2-18	\$89	\$89	\$82	\$82	\$64	\$64	\$51	\$51
19	\$97	\$109	\$90	\$100	\$69	\$78	\$55	\$62
20	\$105	\$128	\$97	\$118	\$75	\$92	\$60	\$73
21	\$115	\$150	\$106	\$138	\$82	\$107	\$66	\$86
22	\$124	\$171	\$115	\$158	\$89	\$123	\$71	\$98
23	\$134	\$193	\$124	\$178	\$96	\$138	\$77	\$110
24	\$144	\$214	\$133	\$198	\$103	\$154	\$82	\$123
25	\$147	\$220	\$135	\$203	\$105	\$158	\$84	\$126
26	\$149	\$226	\$138	\$209	\$107	\$162	\$85	\$130
27	\$152	\$233	\$141	\$215	\$109	\$167	\$87	\$133
28	\$154	\$236	\$142	\$218	\$110	\$169	\$88	\$135
29	\$156	\$238	\$144	\$220	\$112	\$171	\$89	\$136
30	\$157	\$241	\$145	\$223	\$113	\$173	\$90	\$138
31	\$160	\$245	\$147	\$226	\$114	\$175	\$91	\$140
32	\$162	\$249	\$150	\$230	\$116	\$178	\$93	\$142
33	\$167	\$256	\$154	\$236	\$119	\$183	\$95	\$146
34	\$171	\$263	\$158	\$243	\$122	\$189	\$98	\$151
35	\$176	\$271	\$162	\$250	\$126	\$194	\$100	\$155
36	\$180	\$279	\$166	\$257	\$129	\$200	\$103	\$159
37	\$185	\$286	\$170	\$264	\$132	\$205	\$106	\$164
38	\$193	\$291	\$178	\$269	\$138	\$208	\$110	\$166
39	\$202	\$296	\$186	\$273	\$144	\$212	\$115	\$169
40	\$210	\$301	\$194	\$278	\$150	\$216	\$120	\$172
41	\$219	\$306	\$202	\$282	\$157	\$219	\$125	\$175
42	\$227	\$311	\$210	\$287	\$163	\$222	\$130	\$178
43	\$234	\$317	\$216	\$293	\$168	\$227	\$134	\$181
44	\$241	\$323	\$222	\$299	\$172	\$232	\$138	\$185
45	\$248	\$330	\$229	\$305	\$177	\$236	\$142	\$189
46	\$255	\$337	\$235	\$311	\$183	\$242	\$146	\$193
47	\$263	\$345	\$242	\$318	\$188	\$247	\$150	\$197
48	\$270	\$349	\$250	\$322	\$194	\$250	\$155	\$199
49	\$279	\$352	\$257	\$325	\$200	\$252	\$159	\$202
50	\$287	\$357	\$265	\$329	\$205	\$255	\$164	\$204
51	\$294	\$360	\$271	\$332	\$211	\$258	\$168	\$206
52	\$302	\$363	\$278	\$335	\$216	\$260	\$173	\$208
53	\$312	\$369	\$288	\$341	\$223	\$264	\$178	\$211
54	\$322	\$375	\$297	\$346	\$231	\$269	\$184	\$215
55	\$333	\$381	\$307	\$352	\$238	\$273	\$190	\$218
56	\$344	\$388	\$317	\$358	\$246	\$278	\$197	\$222
57	\$355	\$395	\$328	\$365	\$254	\$283	\$203	\$226
58	\$376	\$404	\$347	\$373	\$269	\$289	\$215	\$231
59	\$397	\$412	\$366	\$381	\$284	\$295	\$227	\$236
60	\$418	\$421	\$386	\$389	\$300	\$302	\$239	\$241
61	\$439	\$429	\$405	\$396	\$315	\$308	\$251	\$246
62	\$460	\$437	\$425	\$404	\$329	\$313	\$263	\$250
63	\$481	\$446	\$444	\$411	\$344	\$319	\$275	\$255
64	\$502	\$454	\$463	\$419	\$360	\$325	\$287	\$260

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$118	\$118	\$104	\$104	\$88	\$88	\$72	\$72
1	\$82	\$82	\$73	\$73	\$62	\$62	\$50	\$50
2-18	\$59	\$59	\$52	\$52	\$44	\$44	\$36	\$36
19	\$64	\$72	\$57	\$64	\$48	\$54	\$39	\$44
20	\$69	\$85	\$61	\$75	\$52	\$63	\$42	\$52
21	\$76	\$99	\$67	\$88	\$57	\$74	\$46	\$60
22	\$82	\$113	\$73	\$100	\$62	\$85	\$50	\$69
23	\$89	\$127	\$79	\$113	\$66	\$96	\$54	\$78
24	\$95	\$142	\$84	\$126	\$71	\$106	\$58	\$87
25	\$97	\$146	\$86	\$129	\$73	\$109	\$59	\$89
26	\$99	\$150	\$88	\$133	\$74	\$112	\$60	\$91
27	\$101	\$154	\$89	\$136	\$75	\$115	\$61	\$94
28	\$102	\$156	\$90	\$138	\$76	\$117	\$62	\$95
29	\$103	\$158	\$91	\$140	\$77	\$118	\$63	\$96
30	\$104	\$159	\$92	\$141	\$78	\$119	\$64	\$97
31	\$106	\$162	\$94	\$143	\$79	\$121	\$65	\$99
32	\$107	\$164	\$95	\$146	\$80	\$123	\$66	\$100
33	\$110	\$169	\$98	\$150	\$83	\$127	\$67	\$103
34	\$113	\$174	\$100	\$154	\$85	\$131	\$69	\$106
35	\$116	\$179	\$103	\$159	\$87	\$134	\$71	\$109
36	\$119	\$184	\$106	\$163	\$89	\$138	\$73	\$113
37	\$122	\$189	\$108	\$168	\$91	\$142	\$75	\$115
38	\$128	\$192	\$113	\$171	\$96	\$144	\$78	\$118
39	\$133	\$196	\$118	\$173	\$100	\$147	\$81	\$119
40	\$139	\$199	\$123	\$176	\$104	\$149	\$85	\$122
41	\$144	\$202	\$128	\$179	\$108	\$151	\$88	\$123
42	\$150	\$205	\$133	\$182	\$113	\$154	\$92	\$125
43	\$155	\$210	\$137	\$186	\$116	\$157	\$95	\$128
44	\$159	\$214	\$141	\$189	\$119	\$160	\$97	\$131
45	\$164	\$218	\$145	\$193	\$123	\$163	\$100	\$133
46	\$169	\$223	\$149	\$198	\$126	\$167	\$103	\$136
47	\$174	\$228	\$154	\$202	\$130	\$171	\$106	\$139
48	\$179	\$230	\$158	\$204	\$134	\$173	\$109	\$141
49	\$184	\$233	\$163	\$206	\$138	\$175	\$113	\$142
50	\$189	\$236	\$168	\$209	\$142	\$177	\$116	\$144
51	\$194	\$238	\$172	\$211	\$146	\$178	\$119	\$145
52	\$199	\$240	\$177	\$213	\$149	\$180	\$122	\$147
53	\$206	\$244	\$183	\$216	\$154	\$183	\$126	\$149
54	\$213	\$248	\$189	\$220	\$160	\$186	\$130	\$152
55	\$220	\$252	\$195	\$223	\$165	\$189	\$134	\$154
56	\$227	\$257	\$201	\$227	\$170	\$192	\$139	\$157
57	\$235	\$261	\$208	\$231	\$176	\$196	\$143	\$159
58	\$248	\$267	\$220	\$237	\$186	\$200	\$152	\$163
59	\$262	\$273	\$233	\$242	\$197	\$204	\$160	\$167
60	\$276	\$278	\$245	\$247	\$207	\$209	\$169	\$170
61	\$290	\$284	\$257	\$252	\$218	\$213	\$177	\$173
62	\$304	\$289	\$270	\$256	\$228	\$217	\$186	\$177
63	\$318	\$295	\$282	\$261	\$238	\$221	\$194	\$180
64	\$332	\$300	\$294	\$266	\$249	\$225	\$203	\$183

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$79	\$79	\$54	\$54	\$68	\$68	\$47	\$47
1	\$56	\$56	\$38	\$38	\$48	\$48	\$33	\$33
2-18	\$40	\$40	\$27	\$27	\$34	\$34	\$23	\$23
19	\$43	\$49	\$30	\$33	\$37	\$42	\$26	\$29
20	\$47	\$57	\$32	\$39	\$40	\$49	\$28	\$34
21	\$51	\$67	\$35	\$46	\$44	\$58	\$30	\$39
22	\$55	\$76	\$38	\$52	\$48	\$66	\$33	\$45
23	\$60	\$86	\$41	\$59	\$52	\$74	\$35	\$51
24	\$64	\$96	\$44	\$65	\$55	\$82	\$38	\$56
25	\$65	\$98	\$45	\$67	\$56	\$85	\$39	\$58
26	\$67	\$101	\$46	\$69	\$57	\$87	\$39	\$60
27	\$68	\$104	\$46	\$71	\$59	\$89	\$40	\$61
28	\$69	\$105	\$47	\$72	\$59	\$91	\$41	\$62
29	\$70	\$106	\$48	\$73	\$60	\$92	\$41	\$63
30	\$70	\$108	\$48	\$74	\$61	\$93	\$41	\$63
31	\$71	\$109	\$49	\$75	\$61	\$94	\$42	\$64
32	\$72	\$111	\$50	\$76	\$62	\$96	\$43	\$65
33	\$74	\$114	\$51	\$78	\$64	\$98	\$44	\$67
34	\$76	\$118	\$52	\$80	\$66	\$101	\$45	\$69
35	\$78	\$121	\$54	\$83	\$67	\$104	\$46	\$71
36	\$80	\$124	\$55	\$85	\$69	\$107	\$47	\$73
37	\$82	\$128	\$56	\$87	\$71	\$110	\$49	\$75
38	\$86	\$130	\$59	\$89	\$74	\$112	\$51	\$77
39	\$90	\$132	\$61	\$90	\$78	\$114	\$53	\$78
40	\$94	\$134	\$64	\$92	\$81	\$116	\$55	\$79
41	\$98	\$136	\$67	\$93	\$84	\$118	\$58	\$80
42	\$101	\$139	\$69	\$95	\$87	\$119	\$60	\$82
43	\$104	\$142	\$71	\$97	\$90	\$122	\$62	\$83
44	\$107	\$144	\$73	\$99	\$93	\$124	\$63	\$85
45	\$111	\$147	\$76	\$101	\$95	\$127	\$65	\$87
46	\$114	\$151	\$78	\$103	\$98	\$130	\$67	\$89
47	\$117	\$154	\$80	\$105	\$101	\$133	\$69	\$91
48	\$121	\$156	\$82	\$106	\$104	\$134	\$71	\$92
49	\$124	\$157	\$85	\$107	\$107	\$135	\$73	\$93
50	\$128	\$159	\$87	\$109	\$110	\$137	\$75	\$94
51	\$131	\$161	\$90	\$110	\$113	\$138	\$77	\$95
52	\$135	\$162	\$92	\$111	\$116	\$140	\$79	\$96
53	\$139	\$165	\$95	\$113	\$120	\$142	\$82	\$97
54	\$144	\$167	\$98	\$114	\$124	\$144	\$85	\$99
55	\$148	\$170	\$101	\$116	\$128	\$147	\$88	\$100
56	\$153	\$173	\$105	\$118	\$132	\$149	\$91	\$102
57	\$158	\$176	\$108	\$120	\$136	\$152	\$93	\$104
58	\$168	\$180	\$115	\$123	\$145	\$155	\$99	\$106
59	\$177	\$184	\$121	\$126	\$153	\$159	\$104	\$109
60	\$187	\$188	\$128	\$128	\$161	\$162	\$110	\$111
61	\$196	\$192	\$134	\$131	\$169	\$165	\$116	\$113
62	\$205	\$195	\$140	\$133	\$177	\$168	\$121	\$115
63	\$215	\$199	\$147	\$136	\$185	\$171	\$127	\$117
64	\$224	\$203	\$153	\$138	\$193	\$175	\$132	\$120

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$97	\$97	\$87	\$87	\$67	\$67
1	\$68	\$68	\$61	\$61	\$47	\$47
2-18	\$48	\$48	\$43	\$43	\$33	\$33
19	\$53	\$59	\$47	\$53	\$36	\$41
20	\$57	\$70	\$51	\$62	\$39	\$48
21	\$62	\$81	\$56	\$73	\$43	\$56
22	\$68	\$93	\$61	\$83	\$47	\$64
23	\$73	\$105	\$65	\$94	\$50	\$72
24	\$78	\$116	\$70	\$105	\$54	\$81
25	\$80	\$120	\$72	\$107	\$55	\$83
26	\$81	\$123	\$73	\$110	\$56	\$85
27	\$83	\$126	\$74	\$114	\$57	\$88
28	\$84	\$128	\$75	\$115	\$58	\$89
29	\$85	\$129	\$76	\$116	\$59	\$90
30	\$86	\$131	\$77	\$118	\$59	\$91
31	\$87	\$133	\$78	\$119	\$60	\$92
32	\$88	\$135	\$79	\$121	\$61	\$93
33	\$91	\$139	\$81	\$125	\$63	\$96
34	\$93	\$143	\$83	\$128	\$64	\$99
35	\$95	\$147	\$86	\$132	\$66	\$102
36	\$98	\$151	\$88	\$136	\$68	\$105
37	\$100	\$155	\$90	\$139	\$69	\$108
38	\$105	\$158	\$94	\$142	\$73	\$109
39	\$110	\$161	\$98	\$144	\$76	\$111
40	\$114	\$164	\$102	\$147	\$79	\$113
41	\$119	\$166	\$107	\$149	\$82	\$115
42	\$123	\$169	\$111	\$151	\$85	\$117
43	\$127	\$172	\$114	\$155	\$88	\$119
44	\$131	\$176	\$117	\$158	\$91	\$122
45	\$135	\$179	\$121	\$161	\$93	\$124
46	\$139	\$183	\$124	\$164	\$96	\$127
47	\$143	\$187	\$128	\$168	\$99	\$130
48	\$147	\$189	\$132	\$170	\$102	\$131
49	\$151	\$191	\$136	\$172	\$105	\$132
50	\$156	\$194	\$140	\$174	\$108	\$134
51	\$160	\$195	\$143	\$175	\$111	\$135
52	\$164	\$197	\$147	\$177	\$113	\$137
53	\$169	\$201	\$152	\$180	\$117	\$139
54	\$175	\$204	\$157	\$183	\$121	\$141
55	\$181	\$207	\$162	\$186	\$125	\$143
56	\$187	\$211	\$168	\$189	\$129	\$146
57	\$193	\$215	\$173	\$193	\$133	\$149
58	\$204	\$219	\$183	\$197	\$141	\$152
59	\$216	\$224	\$194	\$201	\$149	\$155
60	\$227	\$229	\$204	\$205	\$157	\$158
61	\$239	\$233	\$214	\$209	\$165	\$161
62	\$250	\$238	\$224	\$213	\$173	\$164
63	\$261	\$242	\$235	\$217	\$181	\$168
64	\$273	\$247	\$245	\$221	\$189	\$171

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$262	\$262	\$214	\$214
1	\$183	\$183	\$149	\$149
2-18	\$131	\$131	\$107	\$107
19	\$143	\$160	\$116	\$131
20	\$154	\$189	\$126	\$154
21	\$169	\$220	\$138	\$180
22	\$183	\$252	\$149	\$206
23	\$198	\$284	\$161	\$231
24	\$212	\$316	\$173	\$257
25	\$216	\$325	\$176	\$265
26	\$220	\$333	\$179	\$272
27	\$224	\$343	\$183	\$280
28	\$227	\$347	\$185	\$283
29	\$229	\$351	\$187	\$286
30	\$232	\$355	\$189	\$290
31	\$235	\$361	\$192	\$294
32	\$239	\$366	\$195	\$299
33	\$245	\$377	\$200	\$307
34	\$252	\$388	\$205	\$316
35	\$258	\$399	\$211	\$326
36	\$265	\$410	\$216	\$335
37	\$272	\$421	\$222	\$343
38	\$284	\$429	\$232	\$349
39	\$297	\$436	\$242	\$355
40	\$309	\$443	\$252	\$361
41	\$322	\$450	\$262	\$367
42	\$335	\$457	\$273	\$373
43	\$345	\$467	\$281	\$381
44	\$355	\$476	\$289	\$388
45	\$365	\$486	\$297	\$396
46	\$376	\$497	\$306	\$405
47	\$387	\$508	\$315	\$414
48	\$398	\$513	\$325	\$418
49	\$410	\$519	\$335	\$423
50	\$422	\$525	\$344	\$428
51	\$433	\$530	\$353	\$432
52	\$444	\$535	\$362	\$436
53	\$459	\$544	\$374	\$443
54	\$474	\$553	\$387	\$451
55	\$490	\$562	\$399	\$458
56	\$506	\$572	\$413	\$466
57	\$523	\$582	\$426	\$474
58	\$554	\$594	\$451	\$485
59	\$585	\$607	\$477	\$495
60	\$616	\$620	\$502	\$506
61	\$647	\$632	\$527	\$516
62	\$677	\$644	\$552	\$525
63	\$708	\$656	\$578	\$535
64	\$739	\$669	\$603	\$545

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$240	\$240	\$222	\$222	\$172	\$172	\$137	\$137
1	\$168	\$168	\$155	\$155	\$120	\$120	\$96	\$96
2-18	\$120	\$120	\$111	\$111	\$86	\$86	\$69	\$69
19	\$131	\$147	\$121	\$136	\$94	\$105	\$75	\$84
20	\$141	\$173	\$130	\$160	\$101	\$124	\$81	\$99
21	\$155	\$202	\$143	\$187	\$111	\$145	\$88	\$116
22	\$168	\$231	\$155	\$213	\$120	\$165	\$96	\$132
23	\$181	\$260	\$167	\$240	\$130	\$186	\$104	\$149
24	\$194	\$289	\$179	\$267	\$139	\$207	\$111	\$166
25	\$198	\$298	\$183	\$275	\$142	\$213	\$113	\$170
26	\$202	\$306	\$186	\$282	\$144	\$219	\$115	\$175
27	\$206	\$314	\$190	\$290	\$147	\$225	\$118	\$180
28	\$208	\$318	\$192	\$294	\$149	\$228	\$119	\$182
29	\$210	\$322	\$194	\$297	\$151	\$230	\$120	\$184
30	\$213	\$326	\$196	\$301	\$152	\$233	\$122	\$186
31	\$216	\$331	\$199	\$305	\$154	\$237	\$123	\$189
32	\$219	\$336	\$202	\$310	\$157	\$240	\$125	\$192
33	\$225	\$345	\$208	\$319	\$161	\$247	\$129	\$198
34	\$231	\$356	\$213	\$328	\$165	\$255	\$132	\$203
35	\$237	\$366	\$219	\$338	\$170	\$262	\$136	\$209
36	\$243	\$376	\$225	\$347	\$174	\$269	\$139	\$215
37	\$249	\$386	\$230	\$356	\$178	\$277	\$143	\$221
38	\$261	\$393	\$241	\$363	\$187	\$281	\$149	\$225
39	\$272	\$399	\$251	\$369	\$195	\$286	\$156	\$228
40	\$283	\$406	\$262	\$375	\$203	\$291	\$162	\$232
41	\$295	\$413	\$272	\$381	\$211	\$296	\$169	\$236
42	\$307	\$419	\$283	\$387	\$220	\$300	\$175	\$240
43	\$316	\$428	\$292	\$395	\$226	\$307	\$181	\$245
44	\$325	\$437	\$300	\$403	\$233	\$313	\$186	\$250
45	\$334	\$445	\$309	\$411	\$239	\$319	\$191	\$255
46	\$344	\$455	\$318	\$420	\$247	\$326	\$197	\$260
47	\$354	\$465	\$327	\$430	\$254	\$333	\$203	\$266
48	\$365	\$470	\$337	\$434	\$262	\$337	\$209	\$269
49	\$376	\$476	\$347	\$439	\$269	\$341	\$215	\$272
50	\$387	\$481	\$357	\$444	\$277	\$345	\$221	\$275
51	\$397	\$486	\$366	\$448	\$284	\$348	\$227	\$278
52	\$407	\$490	\$376	\$453	\$292	\$351	\$233	\$280
53	\$421	\$499	\$388	\$460	\$301	\$357	\$241	\$285
54	\$435	\$507	\$401	\$468	\$311	\$363	\$249	\$290
55	\$449	\$515	\$414	\$475	\$322	\$369	\$257	\$294
56	\$464	\$524	\$428	\$484	\$332	\$375	\$265	\$300
57	\$479	\$533	\$442	\$492	\$343	\$382	\$274	\$305
58	\$508	\$545	\$469	\$503	\$364	\$390	\$290	\$312
59	\$536	\$557	\$495	\$514	\$384	\$399	\$306	\$318
60	\$565	\$568	\$521	\$525	\$404	\$407	\$323	\$325
61	\$593	\$580	\$547	\$535	\$425	\$415	\$339	\$332
62	\$621	\$590	\$573	\$545	\$445	\$423	\$355	\$338
63	\$649	\$602	\$599	\$555	\$465	\$431	\$371	\$344
64	\$678	\$613	\$626	\$566	\$485	\$439	\$388	\$351

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$159	\$159	\$141	\$141	\$119	\$119	\$97	\$97
1	\$111	\$111	\$98	\$98	\$83	\$83	\$68	\$68
2-18	\$79	\$79	\$70	\$70	\$59	\$59	\$48	\$48
19	\$87	\$97	\$77	\$86	\$65	\$73	\$53	\$59
20	\$93	\$114	\$83	\$101	\$70	\$86	\$57	\$70
21	\$102	\$134	\$91	\$118	\$77	\$100	\$62	\$82
22	\$111	\$153	\$98	\$135	\$83	\$114	\$68	\$93
23	\$120	\$172	\$106	\$152	\$90	\$129	\$73	\$105
24	\$128	\$191	\$114	\$170	\$96	\$143	\$78	\$117
25	\$131	\$197	\$116	\$174	\$98	\$147	\$80	\$120
26	\$133	\$202	\$118	\$179	\$100	\$151	\$81	\$123
27	\$136	\$208	\$120	\$184	\$102	\$156	\$83	\$127
28	\$137	\$210	\$122	\$186	\$103	\$158	\$84	\$128
29	\$139	\$213	\$123	\$189	\$104	\$159	\$85	\$130
30	\$140	\$215	\$125	\$191	\$105	\$161	\$86	\$131
31	\$143	\$218	\$126	\$194	\$107	\$164	\$87	\$133
32	\$145	\$222	\$129	\$197	\$109	\$166	\$89	\$136
33	\$149	\$228	\$132	\$202	\$111	\$171	\$91	\$139
34	\$153	\$235	\$135	\$208	\$114	\$176	\$93	\$144
35	\$157	\$242	\$139	\$214	\$117	\$181	\$96	\$148
36	\$161	\$249	\$143	\$220	\$121	\$186	\$98	\$152
37	\$165	\$255	\$146	\$226	\$123	\$191	\$101	\$156
38	\$172	\$260	\$153	\$230	\$129	\$195	\$105	\$159
39	\$180	\$264	\$160	\$234	\$135	\$198	\$110	\$161
40	\$187	\$269	\$166	\$238	\$140	\$201	\$114	\$164
41	\$195	\$273	\$173	\$242	\$146	\$204	\$119	\$167
42	\$203	\$277	\$180	\$246	\$152	\$208	\$124	\$169
43	\$209	\$283	\$185	\$251	\$157	\$212	\$128	\$173
44	\$215	\$289	\$191	\$256	\$161	\$216	\$131	\$176
45	\$221	\$294	\$196	\$261	\$166	\$221	\$135	\$180
46	\$228	\$301	\$202	\$267	\$171	\$226	\$139	\$184
47	\$234	\$308	\$208	\$273	\$176	\$231	\$143	\$188
48	\$241	\$311	\$214	\$276	\$181	\$233	\$147	\$190
49	\$249	\$314	\$220	\$279	\$186	\$236	\$152	\$192
50	\$256	\$318	\$227	\$282	\$192	\$238	\$156	\$194
51	\$262	\$321	\$233	\$285	\$197	\$241	\$160	\$196
52	\$269	\$324	\$239	\$287	\$202	\$243	\$164	\$198
53	\$278	\$329	\$247	\$292	\$208	\$247	\$170	\$201
54	\$287	\$335	\$255	\$297	\$215	\$251	\$176	\$205
55	\$297	\$340	\$263	\$302	\$222	\$255	\$181	\$208
56	\$307	\$346	\$272	\$307	\$230	\$260	\$187	\$212
57	\$317	\$353	\$281	\$313	\$237	\$264	\$194	\$215
58	\$335	\$360	\$297	\$319	\$251	\$270	\$205	\$220
59	\$354	\$368	\$314	\$326	\$265	\$276	\$216	\$225
60	\$373	\$376	\$331	\$333	\$280	\$282	\$228	\$229
61	\$392	\$383	\$347	\$340	\$294	\$287	\$239	\$234
62	\$410	\$390	\$364	\$346	\$308	\$292	\$251	\$238
63	\$429	\$398	\$380	\$353	\$322	\$298	\$262	\$243
64	\$448	\$405	\$397	\$359	\$336	\$304	\$274	\$247

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$107	\$107	\$73	\$73	\$92	\$92	\$63	\$63
1	\$75	\$75	\$51	\$51	\$65	\$65	\$44	\$44
2-18	\$54	\$54	\$37	\$37	\$46	\$46	\$32	\$32
19	\$58	\$66	\$40	\$45	\$50	\$57	\$34	\$39
20	\$63	\$77	\$43	\$53	\$54	\$66	\$37	\$46
21	\$69	\$90	\$47	\$62	\$59	\$78	\$41	\$53
22	\$75	\$103	\$51	\$70	\$64	\$89	\$44	\$61
23	\$81	\$116	\$55	\$79	\$70	\$100	\$48	\$69
24	\$87	\$129	\$59	\$88	\$75	\$111	\$51	\$76
25	\$88	\$133	\$60	\$91	\$76	\$114	\$52	\$78
26	\$90	\$136	\$62	\$93	\$78	\$118	\$53	\$80
27	\$92	\$140	\$63	\$96	\$79	\$121	\$54	\$83
28	\$93	\$142	\$63	\$97	\$80	\$122	\$55	\$84
29	\$94	\$144	\$64	\$98	\$81	\$124	\$55	\$85
30	\$95	\$145	\$65	\$99	\$82	\$125	\$56	\$86
31	\$96	\$148	\$66	\$101	\$83	\$127	\$57	\$87
32	\$98	\$150	\$67	\$102	\$84	\$129	\$58	\$88
33	\$100	\$154	\$69	\$105	\$86	\$133	\$59	\$91
34	\$103	\$159	\$70	\$108	\$89	\$137	\$61	\$94
35	\$106	\$163	\$72	\$112	\$91	\$141	\$62	\$96
36	\$109	\$168	\$74	\$115	\$94	\$145	\$64	\$99
37	\$111	\$172	\$76	\$118	\$96	\$148	\$66	\$102
38	\$116	\$175	\$80	\$120	\$100	\$151	\$69	\$103
39	\$121	\$178	\$83	\$122	\$105	\$154	\$72	\$105
40	\$126	\$181	\$86	\$124	\$109	\$156	\$75	\$107
41	\$132	\$184	\$90	\$126	\$113	\$159	\$78	\$109
42	\$137	\$187	\$94	\$128	\$118	\$161	\$81	\$110
43	\$141	\$191	\$96	\$131	\$122	\$165	\$83	\$113
44	\$145	\$195	\$99	\$133	\$125	\$168	\$86	\$115
45	\$149	\$199	\$102	\$136	\$129	\$171	\$88	\$117
46	\$154	\$203	\$105	\$139	\$132	\$175	\$91	\$120
47	\$158	\$208	\$108	\$142	\$136	\$179	\$93	\$122
48	\$163	\$210	\$111	\$143	\$140	\$181	\$96	\$124
49	\$168	\$212	\$115	\$145	\$145	\$183	\$99	\$125
50	\$173	\$215	\$118	\$147	\$149	\$185	\$102	\$127
51	\$177	\$217	\$121	\$148	\$153	\$187	\$105	\$128
52	\$182	\$219	\$124	\$150	\$157	\$189	\$107	\$129
53	\$188	\$222	\$128	\$152	\$162	\$192	\$111	\$131
54	\$194	\$226	\$133	\$155	\$167	\$195	\$114	\$133
55	\$200	\$230	\$137	\$157	\$173	\$198	\$118	\$136
56	\$207	\$234	\$142	\$160	\$178	\$201	\$122	\$138
57	\$214	\$238	\$146	\$163	\$184	\$205	\$126	\$140
58	\$227	\$243	\$155	\$166	\$195	\$209	\$134	\$143
59	\$239	\$248	\$163	\$170	\$206	\$214	\$141	\$147
60	\$252	\$254	\$172	\$173	\$217	\$219	\$149	\$150
61	\$265	\$259	\$181	\$177	\$228	\$223	\$156	\$153
62	\$277	\$263	\$189	\$180	\$239	\$227	\$163	\$155
63	\$290	\$268	\$198	\$183	\$250	\$231	\$171	\$158
64	\$302	\$274	\$207	\$187	\$261	\$236	\$178	\$161

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Linn
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$130	\$130	\$117	\$117	\$90	\$90
1	\$91	\$91	\$82	\$82	\$63	\$63
2-18	\$65	\$65	\$59	\$59	\$45	\$45
19	\$71	\$80	\$64	\$72	\$49	\$55
20	\$77	\$94	\$69	\$84	\$53	\$65
21	\$84	\$110	\$75	\$99	\$58	\$76
22	\$91	\$126	\$82	\$113	\$63	\$87
23	\$98	\$141	\$88	\$127	\$68	\$98
24	\$106	\$157	\$95	\$141	\$73	\$109
25	\$108	\$162	\$97	\$145	\$74	\$112
26	\$110	\$166	\$98	\$149	\$76	\$115
27	\$112	\$171	\$100	\$153	\$77	\$118
28	\$113	\$173	\$101	\$155	\$78	\$120
29	\$114	\$175	\$103	\$157	\$79	\$121
30	\$115	\$177	\$104	\$159	\$80	\$122
31	\$117	\$180	\$105	\$161	\$81	\$124
32	\$119	\$182	\$107	\$164	\$82	\$126
33	\$122	\$188	\$110	\$168	\$85	\$130
34	\$125	\$193	\$113	\$173	\$87	\$134
35	\$129	\$199	\$116	\$178	\$89	\$138
36	\$132	\$204	\$119	\$183	\$91	\$141
37	\$135	\$210	\$121	\$188	\$94	\$145
38	\$142	\$213	\$127	\$192	\$98	\$148
39	\$148	\$217	\$133	\$195	\$102	\$150
40	\$154	\$221	\$138	\$198	\$107	\$153
41	\$160	\$224	\$144	\$201	\$111	\$155
42	\$167	\$228	\$150	\$204	\$115	\$158
43	\$172	\$233	\$154	\$209	\$119	\$161
44	\$177	\$237	\$159	\$213	\$122	\$164
45	\$182	\$242	\$163	\$217	\$126	\$167
46	\$187	\$247	\$168	\$222	\$129	\$171
47	\$193	\$253	\$173	\$227	\$133	\$175
48	\$198	\$256	\$178	\$229	\$137	\$177
49	\$204	\$258	\$183	\$232	\$141	\$179
50	\$210	\$262	\$189	\$235	\$145	\$181
51	\$216	\$264	\$194	\$237	\$149	\$183
52	\$221	\$266	\$199	\$239	\$153	\$184
53	\$229	\$271	\$205	\$243	\$158	\$187
54	\$236	\$275	\$212	\$247	\$163	\$190
55	\$244	\$280	\$219	\$251	\$169	\$194
56	\$252	\$285	\$226	\$256	\$174	\$197
57	\$260	\$290	\$234	\$260	\$180	\$201
58	\$276	\$296	\$247	\$266	\$191	\$205
59	\$291	\$303	\$261	\$272	\$201	\$209
60	\$307	\$309	\$275	\$277	\$212	\$214
61	\$322	\$315	\$289	\$283	\$223	\$218
62	\$337	\$321	\$303	\$288	\$233	\$222
63	\$353	\$327	\$317	\$293	\$244	\$226
64	\$368	\$333	\$330	\$299	\$255	\$230

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$184	\$184	\$150	\$150
1	\$129	\$129	\$105	\$105
2-18	\$92	\$92	\$75	\$75
19	\$100	\$113	\$82	\$92
20	\$108	\$132	\$88	\$108
21	\$118	\$155	\$97	\$126
22	\$128	\$177	\$105	\$144
23	\$139	\$199	\$113	\$162
24	\$149	\$222	\$121	\$181
25	\$152	\$228	\$124	\$186
26	\$154	\$234	\$126	\$191
27	\$157	\$241	\$128	\$196
28	\$159	\$244	\$130	\$199
29	\$161	\$246	\$131	\$201
30	\$163	\$249	\$133	\$203
31	\$165	\$253	\$135	\$206
32	\$168	\$257	\$137	\$210
33	\$172	\$264	\$140	\$216
34	\$177	\$272	\$144	\$222
35	\$181	\$280	\$148	\$228
36	\$186	\$288	\$152	\$235
37	\$191	\$296	\$156	\$241
38	\$200	\$301	\$163	\$245
39	\$208	\$306	\$170	\$249
40	\$217	\$311	\$177	\$254
41	\$226	\$316	\$184	\$258
42	\$235	\$321	\$191	\$262
43	\$242	\$328	\$197	\$267
44	\$249	\$334	\$203	\$272
45	\$256	\$341	\$209	\$278
46	\$264	\$349	\$215	\$284
47	\$271	\$356	\$221	\$290
48	\$280	\$360	\$228	\$294
49	\$288	\$364	\$235	\$297
50	\$296	\$368	\$241	\$300
51	\$304	\$372	\$248	\$303
52	\$312	\$375	\$254	\$306
53	\$322	\$382	\$263	\$311
54	\$333	\$388	\$271	\$316
55	\$344	\$394	\$280	\$321
56	\$355	\$401	\$290	\$327
57	\$367	\$408	\$299	\$333
58	\$389	\$417	\$317	\$340
59	\$410	\$426	\$334	\$348
60	\$432	\$435	\$352	\$355
61	\$454	\$444	\$370	\$362
62	\$475	\$452	\$388	\$368
63	\$497	\$461	\$405	\$375
64	\$519	\$469	\$423	\$383

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$168	\$168	\$156	\$156	\$121	\$121	\$96	\$96
1	\$118	\$118	\$109	\$109	\$84	\$84	\$67	\$67
2-18	\$84	\$84	\$78	\$78	\$60	\$60	\$48	\$48
19	\$92	\$103	\$85	\$95	\$66	\$74	\$53	\$59
20	\$99	\$121	\$92	\$112	\$71	\$87	\$57	\$69
21	\$109	\$142	\$100	\$131	\$78	\$102	\$62	\$81
22	\$118	\$162	\$109	\$150	\$84	\$116	\$67	\$93
23	\$127	\$183	\$117	\$169	\$91	\$131	\$73	\$104
24	\$136	\$203	\$126	\$187	\$98	\$145	\$78	\$116
25	\$139	\$209	\$128	\$193	\$100	\$150	\$79	\$119
26	\$142	\$215	\$131	\$198	\$101	\$154	\$81	\$123
27	\$144	\$221	\$133	\$204	\$103	\$158	\$82	\$126
28	\$146	\$223	\$135	\$206	\$104	\$160	\$83	\$128
29	\$148	\$226	\$136	\$208	\$106	\$162	\$84	\$129
30	\$149	\$228	\$138	\$211	\$107	\$164	\$85	\$131
31	\$151	\$232	\$140	\$214	\$108	\$166	\$87	\$133
32	\$154	\$236	\$142	\$217	\$110	\$169	\$88	\$135
33	\$158	\$242	\$146	\$224	\$113	\$174	\$90	\$139
34	\$162	\$250	\$150	\$230	\$116	\$179	\$93	\$143
35	\$166	\$257	\$153	\$237	\$119	\$184	\$95	\$147
36	\$171	\$264	\$158	\$244	\$122	\$189	\$98	\$151
37	\$175	\$271	\$161	\$250	\$125	\$194	\$100	\$155
38	\$183	\$276	\$169	\$255	\$131	\$197	\$105	\$158
39	\$191	\$280	\$176	\$259	\$137	\$201	\$109	\$160
40	\$199	\$285	\$184	\$263	\$142	\$204	\$114	\$163
41	\$207	\$290	\$191	\$267	\$148	\$207	\$118	\$166
42	\$215	\$294	\$199	\$272	\$154	\$211	\$123	\$168
43	\$222	\$300	\$205	\$277	\$159	\$215	\$127	\$172
44	\$228	\$306	\$211	\$283	\$163	\$219	\$130	\$175
45	\$235	\$313	\$217	\$289	\$168	\$224	\$134	\$179
46	\$242	\$320	\$223	\$295	\$173	\$229	\$138	\$183
47	\$249	\$327	\$230	\$301	\$178	\$234	\$142	\$187
48	\$256	\$330	\$237	\$305	\$184	\$236	\$147	\$189
49	\$264	\$334	\$244	\$308	\$189	\$239	\$151	\$191
50	\$271	\$338	\$251	\$312	\$194	\$242	\$155	\$193
51	\$279	\$341	\$257	\$315	\$200	\$244	\$159	\$195
52	\$286	\$344	\$264	\$318	\$205	\$246	\$163	\$197
53	\$295	\$350	\$273	\$323	\$211	\$251	\$169	\$200
54	\$305	\$356	\$282	\$328	\$219	\$255	\$175	\$203
55	\$315	\$361	\$291	\$333	\$226	\$259	\$180	\$207
56	\$326	\$368	\$301	\$339	\$233	\$263	\$186	\$210
57	\$336	\$374	\$310	\$345	\$241	\$268	\$192	\$214
58	\$356	\$382	\$329	\$353	\$255	\$274	\$204	\$219
59	\$376	\$391	\$347	\$361	\$269	\$280	\$215	\$224
60	\$396	\$399	\$366	\$368	\$284	\$286	\$227	\$228
61	\$416	\$407	\$384	\$376	\$298	\$291	\$238	\$233
62	\$436	\$414	\$402	\$382	\$312	\$297	\$249	\$237
63	\$456	\$422	\$421	\$390	\$326	\$302	\$261	\$241
64	\$476	\$430	\$439	\$397	\$341	\$308	\$272	\$246

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$111	\$111	\$99	\$99	\$83	\$83	\$68	\$68
1	\$78	\$78	\$69	\$69	\$58	\$58	\$48	\$48
2-18	\$56	\$56	\$49	\$49	\$42	\$42	\$34	\$34
19	\$61	\$68	\$54	\$60	\$46	\$51	\$37	\$42
20	\$66	\$80	\$58	\$71	\$49	\$60	\$40	\$49
21	\$72	\$94	\$64	\$83	\$54	\$70	\$44	\$57
22	\$78	\$107	\$69	\$95	\$58	\$80	\$48	\$65
23	\$84	\$121	\$74	\$107	\$63	\$90	\$51	\$74
24	\$90	\$134	\$80	\$119	\$68	\$101	\$55	\$82
25	\$92	\$138	\$81	\$122	\$69	\$103	\$56	\$84
26	\$94	\$142	\$83	\$126	\$70	\$106	\$57	\$87
27	\$95	\$146	\$85	\$129	\$71	\$109	\$58	\$89
28	\$96	\$148	\$85	\$131	\$72	\$111	\$59	\$90
29	\$98	\$149	\$86	\$132	\$73	\$112	\$60	\$91
30	\$99	\$151	\$87	\$134	\$74	\$113	\$60	\$92
31	\$100	\$153	\$89	\$136	\$75	\$115	\$61	\$94
32	\$102	\$156	\$90	\$138	\$76	\$117	\$62	\$95
33	\$104	\$160	\$93	\$142	\$78	\$120	\$64	\$98
34	\$107	\$165	\$95	\$146	\$80	\$124	\$65	\$101
35	\$110	\$170	\$97	\$151	\$82	\$127	\$67	\$104
36	\$113	\$174	\$100	\$155	\$85	\$131	\$69	\$107
37	\$116	\$179	\$102	\$159	\$87	\$134	\$71	\$109
38	\$121	\$182	\$107	\$162	\$91	\$137	\$74	\$111
39	\$126	\$185	\$112	\$164	\$95	\$139	\$77	\$113
40	\$131	\$188	\$116	\$167	\$99	\$141	\$80	\$115
41	\$137	\$191	\$121	\$170	\$103	\$143	\$84	\$117
42	\$142	\$195	\$126	\$172	\$107	\$146	\$87	\$119
43	\$147	\$199	\$130	\$176	\$110	\$149	\$90	\$121
44	\$151	\$202	\$134	\$180	\$113	\$152	\$92	\$124
45	\$155	\$207	\$138	\$183	\$116	\$155	\$95	\$126
46	\$160	\$211	\$142	\$187	\$120	\$158	\$98	\$129
47	\$164	\$216	\$146	\$191	\$123	\$162	\$100	\$132
48	\$169	\$218	\$150	\$193	\$127	\$164	\$103	\$133
49	\$174	\$221	\$155	\$196	\$131	\$165	\$107	\$135
50	\$179	\$223	\$159	\$198	\$135	\$167	\$110	\$136
51	\$184	\$225	\$163	\$200	\$138	\$169	\$112	\$138
52	\$189	\$227	\$167	\$202	\$142	\$171	\$115	\$139
53	\$195	\$231	\$173	\$205	\$146	\$173	\$119	\$141
54	\$202	\$235	\$179	\$208	\$151	\$176	\$123	\$144
55	\$208	\$239	\$185	\$212	\$156	\$179	\$127	\$146
56	\$215	\$243	\$191	\$216	\$161	\$182	\$132	\$148
57	\$222	\$247	\$197	\$219	\$167	\$185	\$136	\$151
58	\$235	\$253	\$209	\$224	\$176	\$189	\$144	\$154
59	\$249	\$258	\$220	\$229	\$186	\$194	\$152	\$158
60	\$262	\$264	\$232	\$234	\$196	\$198	\$160	\$161
61	\$275	\$269	\$244	\$238	\$206	\$202	\$168	\$164
62	\$288	\$274	\$255	\$243	\$216	\$205	\$176	\$167
63	\$301	\$279	\$267	\$247	\$226	\$209	\$184	\$170
64	\$314	\$284	\$279	\$252	\$236	\$213	\$192	\$174

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$75	\$75	\$51	\$51	\$65	\$65	\$44	\$44
1	\$53	\$53	\$36	\$36	\$45	\$45	\$31	\$31
2-18	\$38	\$38	\$26	\$26	\$32	\$32	\$22	\$22
19	\$41	\$46	\$28	\$31	\$35	\$40	\$24	\$27
20	\$44	\$54	\$30	\$37	\$38	\$47	\$26	\$32
21	\$48	\$63	\$33	\$43	\$42	\$55	\$29	\$37
22	\$53	\$72	\$36	\$49	\$45	\$62	\$31	\$43
23	\$57	\$81	\$39	\$56	\$49	\$70	\$33	\$48
24	\$61	\$91	\$42	\$62	\$52	\$78	\$36	\$53
25	\$62	\$93	\$42	\$64	\$53	\$80	\$37	\$55
26	\$63	\$96	\$43	\$65	\$54	\$82	\$37	\$56
27	\$64	\$98	\$44	\$67	\$55	\$85	\$38	\$58
28	\$65	\$100	\$44	\$68	\$56	\$86	\$38	\$59
29	\$66	\$101	\$45	\$69	\$57	\$87	\$39	\$59
30	\$67	\$102	\$45	\$70	\$57	\$88	\$39	\$60
31	\$68	\$104	\$46	\$71	\$58	\$89	\$40	\$61
32	\$69	\$105	\$47	\$72	\$59	\$91	\$41	\$62
33	\$70	\$108	\$48	\$74	\$61	\$93	\$42	\$64
34	\$72	\$111	\$49	\$76	\$62	\$96	\$43	\$66
35	\$74	\$115	\$51	\$78	\$64	\$99	\$44	\$68
36	\$76	\$118	\$52	\$81	\$66	\$102	\$45	\$69
37	\$78	\$121	\$53	\$83	\$67	\$104	\$46	\$71
38	\$82	\$123	\$56	\$84	\$70	\$106	\$48	\$73
39	\$85	\$125	\$58	\$86	\$73	\$108	\$50	\$74
40	\$89	\$127	\$61	\$87	\$76	\$110	\$52	\$75
41	\$92	\$129	\$63	\$88	\$80	\$111	\$55	\$76
42	\$96	\$131	\$66	\$90	\$83	\$113	\$57	\$77
43	\$99	\$134	\$68	\$92	\$85	\$116	\$58	\$79
44	\$102	\$137	\$70	\$93	\$88	\$118	\$60	\$81
45	\$105	\$139	\$72	\$95	\$90	\$120	\$62	\$82
46	\$108	\$143	\$74	\$97	\$93	\$123	\$64	\$84
47	\$111	\$146	\$76	\$100	\$96	\$126	\$65	\$86
48	\$114	\$147	\$78	\$101	\$99	\$127	\$67	\$87
49	\$118	\$149	\$81	\$102	\$102	\$128	\$69	\$88
50	\$121	\$151	\$83	\$103	\$104	\$130	\$71	\$89
51	\$124	\$152	\$85	\$104	\$107	\$131	\$73	\$90
52	\$128	\$154	\$87	\$105	\$110	\$132	\$75	\$91
53	\$132	\$156	\$90	\$107	\$114	\$134	\$78	\$92
54	\$136	\$159	\$93	\$108	\$117	\$137	\$80	\$94
55	\$141	\$161	\$96	\$110	\$121	\$139	\$83	\$95
56	\$145	\$164	\$99	\$112	\$125	\$141	\$86	\$97
57	\$150	\$167	\$103	\$114	\$129	\$144	\$89	\$99
58	\$159	\$171	\$109	\$117	\$137	\$147	\$94	\$101
59	\$168	\$174	\$115	\$119	\$145	\$150	\$99	\$103
60	\$177	\$178	\$121	\$122	\$152	\$153	\$104	\$105
61	\$186	\$182	\$127	\$124	\$160	\$156	\$110	\$107
62	\$194	\$185	\$133	\$126	\$168	\$159	\$115	\$109
63	\$203	\$188	\$139	\$129	\$175	\$162	\$120	\$111
64	\$212	\$192	\$145	\$131	\$183	\$165	\$125	\$113

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$92	\$92	\$82	\$82	\$63	\$63
1	\$64	\$64	\$57	\$57	\$44	\$44
2-18	\$46	\$46	\$41	\$41	\$32	\$32
19	\$50	\$56	\$45	\$50	\$35	\$39
20	\$54	\$66	\$48	\$59	\$37	\$46
21	\$59	\$77	\$53	\$69	\$41	\$53
22	\$64	\$88	\$57	\$79	\$44	\$61
23	\$69	\$99	\$62	\$89	\$48	\$69
24	\$74	\$110	\$66	\$99	\$51	\$76
25	\$76	\$113	\$68	\$102	\$52	\$78
26	\$77	\$117	\$69	\$105	\$53	\$81
27	\$78	\$120	\$70	\$108	\$54	\$83
28	\$79	\$121	\$71	\$109	\$55	\$84
29	\$80	\$123	\$72	\$110	\$55	\$85
30	\$81	\$124	\$73	\$111	\$56	\$86
31	\$82	\$126	\$74	\$113	\$57	\$87
32	\$84	\$128	\$75	\$115	\$58	\$89
33	\$86	\$132	\$77	\$118	\$59	\$91
34	\$88	\$136	\$79	\$122	\$61	\$94
35	\$90	\$140	\$81	\$125	\$63	\$97
36	\$93	\$143	\$83	\$129	\$64	\$99
37	\$95	\$147	\$85	\$132	\$66	\$102
38	\$99	\$150	\$89	\$134	\$69	\$104
39	\$104	\$152	\$93	\$137	\$72	\$105
40	\$108	\$155	\$97	\$139	\$75	\$107
41	\$112	\$157	\$101	\$141	\$78	\$109
42	\$117	\$160	\$105	\$144	\$81	\$111
43	\$121	\$163	\$108	\$147	\$83	\$113
44	\$124	\$166	\$111	\$149	\$86	\$115
45	\$127	\$170	\$114	\$152	\$88	\$118
46	\$131	\$174	\$118	\$156	\$91	\$120
47	\$135	\$177	\$121	\$159	\$94	\$123
48	\$139	\$179	\$125	\$161	\$96	\$124
49	\$143	\$181	\$129	\$163	\$99	\$125
50	\$147	\$184	\$132	\$165	\$102	\$127
51	\$151	\$185	\$136	\$166	\$105	\$128
52	\$155	\$187	\$139	\$168	\$107	\$129
53	\$160	\$190	\$144	\$171	\$111	\$132
54	\$166	\$193	\$149	\$173	\$115	\$134
55	\$171	\$196	\$154	\$176	\$118	\$136
56	\$177	\$200	\$159	\$179	\$122	\$138
57	\$183	\$203	\$164	\$182	\$126	\$141
58	\$194	\$208	\$174	\$186	\$134	\$144
59	\$204	\$212	\$183	\$191	\$141	\$147
60	\$215	\$217	\$193	\$194	\$149	\$150
61	\$226	\$221	\$203	\$198	\$156	\$153
62	\$237	\$225	\$213	\$202	\$164	\$156
63	\$248	\$229	\$222	\$206	\$171	\$159
64	\$258	\$234	\$232	\$210	\$179	\$162

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$248	\$248	\$202	\$202
1	\$174	\$174	\$142	\$142
2-18	\$124	\$124	\$101	\$101
19	\$135	\$152	\$110	\$124
20	\$146	\$179	\$119	\$146
21	\$160	\$209	\$130	\$170
22	\$173	\$239	\$141	\$195
23	\$187	\$269	\$153	\$219
24	\$201	\$299	\$164	\$244
25	\$205	\$307	\$167	\$251
26	\$208	\$316	\$170	\$258
27	\$212	\$325	\$173	\$265
28	\$215	\$329	\$175	\$268
29	\$217	\$332	\$177	\$271
30	\$220	\$336	\$179	\$274
31	\$223	\$342	\$182	\$279
32	\$227	\$347	\$185	\$283
33	\$232	\$357	\$190	\$291
34	\$239	\$368	\$195	\$300
35	\$245	\$378	\$200	\$308
36	\$251	\$389	\$205	\$317
37	\$257	\$399	\$210	\$325
38	\$269	\$406	\$220	\$331
39	\$281	\$413	\$229	\$337
40	\$293	\$420	\$239	\$342
41	\$305	\$426	\$249	\$348
42	\$317	\$433	\$259	\$353
43	\$327	\$443	\$266	\$361
44	\$336	\$451	\$274	\$368
45	\$346	\$460	\$282	\$375
46	\$356	\$471	\$290	\$384
47	\$366	\$481	\$299	\$392
48	\$377	\$486	\$308	\$396
49	\$389	\$492	\$317	\$401
50	\$400	\$497	\$326	\$406
51	\$410	\$502	\$335	\$409
52	\$421	\$507	\$343	\$413
53	\$435	\$515	\$355	\$420
54	\$449	\$524	\$366	\$427
55	\$464	\$532	\$378	\$434
56	\$480	\$542	\$391	\$442
57	\$495	\$551	\$404	\$449
58	\$525	\$563	\$428	\$459
59	\$554	\$575	\$451	\$469
60	\$583	\$587	\$476	\$479
61	\$613	\$599	\$500	\$488
62	\$642	\$610	\$523	\$497
63	\$671	\$622	\$547	\$507
64	\$700	\$633	\$571	\$516

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$227	\$227	\$210	\$210	\$163	\$163	\$130	\$130
1	\$159	\$159	\$147	\$147	\$114	\$114	\$91	\$91
2-18	\$114	\$114	\$105	\$105	\$81	\$81	\$65	\$65
19	\$124	\$139	\$114	\$129	\$89	\$100	\$71	\$80
20	\$134	\$164	\$124	\$151	\$96	\$117	\$77	\$94
21	\$147	\$191	\$135	\$177	\$105	\$137	\$84	\$110
22	\$159	\$219	\$147	\$202	\$114	\$157	\$91	\$125
23	\$172	\$247	\$158	\$228	\$123	\$177	\$98	\$141
24	\$184	\$274	\$170	\$253	\$132	\$196	\$105	\$157
25	\$188	\$282	\$173	\$260	\$134	\$202	\$107	\$161
26	\$191	\$290	\$176	\$267	\$137	\$207	\$109	\$166
27	\$195	\$298	\$180	\$275	\$139	\$213	\$111	\$170
28	\$197	\$301	\$182	\$278	\$141	\$216	\$113	\$172
29	\$199	\$305	\$184	\$281	\$143	\$218	\$114	\$174
30	\$201	\$308	\$186	\$285	\$144	\$221	\$115	\$176
31	\$204	\$313	\$189	\$289	\$146	\$224	\$117	\$179
32	\$208	\$318	\$192	\$294	\$149	\$228	\$119	\$182
33	\$213	\$327	\$197	\$302	\$153	\$234	\$122	\$187
34	\$219	\$337	\$202	\$311	\$157	\$241	\$125	\$193
35	\$224	\$347	\$207	\$320	\$161	\$248	\$128	\$198
36	\$230	\$356	\$213	\$329	\$165	\$255	\$132	\$204
37	\$236	\$366	\$218	\$338	\$169	\$262	\$135	\$209
38	\$247	\$372	\$228	\$344	\$177	\$267	\$141	\$213
39	\$258	\$378	\$238	\$349	\$185	\$271	\$147	\$216
40	\$268	\$385	\$248	\$355	\$192	\$276	\$154	\$220
41	\$280	\$391	\$258	\$361	\$200	\$280	\$160	\$224
42	\$291	\$397	\$268	\$367	\$208	\$285	\$166	\$227
43	\$299	\$406	\$276	\$374	\$214	\$291	\$171	\$232
44	\$308	\$414	\$284	\$382	\$221	\$296	\$176	\$237
45	\$317	\$422	\$292	\$389	\$227	\$302	\$181	\$241
46	\$326	\$431	\$301	\$398	\$234	\$309	\$187	\$247
47	\$336	\$441	\$310	\$407	\$241	\$316	\$192	\$252
48	\$346	\$446	\$319	\$411	\$248	\$319	\$198	\$255
49	\$356	\$451	\$329	\$416	\$255	\$323	\$204	\$258
50	\$366	\$456	\$338	\$421	\$262	\$327	\$210	\$261
51	\$376	\$460	\$347	\$425	\$269	\$330	\$215	\$263
52	\$386	\$465	\$356	\$429	\$276	\$333	\$221	\$266
53	\$399	\$472	\$368	\$436	\$285	\$338	\$228	\$270
54	\$412	\$480	\$380	\$443	\$295	\$344	\$236	\$275
55	\$425	\$488	\$393	\$450	\$305	\$349	\$243	\$279
56	\$440	\$496	\$406	\$458	\$315	\$356	\$252	\$284
57	\$454	\$505	\$419	\$466	\$325	\$362	\$260	\$289
58	\$481	\$516	\$444	\$476	\$344	\$370	\$275	\$295
59	\$508	\$528	\$469	\$487	\$364	\$378	\$290	\$302
60	\$535	\$538	\$494	\$497	\$383	\$386	\$306	\$308
61	\$562	\$549	\$519	\$507	\$402	\$393	\$321	\$314
62	\$588	\$559	\$543	\$516	\$421	\$401	\$337	\$320
63	\$615	\$570	\$568	\$526	\$441	\$408	\$352	\$326
64	\$642	\$581	\$593	\$536	\$460	\$416	\$367	\$332

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$150	\$150	\$133	\$133	\$113	\$113	\$92	\$92
1	\$105	\$105	\$93	\$93	\$79	\$79	\$64	\$64
2-18	\$75	\$75	\$67	\$67	\$56	\$56	\$46	\$46
19	\$82	\$92	\$73	\$82	\$61	\$69	\$50	\$56
20	\$88	\$108	\$78	\$96	\$66	\$81	\$54	\$66
21	\$97	\$127	\$86	\$112	\$73	\$95	\$59	\$77
22	\$105	\$145	\$93	\$128	\$79	\$108	\$64	\$88
23	\$113	\$163	\$101	\$144	\$85	\$122	\$69	\$100
24	\$122	\$181	\$108	\$161	\$91	\$136	\$74	\$111
25	\$124	\$186	\$110	\$165	\$93	\$140	\$76	\$114
26	\$126	\$191	\$112	\$170	\$95	\$143	\$77	\$117
27	\$129	\$197	\$114	\$174	\$96	\$148	\$79	\$120
28	\$130	\$199	\$115	\$177	\$98	\$149	\$79	\$122
29	\$132	\$201	\$117	\$179	\$99	\$151	\$80	\$123
30	\$133	\$204	\$118	\$181	\$100	\$153	\$81	\$125
31	\$135	\$207	\$120	\$183	\$101	\$155	\$82	\$126
32	\$137	\$210	\$122	\$186	\$103	\$158	\$84	\$128
33	\$141	\$216	\$125	\$192	\$106	\$162	\$86	\$132
34	\$145	\$223	\$128	\$197	\$108	\$167	\$88	\$136
35	\$148	\$229	\$132	\$203	\$111	\$172	\$91	\$140
36	\$152	\$236	\$135	\$209	\$114	\$177	\$93	\$144
37	\$156	\$242	\$138	\$214	\$117	\$181	\$95	\$148
38	\$163	\$246	\$145	\$218	\$122	\$184	\$100	\$150
39	\$170	\$250	\$151	\$222	\$128	\$188	\$104	\$153
40	\$177	\$254	\$157	\$226	\$133	\$191	\$108	\$155
41	\$185	\$258	\$164	\$229	\$138	\$194	\$113	\$158
42	\$192	\$263	\$170	\$233	\$144	\$197	\$117	\$160
43	\$198	\$268	\$175	\$238	\$148	\$201	\$121	\$164
44	\$204	\$273	\$180	\$242	\$153	\$205	\$124	\$167
45	\$209	\$279	\$186	\$247	\$157	\$209	\$128	\$170
46	\$216	\$285	\$191	\$253	\$162	\$214	\$132	\$174
47	\$222	\$291	\$197	\$258	\$166	\$218	\$136	\$178
48	\$229	\$295	\$203	\$261	\$171	\$221	\$140	\$180
49	\$236	\$298	\$209	\$264	\$177	\$223	\$144	\$182
50	\$242	\$301	\$215	\$267	\$182	\$226	\$148	\$184
51	\$249	\$304	\$220	\$270	\$186	\$228	\$152	\$186
52	\$255	\$307	\$226	\$272	\$191	\$230	\$156	\$188
53	\$263	\$312	\$234	\$277	\$197	\$234	\$161	\$191
54	\$272	\$317	\$241	\$281	\$204	\$238	\$166	\$194
55	\$281	\$322	\$249	\$286	\$211	\$242	\$172	\$197
56	\$291	\$328	\$258	\$291	\$218	\$246	\$178	\$200
57	\$300	\$334	\$266	\$296	\$225	\$250	\$183	\$204
58	\$318	\$341	\$282	\$302	\$238	\$256	\$194	\$208
59	\$336	\$349	\$297	\$309	\$252	\$261	\$205	\$213
60	\$353	\$356	\$313	\$316	\$265	\$267	\$216	\$217
61	\$371	\$363	\$329	\$322	\$278	\$272	\$227	\$222
62	\$389	\$370	\$345	\$328	\$292	\$277	\$238	\$226
63	\$407	\$377	\$360	\$334	\$305	\$282	\$248	\$230
64	\$424	\$384	\$376	\$340	\$318	\$288	\$259	\$234

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$102	\$102	\$69	\$69	\$87	\$87	\$60	\$60
1	\$71	\$71	\$49	\$49	\$61	\$61	\$42	\$42
2-18	\$51	\$51	\$35	\$35	\$44	\$44	\$30	\$30
19	\$55	\$62	\$38	\$42	\$48	\$54	\$33	\$37
20	\$60	\$73	\$41	\$50	\$51	\$63	\$35	\$43
21	\$65	\$85	\$45	\$58	\$56	\$74	\$39	\$50
22	\$71	\$98	\$48	\$67	\$61	\$84	\$42	\$58
23	\$77	\$110	\$52	\$75	\$66	\$95	\$45	\$65
24	\$82	\$122	\$56	\$84	\$71	\$105	\$48	\$72
25	\$84	\$126	\$57	\$86	\$72	\$108	\$49	\$74
26	\$85	\$129	\$58	\$88	\$73	\$111	\$50	\$76
27	\$87	\$133	\$59	\$91	\$75	\$114	\$51	\$78
28	\$88	\$134	\$60	\$92	\$76	\$116	\$52	\$79
29	\$89	\$136	\$61	\$93	\$77	\$117	\$52	\$80
30	\$90	\$138	\$61	\$94	\$77	\$119	\$53	\$81
31	\$91	\$140	\$62	\$96	\$79	\$120	\$54	\$82
32	\$93	\$142	\$63	\$97	\$80	\$122	\$55	\$84
33	\$95	\$146	\$65	\$100	\$82	\$126	\$56	\$86
34	\$98	\$150	\$67	\$103	\$84	\$130	\$58	\$89
35	\$100	\$155	\$68	\$106	\$86	\$133	\$59	\$91
36	\$103	\$159	\$70	\$109	\$89	\$137	\$61	\$94
37	\$105	\$163	\$72	\$112	\$91	\$141	\$62	\$96
38	\$110	\$166	\$75	\$114	\$95	\$143	\$65	\$98
39	\$115	\$169	\$79	\$115	\$99	\$146	\$68	\$100
40	\$120	\$172	\$82	\$117	\$103	\$148	\$71	\$101
41	\$125	\$174	\$85	\$119	\$107	\$150	\$74	\$103
42	\$130	\$177	\$89	\$121	\$112	\$153	\$77	\$105
43	\$134	\$181	\$91	\$124	\$115	\$156	\$79	\$107
44	\$137	\$185	\$94	\$126	\$118	\$159	\$81	\$109
45	\$141	\$188	\$97	\$129	\$122	\$162	\$83	\$111
46	\$146	\$193	\$99	\$132	\$125	\$166	\$86	\$114
47	\$150	\$197	\$102	\$134	\$129	\$169	\$88	\$116
48	\$154	\$199	\$106	\$136	\$133	\$171	\$91	\$117
49	\$159	\$201	\$109	\$137	\$137	\$173	\$94	\$119
50	\$164	\$203	\$112	\$139	\$141	\$175	\$96	\$120
51	\$168	\$205	\$115	\$140	\$145	\$177	\$99	\$121
52	\$172	\$207	\$118	\$142	\$148	\$179	\$102	\$122
53	\$178	\$211	\$122	\$144	\$153	\$182	\$105	\$124
54	\$184	\$214	\$126	\$146	\$158	\$185	\$108	\$126
55	\$190	\$218	\$130	\$149	\$164	\$187	\$112	\$128
56	\$196	\$222	\$134	\$151	\$169	\$191	\$116	\$131
57	\$203	\$225	\$138	\$154	\$175	\$194	\$120	\$133
58	\$215	\$230	\$147	\$157	\$185	\$198	\$127	\$136
59	\$227	\$235	\$155	\$161	\$195	\$203	\$134	\$139
60	\$239	\$240	\$163	\$164	\$206	\$207	\$141	\$142
61	\$251	\$245	\$171	\$167	\$216	\$211	\$148	\$145
62	\$263	\$250	\$179	\$171	\$226	\$215	\$155	\$147
63	\$275	\$254	\$188	\$174	\$236	\$219	\$162	\$150
64	\$287	\$259	\$196	\$177	\$247	\$223	\$169	\$153

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Johnson
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$124	\$124	\$111	\$111	\$86	\$86
1	\$86	\$86	\$78	\$78	\$60	\$60
2-18	\$62	\$62	\$55	\$55	\$43	\$43
19	\$67	\$76	\$60	\$68	\$47	\$52
20	\$73	\$89	\$65	\$80	\$50	\$62
21	\$80	\$104	\$71	\$93	\$55	\$72
22	\$86	\$119	\$77	\$107	\$60	\$82
23	\$93	\$134	\$84	\$120	\$65	\$93
24	\$100	\$149	\$90	\$134	\$69	\$103
25	\$102	\$153	\$91	\$137	\$71	\$106
26	\$104	\$157	\$93	\$141	\$72	\$109
27	\$106	\$162	\$95	\$145	\$73	\$112
28	\$107	\$164	\$96	\$147	\$74	\$113
29	\$108	\$166	\$97	\$149	\$75	\$115
30	\$109	\$168	\$98	\$150	\$76	\$116
31	\$111	\$170	\$100	\$153	\$77	\$118
32	\$113	\$173	\$101	\$155	\$78	\$120
33	\$116	\$178	\$104	\$160	\$80	\$123
34	\$119	\$183	\$107	\$164	\$82	\$127
35	\$122	\$188	\$109	\$169	\$84	\$130
36	\$125	\$194	\$112	\$174	\$87	\$134
37	\$128	\$199	\$115	\$178	\$89	\$138
38	\$134	\$202	\$120	\$182	\$93	\$140
39	\$140	\$206	\$126	\$185	\$97	\$142
40	\$146	\$209	\$131	\$188	\$101	\$145
41	\$152	\$212	\$136	\$191	\$105	\$147
42	\$158	\$216	\$142	\$194	\$109	\$149
43	\$163	\$220	\$146	\$198	\$113	\$153
44	\$167	\$225	\$150	\$202	\$116	\$155
45	\$172	\$229	\$154	\$206	\$119	\$159
46	\$177	\$234	\$159	\$210	\$123	\$162
47	\$182	\$239	\$164	\$215	\$126	\$166
48	\$188	\$242	\$169	\$217	\$130	\$168
49	\$194	\$245	\$174	\$220	\$134	\$169
50	\$199	\$248	\$179	\$222	\$138	\$171
51	\$204	\$250	\$183	\$224	\$141	\$173
52	\$210	\$252	\$188	\$227	\$145	\$175
53	\$217	\$257	\$194	\$230	\$150	\$178
54	\$224	\$261	\$201	\$234	\$155	\$180
55	\$231	\$265	\$207	\$238	\$160	\$183
56	\$239	\$270	\$214	\$242	\$165	\$187
57	\$247	\$275	\$221	\$246	\$171	\$190
58	\$261	\$280	\$234	\$252	\$181	\$194
59	\$276	\$287	\$248	\$257	\$191	\$198
60	\$291	\$293	\$261	\$263	\$201	\$202
61	\$305	\$298	\$274	\$268	\$211	\$206
62	\$320	\$304	\$287	\$273	\$221	\$210
63	\$334	\$310	\$300	\$278	\$231	\$214
64	\$349	\$315	\$313	\$283	\$241	\$218

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$168	\$168	\$137	\$137
1	\$118	\$118	\$96	\$96
2-18	\$84	\$84	\$69	\$69
19	\$92	\$103	\$75	\$84
20	\$99	\$121	\$81	\$99
21	\$109	\$142	\$88	\$116
22	\$118	\$162	\$96	\$132
23	\$127	\$183	\$104	\$149
24	\$136	\$203	\$111	\$166
25	\$139	\$209	\$113	\$170
26	\$142	\$214	\$115	\$175
27	\$144	\$221	\$118	\$180
28	\$146	\$223	\$119	\$182
29	\$148	\$226	\$120	\$184
30	\$149	\$228	\$122	\$186
31	\$151	\$232	\$123	\$189
32	\$154	\$236	\$125	\$192
33	\$158	\$242	\$129	\$198
34	\$162	\$250	\$132	\$203
35	\$166	\$257	\$136	\$209
36	\$171	\$264	\$139	\$215
37	\$175	\$271	\$143	\$221
38	\$183	\$276	\$149	\$225
39	\$191	\$280	\$156	\$229
40	\$199	\$285	\$162	\$232
41	\$207	\$290	\$169	\$236
42	\$215	\$294	\$176	\$240
43	\$222	\$300	\$181	\$245
44	\$228	\$306	\$186	\$250
45	\$235	\$313	\$191	\$255
46	\$242	\$320	\$197	\$261
47	\$249	\$327	\$203	\$266
48	\$256	\$330	\$209	\$269
49	\$264	\$334	\$215	\$272
50	\$271	\$338	\$221	\$275
51	\$279	\$341	\$227	\$278
52	\$286	\$344	\$233	\$281
53	\$295	\$350	\$241	\$285
54	\$305	\$356	\$249	\$290
55	\$315	\$361	\$257	\$295
56	\$326	\$368	\$266	\$300
57	\$336	\$374	\$274	\$305
58	\$356	\$382	\$290	\$312
59	\$376	\$391	\$307	\$319
60	\$396	\$399	\$323	\$325
61	\$416	\$407	\$339	\$332
62	\$436	\$414	\$355	\$338
63	\$456	\$422	\$372	\$344
64	\$476	\$430	\$388	\$351

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$154	\$154	\$143	\$143	\$111	\$111	\$88	\$88
1	\$108	\$108	\$100	\$100	\$77	\$77	\$62	\$62
2-18	\$77	\$77	\$71	\$71	\$55	\$55	\$44	\$44
19	\$84	\$95	\$78	\$87	\$60	\$68	\$48	\$54
20	\$91	\$111	\$84	\$103	\$65	\$80	\$52	\$64
21	\$99	\$130	\$92	\$120	\$71	\$93	\$57	\$74
22	\$108	\$149	\$100	\$137	\$77	\$106	\$62	\$85
23	\$116	\$167	\$108	\$155	\$83	\$120	\$67	\$96
24	\$125	\$186	\$115	\$172	\$89	\$133	\$71	\$106
25	\$127	\$191	\$118	\$177	\$91	\$137	\$73	\$109
26	\$130	\$197	\$120	\$182	\$93	\$141	\$74	\$112
27	\$132	\$202	\$122	\$187	\$95	\$145	\$76	\$116
28	\$134	\$205	\$123	\$189	\$96	\$147	\$76	\$117
29	\$135	\$207	\$125	\$191	\$97	\$148	\$77	\$118
30	\$137	\$209	\$126	\$193	\$98	\$150	\$78	\$120
31	\$139	\$213	\$128	\$196	\$99	\$152	\$79	\$122
32	\$141	\$216	\$130	\$199	\$101	\$155	\$81	\$124
33	\$145	\$222	\$134	\$205	\$104	\$159	\$83	\$127
34	\$148	\$229	\$137	\$211	\$106	\$164	\$85	\$131
35	\$152	\$235	\$141	\$217	\$109	\$169	\$87	\$135
36	\$156	\$242	\$144	\$223	\$112	\$173	\$90	\$138
37	\$160	\$248	\$148	\$229	\$115	\$178	\$92	\$142
38	\$168	\$253	\$155	\$233	\$120	\$181	\$96	\$145
39	\$175	\$257	\$162	\$237	\$125	\$184	\$100	\$147
40	\$182	\$261	\$168	\$241	\$131	\$187	\$104	\$149
41	\$190	\$265	\$175	\$245	\$136	\$190	\$109	\$152
42	\$197	\$270	\$182	\$249	\$141	\$193	\$113	\$154
43	\$203	\$275	\$188	\$254	\$146	\$197	\$116	\$158
44	\$209	\$281	\$193	\$259	\$150	\$201	\$120	\$161
45	\$215	\$287	\$199	\$264	\$154	\$205	\$123	\$164
46	\$221	\$293	\$204	\$270	\$159	\$210	\$127	\$168
47	\$228	\$299	\$211	\$276	\$163	\$214	\$130	\$171
48	\$235	\$303	\$217	\$279	\$168	\$217	\$134	\$173
49	\$242	\$306	\$223	\$282	\$173	\$219	\$138	\$175
50	\$249	\$310	\$230	\$286	\$178	\$222	\$142	\$177
51	\$255	\$312	\$236	\$288	\$183	\$224	\$146	\$179
52	\$262	\$315	\$242	\$291	\$188	\$226	\$150	\$180
53	\$271	\$321	\$250	\$296	\$194	\$230	\$155	\$183
54	\$280	\$326	\$258	\$301	\$200	\$233	\$160	\$186
55	\$289	\$331	\$267	\$306	\$207	\$237	\$165	\$189
56	\$299	\$337	\$276	\$311	\$214	\$241	\$171	\$193
57	\$308	\$343	\$285	\$317	\$221	\$246	\$176	\$196
58	\$326	\$350	\$301	\$324	\$234	\$251	\$187	\$200
59	\$345	\$358	\$318	\$331	\$247	\$257	\$197	\$205
60	\$363	\$366	\$335	\$338	\$260	\$262	\$208	\$209
61	\$381	\$373	\$352	\$344	\$273	\$267	\$218	\$213
62	\$400	\$380	\$369	\$351	\$286	\$272	\$229	\$217
63	\$418	\$387	\$386	\$357	\$299	\$277	\$239	\$221
64	\$436	\$394	\$402	\$364	\$312	\$282	\$249	\$226

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$102	\$102	\$91	\$91	\$77	\$77	\$62	\$62
1	\$71	\$71	\$63	\$63	\$54	\$54	\$44	\$44
2-18	\$51	\$51	\$45	\$45	\$38	\$38	\$31	\$31
19	\$56	\$62	\$49	\$55	\$42	\$47	\$34	\$38
20	\$60	\$74	\$53	\$65	\$45	\$55	\$37	\$45
21	\$66	\$86	\$58	\$76	\$49	\$64	\$40	\$52
22	\$71	\$98	\$63	\$87	\$53	\$74	\$44	\$60
23	\$77	\$111	\$68	\$98	\$58	\$83	\$47	\$68
24	\$83	\$123	\$73	\$109	\$62	\$92	\$50	\$75
25	\$84	\$127	\$75	\$112	\$63	\$95	\$51	\$77
26	\$86	\$130	\$76	\$115	\$64	\$97	\$52	\$79
27	\$87	\$134	\$77	\$118	\$66	\$100	\$53	\$82
28	\$88	\$135	\$78	\$120	\$66	\$101	\$54	\$83
29	\$89	\$137	\$79	\$121	\$67	\$103	\$55	\$84
30	\$90	\$138	\$80	\$123	\$68	\$104	\$55	\$85
31	\$92	\$141	\$81	\$125	\$69	\$105	\$56	\$86
32	\$93	\$143	\$83	\$127	\$70	\$107	\$57	\$87
33	\$96	\$147	\$85	\$130	\$72	\$110	\$58	\$90
34	\$98	\$151	\$87	\$134	\$74	\$113	\$60	\$92
35	\$101	\$156	\$89	\$138	\$76	\$117	\$62	\$95
36	\$103	\$160	\$92	\$142	\$78	\$120	\$63	\$98
37	\$106	\$164	\$94	\$146	\$79	\$123	\$65	\$100
38	\$111	\$167	\$98	\$148	\$83	\$125	\$68	\$102
39	\$116	\$170	\$103	\$151	\$87	\$127	\$71	\$104
40	\$120	\$173	\$107	\$153	\$90	\$129	\$74	\$106
41	\$125	\$175	\$111	\$156	\$94	\$132	\$77	\$107
42	\$130	\$178	\$116	\$158	\$98	\$134	\$80	\$109
43	\$134	\$182	\$119	\$161	\$101	\$136	\$82	\$111
44	\$138	\$186	\$123	\$165	\$104	\$139	\$84	\$113
45	\$142	\$189	\$126	\$168	\$107	\$142	\$87	\$116
46	\$146	\$194	\$130	\$172	\$110	\$145	\$89	\$118
47	\$151	\$198	\$134	\$175	\$113	\$148	\$92	\$121
48	\$155	\$200	\$138	\$177	\$116	\$150	\$95	\$122
49	\$160	\$202	\$142	\$179	\$120	\$152	\$98	\$124
50	\$164	\$205	\$146	\$181	\$123	\$153	\$100	\$125
51	\$169	\$206	\$150	\$183	\$127	\$155	\$103	\$126
52	\$173	\$208	\$153	\$185	\$130	\$156	\$106	\$127
53	\$179	\$212	\$159	\$188	\$134	\$159	\$109	\$129
54	\$185	\$215	\$164	\$191	\$139	\$161	\$113	\$132
55	\$191	\$219	\$169	\$194	\$143	\$164	\$117	\$134
56	\$197	\$223	\$175	\$198	\$148	\$167	\$121	\$136
57	\$204	\$227	\$181	\$201	\$153	\$170	\$124	\$139
58	\$216	\$232	\$191	\$205	\$162	\$174	\$132	\$142
59	\$228	\$237	\$202	\$210	\$171	\$177	\$139	\$145
60	\$240	\$242	\$213	\$214	\$180	\$181	\$147	\$148
61	\$252	\$246	\$224	\$219	\$189	\$185	\$154	\$151
62	\$264	\$251	\$234	\$223	\$198	\$188	\$161	\$153
63	\$276	\$256	\$245	\$227	\$207	\$192	\$169	\$156
64	\$288	\$261	\$255	\$231	\$216	\$195	\$176	\$159

Note: 10% discount for two or more members on a plan.
 Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$69	\$69	\$47	\$47	\$59	\$59	\$41	\$41
1	\$48	\$48	\$33	\$33	\$42	\$42	\$28	\$28
2-18	\$34	\$34	\$24	\$24	\$30	\$30	\$20	\$20
19	\$38	\$42	\$26	\$29	\$32	\$36	\$22	\$25
20	\$41	\$50	\$28	\$34	\$35	\$43	\$24	\$29
21	\$44	\$58	\$30	\$40	\$38	\$50	\$26	\$34
22	\$48	\$66	\$33	\$45	\$41	\$57	\$28	\$39
23	\$52	\$75	\$36	\$51	\$45	\$64	\$31	\$44
24	\$56	\$83	\$38	\$57	\$48	\$72	\$33	\$49
25	\$57	\$85	\$39	\$58	\$49	\$74	\$34	\$50
26	\$58	\$88	\$40	\$60	\$50	\$76	\$34	\$52
27	\$59	\$90	\$40	\$62	\$51	\$78	\$35	\$53
28	\$60	\$91	\$41	\$62	\$51	\$79	\$35	\$54
29	\$60	\$92	\$41	\$63	\$52	\$80	\$36	\$54
30	\$61	\$93	\$42	\$64	\$53	\$81	\$36	\$55
31	\$62	\$95	\$42	\$65	\$53	\$82	\$37	\$56
32	\$63	\$96	\$43	\$66	\$54	\$83	\$37	\$57
33	\$65	\$99	\$44	\$68	\$56	\$85	\$38	\$58
34	\$66	\$102	\$45	\$70	\$57	\$88	\$39	\$60
35	\$68	\$105	\$46	\$72	\$59	\$91	\$40	\$62
36	\$70	\$108	\$48	\$74	\$60	\$93	\$41	\$64
37	\$72	\$111	\$49	\$76	\$62	\$96	\$42	\$65
38	\$75	\$113	\$51	\$77	\$64	\$97	\$44	\$67
39	\$78	\$115	\$53	\$78	\$67	\$99	\$46	\$68
40	\$81	\$117	\$56	\$80	\$70	\$100	\$48	\$69
41	\$85	\$118	\$58	\$81	\$73	\$102	\$50	\$70
42	\$88	\$120	\$60	\$82	\$76	\$104	\$52	\$71
43	\$91	\$123	\$62	\$84	\$78	\$106	\$54	\$73
44	\$93	\$125	\$64	\$86	\$80	\$108	\$55	\$74
45	\$96	\$128	\$66	\$87	\$83	\$110	\$57	\$75
46	\$99	\$131	\$68	\$89	\$85	\$113	\$58	\$77
47	\$102	\$134	\$70	\$91	\$88	\$115	\$60	\$79
48	\$105	\$135	\$72	\$92	\$90	\$116	\$62	\$80
49	\$108	\$137	\$74	\$93	\$93	\$118	\$64	\$81
50	\$111	\$138	\$76	\$94	\$96	\$119	\$66	\$82
51	\$114	\$139	\$78	\$95	\$98	\$120	\$67	\$82
52	\$117	\$141	\$80	\$96	\$101	\$121	\$69	\$83
53	\$121	\$143	\$83	\$98	\$104	\$123	\$71	\$84
54	\$125	\$145	\$85	\$99	\$108	\$125	\$74	\$86
55	\$129	\$148	\$88	\$101	\$111	\$127	\$76	\$87
56	\$133	\$150	\$91	\$103	\$115	\$130	\$79	\$89
57	\$138	\$153	\$94	\$105	\$119	\$132	\$81	\$90
58	\$146	\$156	\$100	\$107	\$126	\$135	\$86	\$92
59	\$154	\$160	\$105	\$109	\$133	\$138	\$91	\$94
60	\$162	\$163	\$111	\$112	\$140	\$141	\$96	\$96
61	\$170	\$166	\$116	\$114	\$147	\$143	\$100	\$98
62	\$178	\$169	\$122	\$116	\$154	\$146	\$105	\$100
63	\$186	\$173	\$127	\$118	\$161	\$149	\$110	\$102
64	\$195	\$176	\$133	\$120	\$168	\$152	\$115	\$104

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$84	\$84	\$75	\$75	\$58	\$58
1	\$59	\$59	\$53	\$53	\$41	\$41
2-18	\$42	\$42	\$38	\$38	\$29	\$29
19	\$46	\$51	\$41	\$46	\$32	\$36
20	\$49	\$60	\$44	\$54	\$34	\$42
21	\$54	\$71	\$49	\$63	\$37	\$49
22	\$59	\$81	\$53	\$72	\$41	\$56
23	\$63	\$91	\$57	\$82	\$44	\$63
24	\$68	\$101	\$61	\$91	\$47	\$70
25	\$69	\$104	\$62	\$93	\$48	\$72
26	\$70	\$107	\$63	\$96	\$49	\$74
27	\$72	\$110	\$64	\$99	\$50	\$76
28	\$73	\$111	\$65	\$100	\$50	\$77
29	\$73	\$112	\$66	\$101	\$51	\$78
30	\$74	\$114	\$67	\$102	\$51	\$79
31	\$75	\$116	\$68	\$104	\$52	\$80
32	\$77	\$117	\$69	\$105	\$53	\$81
33	\$79	\$121	\$71	\$108	\$54	\$84
34	\$81	\$124	\$72	\$112	\$56	\$86
35	\$83	\$128	\$74	\$115	\$57	\$89
36	\$85	\$131	\$76	\$118	\$59	\$91
37	\$87	\$135	\$78	\$121	\$60	\$93
38	\$91	\$137	\$82	\$123	\$63	\$95
39	\$95	\$140	\$85	\$125	\$66	\$97
40	\$99	\$142	\$89	\$127	\$69	\$98
41	\$103	\$144	\$93	\$129	\$71	\$100
42	\$107	\$147	\$96	\$132	\$74	\$101
43	\$110	\$150	\$99	\$134	\$76	\$104
44	\$114	\$153	\$102	\$137	\$79	\$106
45	\$117	\$156	\$105	\$140	\$81	\$108
46	\$120	\$159	\$108	\$143	\$83	\$110
47	\$124	\$163	\$111	\$146	\$86	\$113
48	\$128	\$164	\$115	\$148	\$88	\$114
49	\$131	\$166	\$118	\$149	\$91	\$115
50	\$135	\$168	\$121	\$151	\$94	\$116
51	\$139	\$170	\$125	\$152	\$96	\$117
52	\$142	\$171	\$128	\$154	\$98	\$119
53	\$147	\$174	\$132	\$156	\$102	\$121
54	\$152	\$177	\$136	\$159	\$105	\$123
55	\$157	\$180	\$141	\$161	\$109	\$124
56	\$162	\$183	\$146	\$164	\$112	\$127
57	\$168	\$186	\$150	\$167	\$116	\$129
58	\$177	\$190	\$159	\$171	\$123	\$132
59	\$187	\$195	\$168	\$175	\$130	\$135
60	\$197	\$199	\$177	\$178	\$137	\$137
61	\$207	\$203	\$186	\$182	\$143	\$140
62	\$217	\$206	\$195	\$185	\$150	\$143
63	\$227	\$210	\$204	\$189	\$157	\$145
64	\$237	\$214	\$213	\$192	\$164	\$148

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$227	\$227	\$185	\$185
1	\$159	\$159	\$130	\$130
2-18	\$114	\$114	\$93	\$93
19	\$124	\$139	\$101	\$114
20	\$134	\$164	\$109	\$134
21	\$147	\$191	\$119	\$156
22	\$159	\$219	\$130	\$178
23	\$172	\$247	\$140	\$201
24	\$184	\$274	\$150	\$224
25	\$188	\$282	\$153	\$230
26	\$191	\$290	\$156	\$236
27	\$195	\$298	\$159	\$243
28	\$197	\$301	\$160	\$246
29	\$199	\$305	\$162	\$248
30	\$201	\$308	\$164	\$251
31	\$204	\$313	\$167	\$255
32	\$208	\$318	\$169	\$259
33	\$213	\$327	\$174	\$267
34	\$219	\$337	\$178	\$275
35	\$224	\$347	\$183	\$283
36	\$230	\$356	\$188	\$291
37	\$236	\$366	\$192	\$298
38	\$247	\$372	\$201	\$304
39	\$258	\$378	\$210	\$309
40	\$268	\$385	\$219	\$314
41	\$280	\$391	\$228	\$319
42	\$291	\$397	\$237	\$324
43	\$299	\$406	\$244	\$331
44	\$308	\$414	\$251	\$337
45	\$317	\$422	\$258	\$344
46	\$326	\$431	\$266	\$352
47	\$336	\$441	\$274	\$359
48	\$346	\$446	\$282	\$363
49	\$356	\$451	\$291	\$367
50	\$366	\$456	\$299	\$372
51	\$376	\$460	\$307	\$375
52	\$386	\$465	\$315	\$379
53	\$399	\$472	\$325	\$385
54	\$412	\$480	\$336	\$391
55	\$425	\$488	\$347	\$398
56	\$440	\$496	\$359	\$405
57	\$454	\$505	\$370	\$412
58	\$481	\$516	\$392	\$421
59	\$508	\$528	\$414	\$430
60	\$535	\$538	\$436	\$439
61	\$562	\$549	\$458	\$448
62	\$588	\$559	\$480	\$456
63	\$615	\$570	\$502	\$465
64	\$642	\$581	\$524	\$473

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$209	\$209	\$192	\$192	\$149	\$149	\$119	\$119
1	\$146	\$146	\$135	\$135	\$104	\$104	\$83	\$83
2-18	\$104	\$104	\$96	\$96	\$75	\$75	\$60	\$60
19	\$114	\$128	\$105	\$118	\$81	\$91	\$65	\$73
20	\$123	\$150	\$113	\$139	\$88	\$108	\$70	\$86
21	\$134	\$176	\$124	\$162	\$96	\$126	\$77	\$100
22	\$146	\$201	\$134	\$185	\$104	\$144	\$83	\$115
23	\$157	\$226	\$145	\$209	\$113	\$162	\$90	\$129
24	\$169	\$251	\$156	\$232	\$121	\$180	\$96	\$144
25	\$172	\$258	\$159	\$239	\$123	\$185	\$98	\$148
26	\$175	\$265	\$162	\$245	\$125	\$190	\$100	\$152
27	\$178	\$273	\$165	\$252	\$128	\$195	\$102	\$156
28	\$180	\$276	\$167	\$255	\$129	\$198	\$103	\$158
29	\$183	\$279	\$169	\$258	\$131	\$200	\$104	\$160
30	\$185	\$283	\$170	\$261	\$132	\$202	\$106	\$162
31	\$187	\$287	\$173	\$265	\$134	\$206	\$107	\$164
32	\$190	\$292	\$176	\$269	\$136	\$209	\$109	\$167
33	\$195	\$300	\$180	\$277	\$140	\$215	\$112	\$172
34	\$200	\$309	\$185	\$285	\$144	\$221	\$115	\$177
35	\$206	\$318	\$190	\$293	\$147	\$228	\$118	\$182
36	\$211	\$327	\$195	\$302	\$151	\$234	\$121	\$187
37	\$216	\$335	\$200	\$310	\$155	\$240	\$124	\$192
38	\$226	\$341	\$209	\$315	\$162	\$244	\$129	\$195
39	\$236	\$347	\$218	\$320	\$169	\$248	\$135	\$198
40	\$246	\$353	\$227	\$326	\$176	\$253	\$141	\$202
41	\$256	\$358	\$237	\$331	\$184	\$257	\$147	\$205
42	\$266	\$364	\$246	\$336	\$191	\$261	\$152	\$208
43	\$274	\$372	\$253	\$343	\$197	\$266	\$157	\$213
44	\$282	\$379	\$261	\$350	\$202	\$272	\$161	\$217
45	\$290	\$387	\$268	\$357	\$208	\$277	\$166	\$221
46	\$299	\$395	\$276	\$365	\$214	\$283	\$171	\$226
47	\$308	\$404	\$284	\$373	\$220	\$289	\$176	\$231
48	\$317	\$409	\$293	\$377	\$227	\$293	\$181	\$234
49	\$327	\$413	\$302	\$381	\$234	\$296	\$187	\$236
50	\$336	\$418	\$310	\$386	\$241	\$299	\$192	\$239
51	\$345	\$422	\$318	\$389	\$247	\$302	\$197	\$241
52	\$354	\$426	\$326	\$393	\$253	\$305	\$202	\$244
53	\$365	\$433	\$337	\$400	\$262	\$310	\$209	\$248
54	\$378	\$440	\$349	\$406	\$270	\$315	\$216	\$252
55	\$390	\$447	\$360	\$413	\$279	\$320	\$223	\$256
56	\$403	\$455	\$372	\$420	\$289	\$326	\$231	\$260
57	\$416	\$463	\$384	\$428	\$298	\$332	\$238	\$265
58	\$441	\$473	\$407	\$437	\$316	\$339	\$252	\$271
59	\$465	\$484	\$430	\$446	\$333	\$346	\$266	\$277
60	\$490	\$494	\$453	\$456	\$351	\$354	\$280	\$282
61	\$515	\$503	\$475	\$465	\$369	\$361	\$295	\$288
62	\$539	\$513	\$498	\$473	\$386	\$367	\$308	\$293
63	\$564	\$522	\$521	\$482	\$404	\$374	\$323	\$299
64	\$589	\$532	\$543	\$491	\$422	\$381	\$337	\$304

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$138	\$138	\$122	\$122	\$103	\$103	\$84	\$84
1	\$96	\$96	\$85	\$85	\$72	\$72	\$59	\$59
2-18	\$69	\$69	\$61	\$61	\$52	\$52	\$42	\$42
19	\$75	\$84	\$67	\$75	\$56	\$63	\$46	\$52
20	\$81	\$99	\$72	\$88	\$61	\$74	\$50	\$61
21	\$89	\$116	\$79	\$103	\$67	\$87	\$54	\$71
22	\$96	\$133	\$85	\$118	\$72	\$99	\$59	\$81
23	\$104	\$149	\$92	\$132	\$78	\$112	\$63	\$91
24	\$111	\$166	\$99	\$147	\$84	\$125	\$68	\$101
25	\$114	\$171	\$101	\$151	\$85	\$128	\$69	\$104
26	\$116	\$175	\$103	\$156	\$87	\$132	\$71	\$107
27	\$118	\$180	\$105	\$160	\$88	\$135	\$72	\$110
28	\$119	\$183	\$106	\$162	\$89	\$137	\$73	\$112
29	\$121	\$185	\$107	\$164	\$90	\$138	\$74	\$113
30	\$122	\$187	\$108	\$166	\$91	\$140	\$75	\$114
31	\$124	\$190	\$110	\$168	\$93	\$142	\$76	\$116
32	\$126	\$193	\$112	\$171	\$94	\$144	\$77	\$118
33	\$129	\$198	\$114	\$176	\$97	\$149	\$79	\$121
34	\$132	\$204	\$117	\$181	\$99	\$153	\$81	\$125
35	\$136	\$210	\$121	\$186	\$102	\$157	\$83	\$128
36	\$140	\$216	\$124	\$191	\$105	\$162	\$85	\$132
37	\$143	\$222	\$127	\$197	\$107	\$166	\$87	\$135
38	\$150	\$226	\$133	\$200	\$112	\$169	\$91	\$138
39	\$156	\$229	\$139	\$203	\$117	\$172	\$95	\$140
40	\$163	\$233	\$144	\$207	\$122	\$175	\$99	\$142
41	\$169	\$237	\$150	\$210	\$127	\$178	\$103	\$145
42	\$176	\$241	\$156	\$213	\$132	\$180	\$108	\$147
43	\$181	\$246	\$161	\$218	\$136	\$184	\$111	\$150
44	\$187	\$251	\$165	\$222	\$140	\$188	\$114	\$153
45	\$192	\$256	\$170	\$227	\$144	\$192	\$117	\$156
46	\$198	\$261	\$175	\$232	\$148	\$196	\$121	\$160
47	\$203	\$267	\$180	\$237	\$153	\$200	\$124	\$163
48	\$210	\$270	\$186	\$239	\$157	\$202	\$128	\$165
49	\$216	\$273	\$191	\$242	\$162	\$205	\$132	\$167
50	\$222	\$276	\$197	\$245	\$166	\$207	\$136	\$169
51	\$228	\$279	\$202	\$247	\$171	\$209	\$139	\$170
52	\$234	\$281	\$207	\$250	\$175	\$211	\$143	\$172
53	\$241	\$286	\$214	\$254	\$181	\$215	\$148	\$175
54	\$250	\$291	\$221	\$258	\$187	\$218	\$152	\$178
55	\$258	\$295	\$228	\$262	\$193	\$222	\$157	\$180
56	\$266	\$301	\$236	\$267	\$200	\$225	\$163	\$184
57	\$275	\$306	\$244	\$271	\$206	\$229	\$168	\$187
58	\$291	\$313	\$258	\$277	\$218	\$234	\$178	\$191
59	\$308	\$320	\$273	\$283	\$231	\$240	\$188	\$195
60	\$324	\$326	\$287	\$289	\$243	\$245	\$198	\$199
61	\$340	\$333	\$302	\$295	\$255	\$249	\$208	\$203
62	\$356	\$339	\$316	\$300	\$267	\$254	\$218	\$207
63	\$373	\$345	\$330	\$306	\$279	\$259	\$228	\$211
64	\$389	\$352	\$345	\$312	\$292	\$264	\$238	\$215

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$93	\$93	\$64	\$64	\$80	\$80	\$55	\$55
1	\$65	\$65	\$44	\$44	\$56	\$56	\$38	\$38
2-18	\$47	\$47	\$32	\$32	\$40	\$40	\$27	\$27
19	\$51	\$57	\$35	\$39	\$44	\$49	\$30	\$34
20	\$55	\$67	\$37	\$46	\$47	\$58	\$32	\$40
21	\$60	\$78	\$41	\$54	\$52	\$67	\$35	\$46
22	\$65	\$90	\$44	\$61	\$56	\$77	\$38	\$53
23	\$70	\$101	\$48	\$69	\$60	\$87	\$41	\$59
24	\$75	\$112	\$51	\$77	\$65	\$97	\$44	\$66
25	\$77	\$115	\$52	\$79	\$66	\$99	\$45	\$68
26	\$78	\$118	\$53	\$81	\$67	\$102	\$46	\$70
27	\$80	\$122	\$54	\$83	\$69	\$105	\$47	\$72
28	\$81	\$123	\$55	\$84	\$69	\$106	\$47	\$73
29	\$81	\$125	\$56	\$85	\$70	\$107	\$48	\$74
30	\$82	\$126	\$56	\$86	\$71	\$109	\$49	\$74
31	\$84	\$128	\$57	\$88	\$72	\$110	\$49	\$76
32	\$85	\$130	\$58	\$89	\$73	\$112	\$50	\$77
33	\$87	\$134	\$60	\$92	\$75	\$115	\$51	\$79
34	\$89	\$138	\$61	\$94	\$77	\$119	\$53	\$81
35	\$92	\$142	\$63	\$97	\$79	\$122	\$54	\$84
36	\$94	\$146	\$64	\$100	\$81	\$126	\$56	\$86
37	\$97	\$150	\$66	\$102	\$83	\$129	\$57	\$88
38	\$101	\$152	\$69	\$104	\$87	\$131	\$60	\$90
39	\$105	\$155	\$72	\$106	\$91	\$133	\$62	\$91
40	\$110	\$157	\$75	\$108	\$95	\$136	\$65	\$93
41	\$114	\$160	\$78	\$109	\$99	\$138	\$67	\$94
42	\$119	\$163	\$81	\$111	\$102	\$140	\$70	\$96
43	\$122	\$166	\$84	\$113	\$106	\$143	\$72	\$98
44	\$126	\$169	\$86	\$116	\$109	\$146	\$74	\$100
45	\$130	\$173	\$89	\$118	\$112	\$149	\$76	\$102
46	\$133	\$176	\$91	\$121	\$115	\$152	\$79	\$104
47	\$137	\$180	\$94	\$123	\$118	\$155	\$81	\$106
48	\$142	\$182	\$97	\$125	\$122	\$157	\$83	\$108
49	\$146	\$184	\$100	\$126	\$126	\$159	\$86	\$109
50	\$150	\$187	\$102	\$127	\$129	\$161	\$88	\$110
51	\$154	\$188	\$105	\$129	\$133	\$162	\$91	\$111
52	\$158	\$190	\$108	\$130	\$136	\$164	\$93	\$112
53	\$163	\$193	\$111	\$132	\$140	\$166	\$96	\$114
54	\$168	\$196	\$115	\$134	\$145	\$169	\$99	\$116
55	\$174	\$200	\$119	\$136	\$150	\$172	\$103	\$118
56	\$180	\$203	\$123	\$139	\$155	\$175	\$106	\$120
57	\$186	\$207	\$127	\$141	\$160	\$178	\$110	\$122
58	\$197	\$211	\$134	\$144	\$169	\$182	\$116	\$125
59	\$208	\$216	\$142	\$147	\$179	\$186	\$122	\$127
60	\$219	\$220	\$150	\$151	\$188	\$190	\$129	\$130
61	\$230	\$225	\$157	\$154	\$198	\$194	\$136	\$133
62	\$241	\$229	\$164	\$156	\$207	\$197	\$142	\$135
63	\$252	\$233	\$172	\$159	\$217	\$201	\$148	\$138
64	\$263	\$238	\$180	\$162	\$226	\$205	\$155	\$140

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Black Hawk
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$113	\$113	\$102	\$102	\$78	\$78
1	\$79	\$79	\$71	\$71	\$55	\$55
2-18	\$57	\$57	\$51	\$51	\$39	\$39
19	\$62	\$69	\$55	\$62	\$43	\$48
20	\$67	\$82	\$60	\$73	\$46	\$56
21	\$73	\$95	\$65	\$86	\$50	\$66
22	\$79	\$109	\$71	\$98	\$55	\$75
23	\$85	\$123	\$77	\$110	\$59	\$85
24	\$92	\$137	\$82	\$123	\$63	\$94
25	\$93	\$140	\$84	\$126	\$65	\$97
26	\$95	\$144	\$85	\$129	\$66	\$100
27	\$97	\$148	\$87	\$133	\$67	\$103
28	\$98	\$150	\$88	\$135	\$68	\$104
29	\$99	\$152	\$89	\$136	\$69	\$105
30	\$100	\$154	\$90	\$138	\$69	\$106
31	\$102	\$156	\$91	\$140	\$70	\$108
32	\$103	\$158	\$93	\$142	\$72	\$110
33	\$106	\$163	\$95	\$146	\$73	\$113
34	\$109	\$168	\$98	\$151	\$75	\$116
35	\$112	\$173	\$100	\$155	\$77	\$120
36	\$115	\$177	\$103	\$159	\$79	\$123
37	\$118	\$182	\$105	\$164	\$81	\$126
38	\$123	\$185	\$110	\$166	\$85	\$128
39	\$128	\$188	\$115	\$169	\$89	\$130
40	\$134	\$192	\$120	\$172	\$92	\$133
41	\$139	\$195	\$125	\$175	\$96	\$135
42	\$145	\$198	\$130	\$178	\$100	\$137
43	\$149	\$202	\$134	\$181	\$103	\$140
44	\$153	\$206	\$138	\$185	\$106	\$143
45	\$158	\$210	\$142	\$189	\$109	\$145
46	\$162	\$215	\$146	\$193	\$112	\$149
47	\$167	\$220	\$150	\$197	\$116	\$152
48	\$172	\$222	\$155	\$199	\$119	\$154
49	\$177	\$224	\$159	\$201	\$123	\$155
50	\$183	\$227	\$164	\$204	\$126	\$157
51	\$187	\$229	\$168	\$206	\$130	\$159
52	\$192	\$231	\$172	\$208	\$133	\$160
53	\$199	\$235	\$178	\$211	\$137	\$163
54	\$205	\$239	\$184	\$215	\$142	\$165
55	\$212	\$243	\$190	\$218	\$147	\$168
56	\$219	\$247	\$197	\$222	\$152	\$171
57	\$226	\$252	\$203	\$226	\$156	\$174
58	\$239	\$257	\$215	\$231	\$166	\$178
59	\$253	\$263	\$227	\$236	\$175	\$182
60	\$266	\$268	\$239	\$241	\$184	\$186
61	\$280	\$273	\$251	\$245	\$194	\$189
62	\$293	\$279	\$263	\$250	\$203	\$193
63	\$306	\$284	\$275	\$255	\$212	\$196
64	\$320	\$289	\$287	\$260	\$221	\$200

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$157	\$157	\$128	\$128
1	\$110	\$110	\$89	\$89
2-18	\$78	\$78	\$64	\$64
19	\$85	\$96	\$70	\$78
20	\$92	\$113	\$75	\$92
21	\$101	\$132	\$82	\$107
22	\$109	\$151	\$89	\$123
23	\$118	\$170	\$96	\$138
24	\$127	\$189	\$103	\$154
25	\$129	\$194	\$105	\$158
26	\$132	\$199	\$107	\$163
27	\$134	\$205	\$109	\$167
28	\$135	\$207	\$110	\$169
29	\$137	\$210	\$112	\$171
30	\$139	\$212	\$113	\$173
31	\$141	\$216	\$115	\$176
32	\$143	\$219	\$117	\$179
33	\$147	\$225	\$120	\$184
34	\$151	\$232	\$123	\$189
35	\$155	\$239	\$126	\$195
36	\$159	\$245	\$129	\$200
37	\$162	\$252	\$132	\$205
38	\$170	\$256	\$139	\$209
39	\$178	\$261	\$145	\$212
40	\$185	\$265	\$151	\$216
41	\$192	\$269	\$157	\$219
42	\$200	\$273	\$163	\$223
43	\$206	\$279	\$168	\$228
44	\$212	\$285	\$173	\$232
45	\$218	\$290	\$178	\$237
46	\$225	\$297	\$183	\$242
47	\$231	\$303	\$188	\$247
48	\$238	\$307	\$194	\$250
49	\$245	\$310	\$200	\$253
50	\$252	\$314	\$206	\$256
51	\$259	\$317	\$211	\$258
52	\$266	\$320	\$216	\$261
53	\$274	\$325	\$224	\$265
54	\$284	\$330	\$231	\$269
55	\$293	\$336	\$239	\$274
56	\$303	\$342	\$247	\$279
57	\$313	\$348	\$255	\$284
58	\$331	\$355	\$270	\$290
59	\$349	\$363	\$285	\$296
60	\$368	\$371	\$300	\$302
61	\$387	\$378	\$315	\$308
62	\$405	\$385	\$330	\$314
63	\$423	\$392	\$345	\$320
64	\$442	\$400	\$360	\$326

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$144	\$144	\$132	\$132	\$103	\$103	\$82	\$82
1	\$100	\$100	\$93	\$93	\$72	\$72	\$57	\$57
2-18	\$72	\$72	\$66	\$66	\$51	\$51	\$41	\$41
19	\$78	\$88	\$72	\$81	\$56	\$63	\$45	\$50
20	\$84	\$103	\$78	\$95	\$61	\$74	\$48	\$59
21	\$92	\$121	\$85	\$112	\$66	\$87	\$53	\$69
22	\$100	\$138	\$93	\$128	\$72	\$99	\$57	\$79
23	\$108	\$156	\$100	\$144	\$78	\$111	\$62	\$89
24	\$116	\$173	\$107	\$160	\$83	\$124	\$66	\$99
25	\$118	\$178	\$109	\$164	\$85	\$127	\$68	\$102
26	\$121	\$183	\$111	\$169	\$86	\$131	\$69	\$105
27	\$123	\$188	\$113	\$173	\$88	\$135	\$70	\$107
28	\$124	\$190	\$115	\$176	\$89	\$136	\$71	\$109
29	\$126	\$192	\$116	\$178	\$90	\$138	\$72	\$110
30	\$127	\$195	\$117	\$180	\$91	\$139	\$73	\$111
31	\$129	\$198	\$119	\$182	\$92	\$142	\$74	\$113
32	\$131	\$201	\$121	\$185	\$94	\$144	\$75	\$115
33	\$134	\$207	\$124	\$191	\$96	\$148	\$77	\$118
34	\$138	\$213	\$127	\$196	\$99	\$152	\$79	\$122
35	\$142	\$219	\$131	\$202	\$101	\$157	\$81	\$125
36	\$145	\$225	\$134	\$208	\$104	\$161	\$83	\$129
37	\$149	\$231	\$137	\$213	\$107	\$165	\$85	\$132
38	\$156	\$235	\$144	\$217	\$112	\$168	\$89	\$134
39	\$163	\$239	\$150	\$220	\$117	\$171	\$93	\$137
40	\$169	\$243	\$156	\$224	\$121	\$174	\$97	\$139
41	\$176	\$247	\$163	\$228	\$126	\$177	\$101	\$141
42	\$183	\$251	\$169	\$231	\$131	\$180	\$105	\$143
43	\$189	\$256	\$174	\$236	\$135	\$183	\$108	\$146
44	\$194	\$261	\$179	\$241	\$139	\$187	\$111	\$149
45	\$200	\$266	\$185	\$246	\$143	\$191	\$114	\$152
46	\$206	\$272	\$190	\$251	\$147	\$195	\$118	\$156
47	\$212	\$278	\$196	\$257	\$152	\$199	\$121	\$159
48	\$218	\$281	\$201	\$260	\$156	\$201	\$125	\$161
49	\$225	\$284	\$208	\$262	\$161	\$204	\$129	\$163
50	\$231	\$288	\$213	\$266	\$166	\$206	\$132	\$165
51	\$237	\$290	\$219	\$268	\$170	\$208	\$136	\$166
52	\$243	\$293	\$225	\$271	\$174	\$210	\$139	\$168
53	\$252	\$298	\$232	\$275	\$180	\$213	\$144	\$170
54	\$260	\$303	\$240	\$280	\$186	\$217	\$149	\$173
55	\$268	\$308	\$248	\$284	\$192	\$220	\$154	\$176
56	\$277	\$313	\$256	\$289	\$199	\$224	\$159	\$179
57	\$287	\$319	\$264	\$294	\$205	\$228	\$164	\$182
58	\$303	\$326	\$280	\$301	\$217	\$233	\$174	\$186
59	\$320	\$333	\$296	\$307	\$229	\$238	\$183	\$190
60	\$337	\$340	\$312	\$314	\$242	\$243	\$193	\$194
61	\$355	\$347	\$327	\$320	\$254	\$248	\$203	\$198
62	\$371	\$353	\$343	\$326	\$266	\$253	\$212	\$202
63	\$388	\$360	\$358	\$332	\$278	\$258	\$222	\$206
64	\$405	\$366	\$374	\$338	\$290	\$262	\$232	\$210

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$95	\$95	\$84	\$84	\$71	\$71	\$58	\$58
1	\$66	\$66	\$59	\$59	\$50	\$50	\$41	\$41
2-18	\$47	\$47	\$42	\$42	\$36	\$36	\$29	\$29
19	\$52	\$58	\$46	\$51	\$39	\$44	\$32	\$35
20	\$56	\$68	\$50	\$61	\$42	\$51	\$34	\$42
21	\$61	\$80	\$54	\$71	\$46	\$60	\$37	\$49
22	\$66	\$91	\$59	\$81	\$50	\$68	\$40	\$56
23	\$72	\$103	\$63	\$91	\$54	\$77	\$44	\$63
24	\$77	\$114	\$68	\$101	\$58	\$86	\$47	\$70
25	\$78	\$118	\$69	\$104	\$59	\$88	\$48	\$72
26	\$80	\$121	\$71	\$107	\$60	\$91	\$49	\$74
27	\$81	\$124	\$72	\$110	\$61	\$93	\$50	\$76
28	\$82	\$126	\$73	\$111	\$62	\$94	\$50	\$77
29	\$83	\$127	\$74	\$113	\$62	\$95	\$51	\$78
30	\$84	\$129	\$74	\$114	\$63	\$96	\$51	\$79
31	\$85	\$131	\$76	\$116	\$64	\$98	\$52	\$80
32	\$87	\$133	\$77	\$118	\$65	\$99	\$53	\$81
33	\$89	\$136	\$79	\$121	\$67	\$102	\$54	\$83
34	\$91	\$141	\$81	\$125	\$68	\$105	\$56	\$86
35	\$94	\$145	\$83	\$128	\$70	\$108	\$57	\$88
36	\$96	\$149	\$85	\$132	\$72	\$111	\$59	\$91
37	\$98	\$153	\$87	\$135	\$74	\$114	\$60	\$93
38	\$103	\$155	\$91	\$138	\$77	\$116	\$63	\$95
39	\$108	\$158	\$95	\$140	\$81	\$118	\$66	\$96
40	\$112	\$161	\$99	\$142	\$84	\$120	\$68	\$98
41	\$117	\$163	\$103	\$145	\$87	\$122	\$71	\$100
42	\$121	\$166	\$107	\$147	\$91	\$124	\$74	\$101
43	\$125	\$169	\$111	\$150	\$94	\$127	\$76	\$103
44	\$128	\$172	\$114	\$153	\$96	\$129	\$78	\$105
45	\$132	\$176	\$117	\$156	\$99	\$132	\$81	\$107
46	\$136	\$180	\$121	\$160	\$102	\$135	\$83	\$110
47	\$140	\$184	\$124	\$163	\$105	\$138	\$86	\$112
48	\$144	\$186	\$128	\$165	\$108	\$139	\$88	\$114
49	\$149	\$188	\$132	\$167	\$111	\$141	\$91	\$115
50	\$153	\$190	\$136	\$169	\$115	\$143	\$93	\$116
51	\$157	\$192	\$139	\$170	\$118	\$144	\$96	\$117
52	\$161	\$194	\$143	\$172	\$121	\$145	\$98	\$118
53	\$166	\$197	\$147	\$175	\$125	\$148	\$102	\$120
54	\$172	\$200	\$152	\$177	\$129	\$150	\$105	\$122
55	\$177	\$203	\$157	\$180	\$133	\$152	\$108	\$124
56	\$183	\$207	\$163	\$184	\$137	\$155	\$112	\$126
57	\$189	\$211	\$168	\$187	\$142	\$158	\$116	\$129
58	\$201	\$215	\$178	\$191	\$150	\$161	\$122	\$132
59	\$212	\$220	\$188	\$195	\$159	\$165	\$129	\$134
60	\$223	\$225	\$198	\$199	\$167	\$168	\$136	\$137
61	\$234	\$229	\$208	\$203	\$176	\$172	\$143	\$140
62	\$245	\$233	\$218	\$207	\$184	\$175	\$150	\$142
63	\$257	\$238	\$227	\$211	\$192	\$178	\$157	\$145
64	\$268	\$242	\$237	\$215	\$201	\$182	\$164	\$148

Note: 10% discount for two or more members on a plan.
 Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$64	\$64	\$44	\$44	\$55	\$55	\$38	\$38
1	\$45	\$45	\$31	\$31	\$39	\$39	\$26	\$26
2-18	\$32	\$32	\$22	\$22	\$28	\$28	\$19	\$19
19	\$35	\$39	\$24	\$27	\$30	\$34	\$21	\$23
20	\$38	\$46	\$26	\$32	\$32	\$40	\$22	\$27
21	\$41	\$54	\$28	\$37	\$36	\$46	\$24	\$32
22	\$45	\$62	\$31	\$42	\$39	\$53	\$26	\$36
23	\$48	\$69	\$33	\$47	\$42	\$60	\$29	\$41
24	\$52	\$77	\$35	\$53	\$45	\$67	\$31	\$46
25	\$53	\$79	\$36	\$54	\$46	\$68	\$31	\$47
26	\$54	\$82	\$37	\$56	\$46	\$70	\$32	\$48
27	\$55	\$84	\$37	\$57	\$47	\$72	\$32	\$49
28	\$55	\$85	\$38	\$58	\$48	\$73	\$33	\$50
29	\$56	\$86	\$38	\$59	\$48	\$74	\$33	\$51
30	\$57	\$87	\$39	\$59	\$49	\$75	\$33	\$51
31	\$58	\$88	\$39	\$60	\$50	\$76	\$34	\$52
32	\$59	\$90	\$40	\$61	\$50	\$77	\$35	\$53
33	\$60	\$92	\$41	\$63	\$52	\$79	\$35	\$54
34	\$62	\$95	\$42	\$65	\$53	\$82	\$36	\$56
35	\$63	\$98	\$43	\$67	\$54	\$84	\$37	\$58
36	\$65	\$100	\$44	\$69	\$56	\$86	\$38	\$59
37	\$66	\$103	\$45	\$70	\$57	\$89	\$39	\$61
38	\$70	\$105	\$48	\$72	\$60	\$90	\$41	\$62
39	\$73	\$107	\$50	\$73	\$63	\$92	\$43	\$63
40	\$76	\$108	\$52	\$74	\$65	\$93	\$45	\$64
41	\$79	\$110	\$54	\$75	\$68	\$95	\$46	\$65
42	\$82	\$112	\$56	\$76	\$71	\$96	\$48	\$66
43	\$84	\$114	\$58	\$78	\$73	\$98	\$50	\$67
44	\$87	\$116	\$59	\$80	\$75	\$100	\$51	\$69
45	\$89	\$119	\$61	\$81	\$77	\$102	\$53	\$70
46	\$92	\$121	\$63	\$83	\$79	\$105	\$54	\$72
47	\$95	\$124	\$65	\$85	\$81	\$107	\$56	\$73
48	\$97	\$126	\$67	\$86	\$84	\$108	\$57	\$74
49	\$100	\$127	\$69	\$87	\$86	\$109	\$59	\$75
50	\$103	\$128	\$71	\$88	\$89	\$111	\$61	\$76
51	\$106	\$130	\$72	\$89	\$91	\$112	\$62	\$76
52	\$109	\$131	\$74	\$89	\$94	\$113	\$64	\$77
53	\$112	\$133	\$77	\$91	\$97	\$115	\$66	\$78
54	\$116	\$135	\$79	\$92	\$100	\$116	\$68	\$80
55	\$120	\$137	\$82	\$94	\$103	\$118	\$71	\$81
56	\$124	\$140	\$85	\$96	\$107	\$120	\$73	\$82
57	\$128	\$142	\$87	\$97	\$110	\$123	\$75	\$84
58	\$135	\$145	\$93	\$99	\$117	\$125	\$80	\$86
59	\$143	\$149	\$98	\$102	\$123	\$128	\$84	\$88
60	\$151	\$152	\$103	\$104	\$130	\$131	\$89	\$89
61	\$158	\$155	\$108	\$106	\$136	\$133	\$93	\$91
62	\$166	\$157	\$113	\$108	\$143	\$136	\$98	\$93
63	\$173	\$160	\$118	\$110	\$149	\$138	\$102	\$95
64	\$181	\$164	\$124	\$112	\$156	\$141	\$107	\$96

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$78	\$78	\$70	\$70	\$54	\$54
1	\$55	\$55	\$49	\$49	\$38	\$38
2-18	\$39	\$39	\$35	\$35	\$27	\$27
19	\$43	\$48	\$38	\$43	\$29	\$33
20	\$46	\$56	\$41	\$50	\$32	\$39
21	\$50	\$66	\$45	\$59	\$35	\$45
22	\$54	\$75	\$49	\$67	\$38	\$52
23	\$59	\$85	\$53	\$76	\$41	\$58
24	\$63	\$94	\$57	\$84	\$44	\$65
25	\$64	\$97	\$58	\$87	\$45	\$67
26	\$65	\$99	\$59	\$89	\$45	\$69
27	\$67	\$102	\$60	\$92	\$46	\$71
28	\$67	\$103	\$61	\$93	\$47	\$71
29	\$68	\$104	\$61	\$94	\$47	\$72
30	\$69	\$106	\$62	\$95	\$48	\$73
31	\$70	\$107	\$63	\$96	\$48	\$74
32	\$71	\$109	\$64	\$98	\$49	\$75
33	\$73	\$112	\$66	\$101	\$51	\$78
34	\$75	\$116	\$67	\$104	\$52	\$80
35	\$77	\$119	\$69	\$107	\$53	\$82
36	\$79	\$122	\$71	\$110	\$55	\$85
37	\$81	\$125	\$73	\$113	\$56	\$87
38	\$85	\$128	\$76	\$115	\$59	\$88
39	\$88	\$130	\$79	\$116	\$61	\$90
40	\$92	\$132	\$83	\$118	\$64	\$91
41	\$96	\$134	\$86	\$120	\$66	\$93
42	\$100	\$136	\$89	\$122	\$69	\$94
43	\$103	\$139	\$92	\$125	\$71	\$96
44	\$106	\$142	\$95	\$127	\$73	\$98
45	\$109	\$145	\$97	\$130	\$75	\$100
46	\$112	\$148	\$100	\$133	\$77	\$102
47	\$115	\$151	\$103	\$136	\$80	\$105
48	\$119	\$153	\$106	\$137	\$82	\$106
49	\$122	\$154	\$110	\$139	\$85	\$107
50	\$126	\$156	\$113	\$140	\$87	\$108
51	\$129	\$158	\$116	\$142	\$89	\$109
52	\$132	\$159	\$119	\$143	\$92	\$110
53	\$137	\$162	\$123	\$145	\$95	\$112
54	\$141	\$165	\$127	\$148	\$98	\$114
55	\$146	\$167	\$131	\$150	\$101	\$116
56	\$151	\$170	\$135	\$153	\$104	\$118
57	\$156	\$173	\$140	\$155	\$108	\$120
58	\$165	\$177	\$148	\$159	\$114	\$122
59	\$174	\$181	\$156	\$162	\$120	\$125
60	\$183	\$185	\$165	\$166	\$127	\$128
61	\$193	\$188	\$173	\$169	\$133	\$130
62	\$202	\$192	\$181	\$172	\$140	\$133
63	\$211	\$195	\$189	\$175	\$146	\$135
64	\$220	\$199	\$198	\$179	\$152	\$138

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$211	\$211	\$172	\$172
1	\$148	\$148	\$121	\$121
2-18	\$106	\$106	\$86	\$86
19	\$115	\$129	\$94	\$105
20	\$124	\$152	\$101	\$124
21	\$136	\$178	\$111	\$145
22	\$148	\$203	\$120	\$166
23	\$159	\$229	\$130	\$187
24	\$171	\$255	\$139	\$208
25	\$174	\$262	\$142	\$214
26	\$178	\$269	\$145	\$219
27	\$181	\$277	\$148	\$226
28	\$183	\$280	\$149	\$228
29	\$185	\$283	\$151	\$231
30	\$187	\$287	\$153	\$234
31	\$190	\$291	\$155	\$237
32	\$193	\$296	\$157	\$241
33	\$198	\$304	\$161	\$248
34	\$203	\$313	\$166	\$255
35	\$209	\$322	\$170	\$263
36	\$214	\$331	\$175	\$270
37	\$219	\$340	\$179	\$277
38	\$229	\$346	\$187	\$282
39	\$240	\$352	\$195	\$287
40	\$249	\$358	\$203	\$292
41	\$260	\$363	\$212	\$296
42	\$270	\$369	\$220	\$301
43	\$278	\$377	\$227	\$307
44	\$286	\$384	\$233	\$313
45	\$294	\$392	\$240	\$320
46	\$303	\$401	\$247	\$327
47	\$312	\$410	\$254	\$334
48	\$321	\$414	\$262	\$338
49	\$331	\$419	\$270	\$341
50	\$341	\$424	\$278	\$345
51	\$350	\$428	\$285	\$349
52	\$358	\$432	\$292	\$352
53	\$370	\$439	\$302	\$358
54	\$383	\$446	\$312	\$364
55	\$395	\$453	\$322	\$370
56	\$409	\$461	\$333	\$376
57	\$422	\$470	\$344	\$383
58	\$447	\$480	\$364	\$391
59	\$472	\$490	\$385	\$400
60	\$497	\$500	\$405	\$408
61	\$522	\$510	\$426	\$416
62	\$547	\$520	\$446	\$424
63	\$572	\$530	\$466	\$432
64	\$597	\$540	\$487	\$440

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$194	\$194	\$179	\$179	\$139	\$139	\$111	\$111
1	\$136	\$136	\$125	\$125	\$97	\$97	\$78	\$78
2-18	\$97	\$97	\$89	\$89	\$69	\$69	\$55	\$55
19	\$106	\$119	\$98	\$109	\$76	\$85	\$60	\$68
20	\$114	\$140	\$105	\$129	\$82	\$100	\$65	\$80
21	\$125	\$163	\$115	\$151	\$89	\$117	\$71	\$93
22	\$135	\$186	\$125	\$172	\$97	\$134	\$77	\$107
23	\$146	\$210	\$135	\$194	\$105	\$150	\$84	\$120
24	\$157	\$234	\$145	\$216	\$112	\$167	\$90	\$134
25	\$160	\$240	\$148	\$222	\$114	\$172	\$91	\$137
26	\$163	\$247	\$150	\$228	\$117	\$177	\$93	\$141
27	\$166	\$254	\$153	\$234	\$119	\$182	\$95	\$145
28	\$168	\$257	\$155	\$237	\$120	\$184	\$96	\$147
29	\$170	\$260	\$157	\$240	\$122	\$186	\$97	\$149
30	\$172	\$263	\$158	\$243	\$123	\$188	\$98	\$150
31	\$174	\$267	\$161	\$246	\$125	\$191	\$100	\$153
32	\$177	\$271	\$163	\$250	\$127	\$194	\$101	\$155
33	\$182	\$279	\$168	\$257	\$130	\$200	\$104	\$159
34	\$186	\$287	\$172	\$265	\$133	\$206	\$107	\$164
35	\$191	\$295	\$177	\$273	\$137	\$212	\$109	\$169
36	\$196	\$304	\$181	\$280	\$141	\$217	\$112	\$174
37	\$201	\$312	\$186	\$288	\$144	\$223	\$115	\$178
38	\$210	\$317	\$194	\$293	\$151	\$227	\$120	\$181
39	\$220	\$322	\$203	\$298	\$157	\$231	\$126	\$184
40	\$229	\$328	\$211	\$303	\$164	\$235	\$131	\$188
41	\$238	\$333	\$220	\$307	\$171	\$238	\$136	\$190
42	\$248	\$338	\$229	\$312	\$177	\$242	\$142	\$194
43	\$255	\$346	\$235	\$319	\$183	\$248	\$146	\$198
44	\$262	\$352	\$242	\$325	\$188	\$252	\$150	\$202
45	\$270	\$359	\$249	\$332	\$193	\$257	\$154	\$206
46	\$278	\$367	\$257	\$339	\$199	\$263	\$159	\$210
47	\$286	\$375	\$264	\$347	\$205	\$269	\$164	\$215
48	\$295	\$380	\$272	\$350	\$211	\$272	\$169	\$217
49	\$304	\$384	\$280	\$354	\$217	\$275	\$174	\$220
50	\$312	\$388	\$288	\$359	\$224	\$278	\$179	\$222
51	\$320	\$392	\$296	\$362	\$229	\$281	\$183	\$224
52	\$329	\$396	\$303	\$365	\$235	\$283	\$188	\$226
53	\$340	\$402	\$313	\$371	\$243	\$288	\$194	\$230
54	\$351	\$409	\$324	\$377	\$251	\$293	\$201	\$234
55	\$362	\$415	\$334	\$383	\$260	\$298	\$207	\$238
56	\$375	\$423	\$346	\$390	\$268	\$303	\$214	\$242
57	\$387	\$430	\$357	\$397	\$277	\$308	\$221	\$246
58	\$410	\$440	\$378	\$406	\$293	\$315	\$234	\$251
59	\$432	\$449	\$399	\$415	\$310	\$322	\$247	\$257
60	\$456	\$459	\$421	\$423	\$326	\$329	\$261	\$262
61	\$479	\$468	\$442	\$432	\$343	\$335	\$274	\$268
62	\$501	\$476	\$463	\$440	\$359	\$341	\$287	\$272
63	\$524	\$486	\$484	\$448	\$375	\$348	\$300	\$278
64	\$547	\$495	\$505	\$457	\$392	\$354	\$313	\$283

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$128	\$128	\$114	\$114	\$96	\$96	\$78	\$78
1	\$90	\$90	\$79	\$79	\$67	\$67	\$55	\$55
2-18	\$64	\$64	\$57	\$57	\$48	\$48	\$39	\$39
19	\$70	\$78	\$62	\$69	\$52	\$59	\$43	\$48
20	\$75	\$92	\$67	\$82	\$57	\$69	\$46	\$56
21	\$82	\$108	\$73	\$96	\$62	\$81	\$50	\$66
22	\$89	\$123	\$79	\$109	\$67	\$92	\$55	\$75
23	\$97	\$139	\$86	\$123	\$72	\$104	\$59	\$85
24	\$104	\$154	\$92	\$137	\$78	\$116	\$63	\$94
25	\$106	\$159	\$94	\$141	\$79	\$119	\$65	\$97
26	\$108	\$163	\$95	\$145	\$81	\$122	\$66	\$100
27	\$110	\$168	\$97	\$149	\$82	\$126	\$67	\$102
28	\$111	\$170	\$98	\$150	\$83	\$127	\$68	\$104
29	\$112	\$172	\$99	\$152	\$84	\$129	\$69	\$105
30	\$113	\$174	\$101	\$154	\$85	\$130	\$69	\$106
31	\$115	\$176	\$102	\$156	\$86	\$132	\$70	\$108
32	\$117	\$179	\$104	\$159	\$88	\$134	\$71	\$109
33	\$120	\$184	\$106	\$163	\$90	\$138	\$73	\$113
34	\$123	\$190	\$109	\$168	\$92	\$142	\$75	\$116
35	\$126	\$195	\$112	\$173	\$95	\$146	\$77	\$119
36	\$130	\$201	\$115	\$178	\$97	\$150	\$79	\$123
37	\$133	\$206	\$118	\$183	\$100	\$154	\$81	\$126
38	\$139	\$210	\$123	\$186	\$104	\$157	\$85	\$128
39	\$145	\$213	\$129	\$189	\$109	\$160	\$89	\$130
40	\$151	\$217	\$134	\$192	\$113	\$162	\$92	\$132
41	\$157	\$220	\$140	\$195	\$118	\$165	\$96	\$134
42	\$164	\$224	\$145	\$198	\$123	\$168	\$100	\$137
43	\$169	\$228	\$149	\$202	\$126	\$171	\$103	\$140
44	\$173	\$233	\$154	\$206	\$130	\$175	\$106	\$142
45	\$178	\$238	\$158	\$211	\$134	\$178	\$109	\$145
46	\$184	\$243	\$163	\$215	\$138	\$182	\$112	\$148
47	\$189	\$248	\$168	\$220	\$142	\$186	\$116	\$152
48	\$195	\$251	\$173	\$222	\$146	\$188	\$119	\$153
49	\$201	\$254	\$178	\$225	\$150	\$190	\$123	\$155
50	\$206	\$257	\$183	\$228	\$155	\$192	\$126	\$157
51	\$212	\$259	\$188	\$230	\$159	\$194	\$129	\$158
52	\$217	\$262	\$193	\$232	\$163	\$196	\$133	\$160
53	\$224	\$266	\$199	\$236	\$168	\$199	\$137	\$162
54	\$232	\$270	\$206	\$240	\$174	\$203	\$142	\$165
55	\$239	\$275	\$212	\$243	\$180	\$206	\$146	\$168
56	\$248	\$280	\$219	\$248	\$186	\$210	\$151	\$171
57	\$256	\$284	\$227	\$252	\$192	\$213	\$156	\$174
58	\$271	\$291	\$240	\$258	\$203	\$218	\$165	\$178
59	\$286	\$297	\$253	\$263	\$214	\$223	\$175	\$181
60	\$301	\$303	\$267	\$269	\$226	\$227	\$184	\$185
61	\$316	\$309	\$280	\$274	\$237	\$232	\$193	\$189
62	\$331	\$315	\$294	\$279	\$248	\$236	\$202	\$192
63	\$346	\$321	\$307	\$284	\$260	\$241	\$212	\$196
64	\$362	\$327	\$321	\$290	\$271	\$245	\$221	\$200

Note: 10% discount for two or more members on a plan.
 Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$86	\$86	\$59	\$59	\$74	\$74	\$51	\$51
1	\$60	\$60	\$41	\$41	\$52	\$52	\$36	\$36
2-18	\$43	\$43	\$30	\$30	\$37	\$37	\$26	\$26
19	\$47	\$53	\$32	\$36	\$41	\$46	\$28	\$31
20	\$51	\$62	\$35	\$43	\$44	\$54	\$30	\$37
21	\$56	\$73	\$38	\$50	\$48	\$63	\$33	\$43
22	\$60	\$83	\$41	\$57	\$52	\$72	\$36	\$49
23	\$65	\$94	\$45	\$64	\$56	\$81	\$38	\$55
24	\$70	\$104	\$48	\$71	\$60	\$90	\$41	\$61
25	\$71	\$107	\$49	\$73	\$61	\$92	\$42	\$63
26	\$73	\$110	\$50	\$75	\$63	\$95	\$43	\$65
27	\$74	\$113	\$51	\$77	\$64	\$98	\$44	\$67
28	\$75	\$115	\$51	\$78	\$64	\$99	\$44	\$68
29	\$76	\$116	\$52	\$79	\$65	\$100	\$45	\$68
30	\$77	\$117	\$52	\$80	\$66	\$101	\$45	\$69
31	\$78	\$119	\$53	\$81	\$67	\$103	\$46	\$70
32	\$79	\$121	\$54	\$83	\$68	\$104	\$47	\$71
33	\$81	\$124	\$55	\$85	\$70	\$107	\$48	\$73
34	\$83	\$128	\$57	\$88	\$72	\$110	\$49	\$76
35	\$85	\$132	\$58	\$90	\$74	\$114	\$50	\$78
36	\$88	\$135	\$60	\$93	\$75	\$117	\$52	\$80
37	\$90	\$139	\$61	\$95	\$77	\$120	\$53	\$82
38	\$94	\$142	\$64	\$97	\$81	\$122	\$55	\$83
39	\$98	\$144	\$67	\$98	\$84	\$124	\$58	\$85
40	\$102	\$146	\$70	\$100	\$88	\$126	\$60	\$86
41	\$106	\$149	\$73	\$102	\$92	\$128	\$63	\$88
42	\$110	\$151	\$76	\$103	\$95	\$130	\$65	\$89
43	\$114	\$154	\$78	\$105	\$98	\$133	\$67	\$91
44	\$117	\$157	\$80	\$107	\$101	\$135	\$69	\$93
45	\$120	\$160	\$82	\$110	\$104	\$138	\$71	\$95
46	\$124	\$164	\$85	\$112	\$107	\$141	\$73	\$97
47	\$128	\$168	\$87	\$115	\$110	\$144	\$75	\$99
48	\$131	\$169	\$90	\$116	\$113	\$146	\$78	\$100
49	\$135	\$171	\$93	\$117	\$117	\$148	\$80	\$101
50	\$139	\$173	\$95	\$118	\$120	\$149	\$82	\$102
51	\$143	\$175	\$98	\$120	\$123	\$151	\$84	\$103
52	\$147	\$177	\$100	\$121	\$126	\$152	\$86	\$104
53	\$152	\$180	\$104	\$123	\$131	\$155	\$89	\$106
54	\$157	\$182	\$107	\$125	\$135	\$157	\$92	\$108
55	\$162	\$185	\$111	\$127	\$139	\$160	\$95	\$109
56	\$167	\$189	\$114	\$129	\$144	\$163	\$99	\$111
57	\$173	\$192	\$118	\$131	\$149	\$165	\$102	\$113
58	\$183	\$196	\$125	\$134	\$157	\$169	\$108	\$116
59	\$193	\$201	\$132	\$137	\$166	\$173	\$114	\$118
60	\$203	\$205	\$139	\$140	\$175	\$176	\$120	\$121
61	\$214	\$209	\$146	\$143	\$184	\$180	\$126	\$123
62	\$224	\$213	\$153	\$145	\$193	\$183	\$132	\$125
63	\$234	\$217	\$160	\$148	\$201	\$187	\$138	\$128
64	\$244	\$221	\$167	\$151	\$210	\$190	\$144	\$130

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Scott
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$105	\$105	\$94	\$94	\$73	\$73
1	\$74	\$74	\$66	\$66	\$51	\$51
2-18	\$53	\$53	\$47	\$47	\$36	\$36
19	\$57	\$64	\$52	\$58	\$40	\$45
20	\$62	\$76	\$56	\$68	\$43	\$52
21	\$68	\$89	\$61	\$80	\$47	\$61
22	\$74	\$101	\$66	\$91	\$51	\$70
23	\$79	\$114	\$71	\$102	\$55	\$79
24	\$85	\$127	\$76	\$114	\$59	\$88
25	\$87	\$130	\$78	\$117	\$60	\$90
26	\$88	\$134	\$79	\$120	\$61	\$93
27	\$90	\$138	\$81	\$124	\$62	\$95
28	\$91	\$139	\$82	\$125	\$63	\$97
29	\$92	\$141	\$83	\$127	\$64	\$98
30	\$93	\$143	\$84	\$128	\$64	\$99
31	\$95	\$145	\$85	\$130	\$65	\$100
32	\$96	\$147	\$86	\$132	\$67	\$102
33	\$99	\$151	\$89	\$136	\$68	\$105
34	\$101	\$156	\$91	\$140	\$70	\$108
35	\$104	\$160	\$93	\$144	\$72	\$111
36	\$107	\$165	\$96	\$148	\$74	\$114
37	\$109	\$169	\$98	\$152	\$76	\$117
38	\$114	\$172	\$103	\$155	\$79	\$119
39	\$119	\$175	\$107	\$157	\$83	\$121
40	\$124	\$178	\$111	\$160	\$86	\$123
41	\$129	\$181	\$116	\$162	\$90	\$125
42	\$135	\$184	\$121	\$165	\$93	\$127
43	\$139	\$188	\$124	\$168	\$96	\$130
44	\$143	\$191	\$128	\$172	\$99	\$132
45	\$147	\$195	\$132	\$175	\$101	\$135
46	\$151	\$200	\$135	\$179	\$104	\$138
47	\$155	\$204	\$139	\$183	\$108	\$141
48	\$160	\$206	\$144	\$185	\$111	\$143
49	\$165	\$209	\$148	\$187	\$114	\$144
50	\$170	\$211	\$152	\$189	\$117	\$146
51	\$174	\$213	\$156	\$191	\$120	\$147
52	\$179	\$215	\$160	\$193	\$124	\$149
53	\$184	\$219	\$166	\$196	\$128	\$151
54	\$191	\$222	\$171	\$199	\$132	\$154
55	\$197	\$226	\$177	\$203	\$136	\$156
56	\$204	\$230	\$183	\$206	\$141	\$159
57	\$210	\$234	\$189	\$210	\$145	\$162
58	\$223	\$239	\$200	\$214	\$154	\$165
59	\$235	\$244	\$211	\$219	\$163	\$169
60	\$248	\$249	\$222	\$224	\$171	\$172
61	\$260	\$254	\$233	\$228	\$180	\$176
62	\$272	\$259	\$244	\$232	\$188	\$179
63	\$285	\$264	\$255	\$237	\$197	\$183
64	\$297	\$269	\$267	\$241	\$206	\$186

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$177	\$177	\$144	\$144
1	\$124	\$124	\$101	\$101
2-18	\$89	\$89	\$72	\$72
19	\$97	\$108	\$79	\$88
20	\$104	\$128	\$85	\$104
21	\$114	\$149	\$93	\$121
22	\$124	\$170	\$101	\$139
23	\$134	\$192	\$109	\$156
24	\$143	\$213	\$117	\$174
25	\$146	\$219	\$119	\$179
26	\$149	\$225	\$121	\$184
27	\$152	\$232	\$124	\$189
28	\$153	\$234	\$125	\$191
29	\$155	\$237	\$126	\$193
30	\$157	\$240	\$128	\$196
31	\$159	\$244	\$130	\$199
32	\$162	\$247	\$132	\$202
33	\$166	\$255	\$135	\$208
34	\$170	\$262	\$139	\$214
35	\$175	\$270	\$142	\$220
36	\$179	\$277	\$146	\$226
37	\$184	\$285	\$150	\$232
38	\$192	\$290	\$157	\$236
39	\$201	\$294	\$164	\$240
40	\$209	\$299	\$170	\$244
41	\$217	\$304	\$177	\$248
42	\$226	\$309	\$184	\$252
43	\$233	\$316	\$190	\$257
44	\$240	\$322	\$195	\$262
45	\$246	\$328	\$201	\$268
46	\$254	\$336	\$207	\$274
47	\$261	\$343	\$213	\$280
48	\$269	\$347	\$219	\$283
49	\$277	\$351	\$226	\$286
50	\$285	\$355	\$233	\$289
51	\$293	\$358	\$239	\$292
52	\$300	\$361	\$245	\$295
53	\$310	\$367	\$253	\$300
54	\$320	\$373	\$261	\$305
55	\$331	\$379	\$270	\$309
56	\$342	\$386	\$279	\$315
57	\$353	\$393	\$288	\$321
58	\$374	\$402	\$305	\$327
59	\$395	\$410	\$322	\$335
60	\$416	\$419	\$339	\$342
61	\$437	\$427	\$356	\$348
62	\$458	\$435	\$373	\$355
63	\$479	\$443	\$390	\$362
64	\$500	\$452	\$407	\$368

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$162	\$162	\$150	\$150	\$116	\$116	\$93	\$93
1	\$114	\$114	\$105	\$105	\$81	\$81	\$65	\$65
2-18	\$81	\$81	\$75	\$75	\$58	\$58	\$46	\$46
19	\$88	\$99	\$82	\$92	\$63	\$71	\$51	\$57
20	\$95	\$117	\$88	\$108	\$68	\$84	\$55	\$67
21	\$105	\$137	\$96	\$126	\$75	\$98	\$60	\$78
22	\$113	\$156	\$105	\$144	\$81	\$112	\$65	\$89
23	\$122	\$176	\$113	\$162	\$88	\$126	\$70	\$101
24	\$131	\$196	\$121	\$181	\$94	\$140	\$75	\$112
25	\$134	\$201	\$124	\$186	\$96	\$144	\$77	\$115
26	\$136	\$207	\$126	\$191	\$98	\$148	\$78	\$118
27	\$139	\$212	\$128	\$196	\$99	\$152	\$79	\$121
28	\$140	\$215	\$130	\$198	\$101	\$154	\$80	\$123
29	\$142	\$217	\$131	\$201	\$102	\$156	\$81	\$124
30	\$144	\$220	\$133	\$203	\$103	\$158	\$82	\$126
31	\$146	\$223	\$135	\$206	\$104	\$160	\$83	\$128
32	\$148	\$227	\$137	\$209	\$106	\$162	\$85	\$130
33	\$152	\$233	\$140	\$215	\$109	\$167	\$87	\$134
34	\$156	\$240	\$144	\$222	\$112	\$172	\$89	\$137
35	\$160	\$247	\$148	\$228	\$115	\$177	\$92	\$141
36	\$164	\$254	\$152	\$235	\$118	\$182	\$94	\$145
37	\$168	\$261	\$155	\$241	\$121	\$187	\$96	\$149
38	\$176	\$266	\$163	\$245	\$126	\$190	\$101	\$152
39	\$184	\$270	\$170	\$249	\$132	\$193	\$105	\$154
40	\$191	\$275	\$177	\$253	\$137	\$197	\$109	\$157
41	\$199	\$279	\$184	\$257	\$143	\$200	\$114	\$159
42	\$207	\$283	\$191	\$262	\$148	\$203	\$119	\$162
43	\$214	\$289	\$197	\$267	\$153	\$207	\$122	\$166
44	\$220	\$295	\$203	\$272	\$157	\$211	\$126	\$169
45	\$226	\$301	\$209	\$278	\$162	\$216	\$129	\$172
46	\$233	\$308	\$215	\$284	\$167	\$220	\$133	\$176
47	\$240	\$314	\$221	\$290	\$172	\$225	\$137	\$180
48	\$247	\$318	\$228	\$293	\$177	\$228	\$141	\$182
49	\$254	\$321	\$235	\$297	\$182	\$230	\$145	\$184
50	\$261	\$325	\$241	\$300	\$187	\$233	\$150	\$186
51	\$268	\$328	\$248	\$303	\$192	\$235	\$153	\$188
52	\$275	\$331	\$254	\$306	\$197	\$237	\$157	\$190
53	\$284	\$337	\$262	\$311	\$204	\$241	\$163	\$193
54	\$294	\$342	\$271	\$316	\$210	\$245	\$168	\$196
55	\$303	\$348	\$280	\$321	\$217	\$249	\$174	\$199
56	\$314	\$354	\$290	\$327	\$225	\$254	\$179	\$203
57	\$324	\$360	\$299	\$333	\$232	\$258	\$185	\$206
58	\$343	\$368	\$317	\$340	\$246	\$264	\$196	\$211
59	\$362	\$376	\$334	\$347	\$259	\$270	\$207	\$215
60	\$381	\$384	\$352	\$355	\$273	\$275	\$218	\$220
61	\$401	\$392	\$370	\$362	\$287	\$281	\$229	\$224
62	\$420	\$399	\$387	\$368	\$301	\$286	\$240	\$228
63	\$439	\$407	\$405	\$375	\$314	\$291	\$251	\$233
64	\$458	\$414	\$423	\$382	\$328	\$297	\$262	\$237

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$107	\$107	\$95	\$95	\$80	\$80	\$66	\$66
1	\$75	\$75	\$67	\$67	\$56	\$56	\$46	\$46
2-18	\$54	\$54	\$48	\$48	\$40	\$40	\$33	\$33
19	\$58	\$66	\$52	\$58	\$44	\$49	\$36	\$40
20	\$63	\$77	\$56	\$68	\$47	\$58	\$39	\$47
21	\$69	\$90	\$61	\$80	\$52	\$68	\$42	\$55
22	\$75	\$103	\$66	\$91	\$56	\$77	\$46	\$63
23	\$81	\$116	\$72	\$103	\$61	\$87	\$49	\$71
24	\$87	\$129	\$77	\$115	\$65	\$97	\$53	\$79
25	\$88	\$133	\$78	\$118	\$66	\$100	\$54	\$81
26	\$90	\$137	\$80	\$121	\$68	\$102	\$55	\$83
27	\$92	\$140	\$81	\$124	\$69	\$105	\$56	\$86
28	\$93	\$142	\$82	\$126	\$70	\$107	\$57	\$87
29	\$94	\$144	\$83	\$127	\$70	\$108	\$57	\$88
30	\$95	\$145	\$84	\$129	\$71	\$109	\$58	\$89
31	\$96	\$148	\$85	\$131	\$72	\$111	\$59	\$90
32	\$98	\$150	\$87	\$133	\$73	\$112	\$60	\$92
33	\$100	\$154	\$89	\$137	\$75	\$116	\$61	\$94
34	\$103	\$159	\$91	\$141	\$77	\$119	\$63	\$97
35	\$106	\$163	\$94	\$145	\$79	\$123	\$65	\$100
36	\$109	\$168	\$96	\$149	\$81	\$126	\$66	\$103
37	\$111	\$172	\$99	\$153	\$83	\$129	\$68	\$105
38	\$116	\$176	\$103	\$156	\$87	\$132	\$71	\$107
39	\$122	\$178	\$108	\$158	\$91	\$134	\$74	\$109
40	\$127	\$181	\$112	\$161	\$95	\$136	\$77	\$111
41	\$132	\$184	\$117	\$163	\$99	\$138	\$80	\$113
42	\$137	\$187	\$121	\$166	\$103	\$140	\$84	\$114
43	\$141	\$191	\$125	\$170	\$106	\$143	\$86	\$117
44	\$145	\$195	\$129	\$173	\$109	\$146	\$89	\$119
45	\$149	\$199	\$132	\$176	\$112	\$149	\$91	\$122
46	\$154	\$203	\$136	\$180	\$115	\$152	\$94	\$124
47	\$158	\$208	\$140	\$184	\$119	\$156	\$97	\$127
48	\$163	\$210	\$145	\$186	\$122	\$158	\$100	\$128
49	\$168	\$212	\$149	\$188	\$126	\$159	\$103	\$130
50	\$173	\$215	\$153	\$191	\$130	\$161	\$106	\$131
51	\$177	\$217	\$157	\$192	\$133	\$163	\$108	\$132
52	\$182	\$219	\$161	\$194	\$136	\$164	\$111	\$134
53	\$188	\$223	\$167	\$197	\$141	\$167	\$115	\$136
54	\$194	\$226	\$172	\$201	\$146	\$170	\$119	\$138
55	\$201	\$230	\$178	\$204	\$150	\$172	\$123	\$140
56	\$207	\$234	\$184	\$208	\$155	\$175	\$127	\$143
57	\$214	\$238	\$190	\$211	\$160	\$179	\$131	\$146
58	\$227	\$243	\$201	\$216	\$170	\$182	\$138	\$149
59	\$239	\$249	\$212	\$221	\$179	\$186	\$146	\$152
60	\$252	\$254	\$224	\$225	\$189	\$190	\$154	\$155
61	\$265	\$259	\$235	\$230	\$199	\$194	\$162	\$158
62	\$277	\$264	\$246	\$234	\$208	\$198	\$169	\$161
63	\$290	\$269	\$257	\$238	\$217	\$201	\$177	\$164
64	\$303	\$274	\$268	\$243	\$227	\$205	\$185	\$167

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$72	\$72	\$49	\$49	\$62	\$62	\$43	\$43
1	\$51	\$51	\$35	\$35	\$44	\$44	\$30	\$30
2-18	\$36	\$36	\$25	\$25	\$31	\$31	\$21	\$21
19	\$39	\$44	\$27	\$30	\$34	\$38	\$23	\$26
20	\$43	\$52	\$29	\$36	\$37	\$45	\$25	\$31
21	\$47	\$61	\$32	\$42	\$40	\$53	\$28	\$36
22	\$51	\$70	\$35	\$48	\$44	\$60	\$30	\$41
23	\$55	\$78	\$37	\$54	\$47	\$68	\$32	\$46
24	\$59	\$87	\$40	\$60	\$50	\$75	\$35	\$51
25	\$60	\$90	\$41	\$61	\$51	\$77	\$35	\$53
26	\$61	\$92	\$42	\$63	\$52	\$79	\$36	\$54
27	\$62	\$95	\$42	\$65	\$53	\$82	\$37	\$56
28	\$63	\$96	\$43	\$66	\$54	\$83	\$37	\$57
29	\$63	\$97	\$43	\$66	\$55	\$84	\$37	\$57
30	\$64	\$98	\$44	\$67	\$55	\$85	\$38	\$58
31	\$65	\$100	\$44	\$68	\$56	\$86	\$38	\$59
32	\$66	\$101	\$45	\$69	\$57	\$87	\$39	\$60
33	\$68	\$104	\$46	\$71	\$58	\$90	\$40	\$61
34	\$70	\$107	\$48	\$73	\$60	\$92	\$41	\$63
35	\$71	\$110	\$49	\$75	\$62	\$95	\$42	\$65
36	\$73	\$113	\$50	\$78	\$63	\$98	\$43	\$67
37	\$75	\$116	\$51	\$80	\$65	\$100	\$44	\$69
38	\$79	\$118	\$54	\$81	\$68	\$102	\$46	\$70
39	\$82	\$120	\$56	\$82	\$71	\$104	\$48	\$71
40	\$85	\$123	\$58	\$84	\$74	\$106	\$50	\$72
41	\$89	\$124	\$61	\$85	\$77	\$107	\$52	\$73
42	\$93	\$126	\$63	\$86	\$80	\$109	\$55	\$75
43	\$95	\$129	\$65	\$88	\$82	\$111	\$56	\$76
44	\$98	\$132	\$67	\$90	\$84	\$113	\$58	\$78
45	\$101	\$134	\$69	\$92	\$87	\$116	\$59	\$79
46	\$104	\$137	\$71	\$94	\$89	\$118	\$61	\$81
47	\$107	\$140	\$73	\$96	\$92	\$121	\$63	\$83
48	\$110	\$142	\$75	\$97	\$95	\$122	\$65	\$84
49	\$113	\$143	\$78	\$98	\$98	\$124	\$67	\$85
50	\$117	\$145	\$80	\$99	\$101	\$125	\$69	\$86
51	\$120	\$146	\$82	\$100	\$103	\$126	\$71	\$86
52	\$123	\$148	\$84	\$101	\$106	\$127	\$72	\$87
53	\$127	\$150	\$87	\$103	\$109	\$130	\$75	\$89
54	\$131	\$153	\$90	\$104	\$113	\$132	\$77	\$90
55	\$135	\$155	\$93	\$106	\$117	\$134	\$80	\$92
56	\$140	\$158	\$96	\$108	\$121	\$136	\$83	\$93
57	\$145	\$161	\$99	\$110	\$125	\$139	\$85	\$95
58	\$153	\$164	\$105	\$112	\$132	\$142	\$90	\$97
59	\$162	\$168	\$110	\$115	\$139	\$145	\$95	\$99
60	\$170	\$171	\$116	\$117	\$147	\$148	\$100	\$101
61	\$179	\$175	\$122	\$119	\$154	\$151	\$105	\$103
62	\$187	\$178	\$128	\$122	\$161	\$153	\$110	\$105
63	\$196	\$181	\$134	\$124	\$169	\$156	\$116	\$107
64	\$204	\$185	\$140	\$126	\$176	\$159	\$121	\$109

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$88	\$88	\$79	\$79	\$61	\$61
1	\$62	\$62	\$55	\$55	\$43	\$43
2-18	\$44	\$44	\$40	\$40	\$31	\$31
19	\$48	\$54	\$43	\$48	\$33	\$37
20	\$52	\$64	\$47	\$57	\$36	\$44
21	\$57	\$74	\$51	\$67	\$39	\$51
22	\$62	\$85	\$55	\$76	\$43	\$59
23	\$66	\$96	\$60	\$86	\$46	\$66
24	\$71	\$106	\$64	\$95	\$49	\$74
25	\$73	\$109	\$65	\$98	\$50	\$76
26	\$74	\$112	\$66	\$101	\$51	\$78
27	\$75	\$115	\$68	\$104	\$52	\$80
28	\$76	\$117	\$68	\$105	\$53	\$81
29	\$77	\$118	\$69	\$106	\$53	\$82
30	\$78	\$120	\$70	\$107	\$54	\$83
31	\$79	\$121	\$71	\$109	\$55	\$84
32	\$81	\$123	\$72	\$111	\$56	\$85
33	\$83	\$127	\$74	\$114	\$57	\$88
34	\$85	\$131	\$76	\$117	\$59	\$90
35	\$87	\$134	\$78	\$121	\$60	\$93
36	\$89	\$138	\$80	\$124	\$62	\$96
37	\$91	\$142	\$82	\$127	\$63	\$98
38	\$96	\$144	\$86	\$129	\$66	\$100
39	\$100	\$147	\$90	\$132	\$69	\$101
40	\$104	\$149	\$93	\$134	\$72	\$103
41	\$108	\$151	\$97	\$136	\$75	\$105
42	\$113	\$154	\$101	\$138	\$78	\$107
43	\$116	\$157	\$104	\$141	\$80	\$109
44	\$119	\$160	\$107	\$144	\$83	\$111
45	\$123	\$164	\$110	\$147	\$85	\$113
46	\$126	\$167	\$113	\$150	\$87	\$116
47	\$130	\$171	\$117	\$153	\$90	\$118
48	\$134	\$173	\$120	\$155	\$93	\$120
49	\$138	\$175	\$124	\$157	\$96	\$121
50	\$142	\$177	\$127	\$159	\$98	\$122
51	\$146	\$178	\$131	\$160	\$101	\$123
52	\$149	\$180	\$134	\$162	\$103	\$125
53	\$154	\$183	\$139	\$164	\$107	\$127
54	\$160	\$186	\$143	\$167	\$110	\$129
55	\$165	\$189	\$148	\$170	\$114	\$131
56	\$170	\$192	\$153	\$173	\$118	\$133
57	\$176	\$196	\$158	\$176	\$122	\$135
58	\$186	\$200	\$167	\$180	\$129	\$138
59	\$197	\$204	\$177	\$183	\$136	\$141
60	\$207	\$209	\$186	\$187	\$143	\$144
61	\$218	\$213	\$195	\$191	\$151	\$147
62	\$228	\$217	\$205	\$195	\$158	\$150
63	\$238	\$221	\$214	\$198	\$165	\$153
64	\$249	\$225	\$223	\$202	\$172	\$156

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$239	\$239	\$195	\$195
1	\$167	\$167	\$136	\$136
2-18	\$119	\$119	\$97	\$97
19	\$130	\$146	\$106	\$119
20	\$141	\$172	\$115	\$140
21	\$154	\$201	\$125	\$164
22	\$167	\$230	\$136	\$187
23	\$180	\$259	\$147	\$211
24	\$193	\$288	\$158	\$235
25	\$197	\$296	\$161	\$241
26	\$201	\$304	\$164	\$248
27	\$205	\$313	\$167	\$255
28	\$207	\$317	\$169	\$258
29	\$209	\$320	\$171	\$261
30	\$211	\$324	\$172	\$264
31	\$215	\$329	\$175	\$268
32	\$218	\$334	\$178	\$272
33	\$224	\$344	\$183	\$280
34	\$230	\$354	\$187	\$289
35	\$236	\$364	\$192	\$297
36	\$242	\$374	\$197	\$305
37	\$248	\$384	\$202	\$313
38	\$259	\$391	\$212	\$319
39	\$271	\$398	\$221	\$324
40	\$282	\$404	\$230	\$330
41	\$294	\$411	\$239	\$335
42	\$305	\$417	\$249	\$340
43	\$315	\$426	\$256	\$347
44	\$324	\$434	\$264	\$354
45	\$333	\$443	\$271	\$361
46	\$343	\$453	\$279	\$369
47	\$353	\$463	\$288	\$378
48	\$363	\$468	\$296	\$382
49	\$374	\$473	\$305	\$386
50	\$385	\$479	\$314	\$391
51	\$395	\$483	\$322	\$394
52	\$405	\$488	\$330	\$398
53	\$419	\$496	\$341	\$404
54	\$433	\$504	\$353	\$411
55	\$447	\$512	\$364	\$418
56	\$462	\$522	\$377	\$425
57	\$477	\$531	\$389	\$433
58	\$505	\$542	\$412	\$442
59	\$533	\$554	\$435	\$452
60	\$562	\$566	\$458	\$461
61	\$590	\$577	\$481	\$470
62	\$618	\$587	\$504	\$479
63	\$646	\$599	\$527	\$488
64	\$675	\$610	\$550	\$497

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$219	\$219	\$202	\$202	\$157	\$157	\$125	\$125
1	\$153	\$153	\$141	\$141	\$110	\$110	\$88	\$88
2-18	\$110	\$110	\$101	\$101	\$78	\$78	\$63	\$63
19	\$119	\$134	\$110	\$124	\$86	\$96	\$68	\$77
20	\$129	\$158	\$119	\$146	\$92	\$113	\$74	\$90
21	\$141	\$184	\$130	\$170	\$101	\$132	\$81	\$105
22	\$153	\$211	\$141	\$195	\$110	\$151	\$88	\$121
23	\$165	\$237	\$153	\$219	\$118	\$170	\$94	\$136
24	\$177	\$264	\$164	\$244	\$127	\$189	\$101	\$151
25	\$181	\$271	\$167	\$251	\$129	\$194	\$103	\$155
26	\$184	\$279	\$170	\$257	\$132	\$200	\$105	\$159
27	\$187	\$287	\$173	\$265	\$134	\$205	\$107	\$164
28	\$190	\$290	\$175	\$268	\$136	\$208	\$108	\$166
29	\$192	\$293	\$177	\$271	\$137	\$210	\$110	\$168
30	\$194	\$297	\$179	\$274	\$139	\$213	\$111	\$170
31	\$197	\$302	\$182	\$278	\$141	\$216	\$113	\$172
32	\$200	\$306	\$185	\$283	\$143	\$219	\$114	\$175
33	\$205	\$315	\$189	\$291	\$147	\$226	\$117	\$180
34	\$211	\$324	\$194	\$299	\$151	\$232	\$120	\$186
35	\$216	\$334	\$200	\$308	\$155	\$239	\$124	\$191
36	\$222	\$343	\$205	\$317	\$159	\$246	\$127	\$196
37	\$227	\$352	\$210	\$325	\$163	\$252	\$130	\$201
38	\$238	\$358	\$220	\$331	\$170	\$257	\$136	\$205
39	\$248	\$364	\$229	\$336	\$178	\$261	\$142	\$208
40	\$258	\$371	\$239	\$342	\$185	\$265	\$148	\$212
41	\$269	\$376	\$248	\$347	\$193	\$270	\$154	\$215
42	\$280	\$383	\$258	\$353	\$200	\$274	\$160	\$219
43	\$288	\$391	\$266	\$361	\$207	\$280	\$165	\$223
44	\$297	\$398	\$274	\$368	\$212	\$285	\$170	\$228
45	\$305	\$406	\$282	\$375	\$218	\$291	\$174	\$232
46	\$314	\$415	\$290	\$383	\$225	\$298	\$180	\$238
47	\$323	\$424	\$299	\$392	\$232	\$304	\$185	\$243
48	\$333	\$429	\$307	\$396	\$239	\$307	\$191	\$245
49	\$343	\$434	\$317	\$401	\$246	\$311	\$196	\$248
50	\$353	\$439	\$326	\$405	\$253	\$314	\$202	\$251
51	\$362	\$443	\$334	\$409	\$259	\$317	\$207	\$253
52	\$371	\$447	\$343	\$413	\$266	\$320	\$212	\$256
53	\$384	\$455	\$354	\$420	\$275	\$326	\$220	\$260
54	\$397	\$462	\$366	\$427	\$284	\$331	\$227	\$264
55	\$410	\$470	\$378	\$434	\$293	\$336	\$234	\$269
56	\$423	\$478	\$391	\$441	\$303	\$342	\$242	\$273
57	\$437	\$487	\$404	\$449	\$313	\$348	\$250	\$278
58	\$463	\$497	\$427	\$459	\$332	\$356	\$265	\$284
59	\$489	\$508	\$451	\$469	\$350	\$364	\$280	\$291
60	\$515	\$519	\$475	\$479	\$369	\$371	\$295	\$297
61	\$541	\$529	\$499	\$488	\$387	\$379	\$309	\$302
62	\$567	\$539	\$523	\$497	\$406	\$386	\$324	\$308
63	\$592	\$549	\$547	\$507	\$424	\$393	\$339	\$314
64	\$618	\$559	\$571	\$516	\$443	\$400	\$354	\$320

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$145	\$145	\$128	\$128	\$109	\$109	\$88	\$88
1	\$101	\$101	\$90	\$90	\$76	\$76	\$62	\$62
2-18	\$72	\$72	\$64	\$64	\$54	\$54	\$44	\$44
19	\$79	\$89	\$70	\$79	\$59	\$66	\$48	\$54
20	\$85	\$104	\$76	\$92	\$64	\$78	\$52	\$64
21	\$93	\$122	\$83	\$108	\$70	\$91	\$57	\$74
22	\$101	\$139	\$90	\$124	\$76	\$104	\$62	\$85
23	\$109	\$157	\$97	\$139	\$82	\$118	\$67	\$96
24	\$117	\$174	\$104	\$155	\$88	\$131	\$72	\$107
25	\$119	\$179	\$106	\$159	\$90	\$134	\$73	\$110
26	\$122	\$184	\$108	\$163	\$91	\$138	\$74	\$113
27	\$124	\$189	\$110	\$168	\$93	\$142	\$76	\$116
28	\$125	\$192	\$111	\$170	\$94	\$144	\$77	\$117
29	\$127	\$194	\$112	\$172	\$95	\$145	\$77	\$118
30	\$128	\$196	\$114	\$174	\$96	\$147	\$78	\$120
31	\$130	\$199	\$115	\$177	\$97	\$149	\$79	\$122
32	\$132	\$202	\$117	\$179	\$99	\$152	\$81	\$124
33	\$136	\$208	\$120	\$185	\$102	\$156	\$83	\$127
34	\$139	\$214	\$123	\$190	\$104	\$161	\$85	\$131
35	\$143	\$221	\$127	\$196	\$107	\$165	\$87	\$135
36	\$147	\$227	\$130	\$201	\$110	\$170	\$90	\$139
37	\$150	\$233	\$133	\$206	\$113	\$175	\$92	\$142
38	\$157	\$237	\$139	\$210	\$118	\$178	\$96	\$145
39	\$164	\$241	\$146	\$214	\$123	\$181	\$100	\$147
40	\$171	\$245	\$151	\$217	\$128	\$184	\$104	\$150
41	\$178	\$249	\$158	\$221	\$133	\$187	\$109	\$152
42	\$185	\$253	\$164	\$224	\$139	\$190	\$113	\$154
43	\$191	\$258	\$169	\$229	\$143	\$194	\$116	\$158
44	\$196	\$263	\$174	\$233	\$147	\$197	\$120	\$161
45	\$202	\$269	\$179	\$238	\$151	\$201	\$123	\$164
46	\$208	\$275	\$184	\$243	\$156	\$206	\$127	\$168
47	\$214	\$281	\$190	\$249	\$160	\$210	\$131	\$171
48	\$220	\$284	\$195	\$252	\$165	\$213	\$134	\$173
49	\$227	\$287	\$201	\$254	\$170	\$215	\$139	\$175
50	\$233	\$290	\$207	\$257	\$175	\$218	\$142	\$177
51	\$239	\$293	\$212	\$260	\$179	\$220	\$146	\$179
52	\$246	\$296	\$218	\$262	\$184	\$222	\$150	\$181
53	\$254	\$301	\$225	\$266	\$190	\$225	\$155	\$184
54	\$262	\$305	\$232	\$271	\$197	\$229	\$160	\$187
55	\$271	\$310	\$240	\$275	\$203	\$233	\$165	\$190
56	\$280	\$316	\$248	\$280	\$210	\$237	\$171	\$193
57	\$289	\$322	\$256	\$285	\$217	\$241	\$177	\$196
58	\$306	\$329	\$271	\$291	\$229	\$246	\$187	\$201
59	\$323	\$336	\$286	\$298	\$242	\$252	\$197	\$205
60	\$340	\$343	\$302	\$304	\$255	\$257	\$208	\$209
61	\$358	\$350	\$317	\$310	\$268	\$262	\$218	\$214
62	\$374	\$356	\$332	\$316	\$281	\$267	\$229	\$217
63	\$392	\$363	\$347	\$322	\$293	\$272	\$239	\$222
64	\$409	\$370	\$362	\$328	\$306	\$277	\$250	\$226

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$98	\$98	\$67	\$67	\$84	\$84	\$58	\$58
1	\$68	\$68	\$47	\$47	\$59	\$59	\$40	\$40
2-18	\$49	\$49	\$33	\$33	\$42	\$42	\$29	\$29
19	\$53	\$60	\$36	\$41	\$46	\$52	\$31	\$35
20	\$58	\$70	\$39	\$48	\$50	\$61	\$34	\$42
21	\$63	\$82	\$43	\$56	\$54	\$71	\$37	\$49
22	\$68	\$94	\$47	\$64	\$59	\$81	\$40	\$55
23	\$74	\$106	\$50	\$72	\$64	\$91	\$43	\$62
24	\$79	\$118	\$54	\$81	\$68	\$102	\$47	\$69
25	\$81	\$121	\$55	\$83	\$69	\$104	\$48	\$71
26	\$82	\$124	\$56	\$85	\$71	\$107	\$48	\$73
27	\$84	\$128	\$57	\$87	\$72	\$110	\$49	\$75
28	\$85	\$130	\$58	\$89	\$73	\$112	\$50	\$76
29	\$86	\$131	\$59	\$90	\$74	\$113	\$50	\$77
30	\$87	\$133	\$59	\$91	\$75	\$114	\$51	\$78
31	\$88	\$135	\$60	\$92	\$76	\$116	\$52	\$79
32	\$89	\$137	\$61	\$93	\$77	\$118	\$53	\$81
33	\$92	\$141	\$63	\$96	\$79	\$121	\$54	\$83
34	\$94	\$145	\$64	\$99	\$81	\$125	\$55	\$85
35	\$96	\$149	\$66	\$102	\$83	\$128	\$57	\$88
36	\$99	\$153	\$68	\$105	\$85	\$132	\$58	\$90
37	\$101	\$157	\$69	\$107	\$87	\$135	\$60	\$93
38	\$106	\$160	\$73	\$109	\$91	\$138	\$63	\$94
39	\$111	\$163	\$76	\$111	\$95	\$140	\$65	\$96
40	\$115	\$165	\$79	\$113	\$99	\$142	\$68	\$98
41	\$120	\$168	\$82	\$115	\$103	\$145	\$71	\$99
42	\$125	\$171	\$85	\$117	\$108	\$147	\$74	\$101
43	\$129	\$174	\$88	\$119	\$111	\$150	\$76	\$103
44	\$132	\$178	\$90	\$121	\$114	\$153	\$78	\$105
45	\$136	\$181	\$93	\$124	\$117	\$156	\$80	\$107
46	\$140	\$185	\$96	\$127	\$121	\$160	\$83	\$109
47	\$144	\$189	\$99	\$129	\$124	\$163	\$85	\$112
48	\$149	\$192	\$102	\$131	\$128	\$165	\$88	\$113
49	\$153	\$194	\$105	\$132	\$132	\$167	\$90	\$114
50	\$157	\$196	\$108	\$134	\$136	\$169	\$93	\$116
51	\$162	\$198	\$110	\$135	\$139	\$170	\$95	\$117
52	\$166	\$200	\$113	\$136	\$143	\$172	\$98	\$118
53	\$171	\$203	\$117	\$139	\$148	\$175	\$101	\$120
54	\$177	\$206	\$121	\$141	\$152	\$178	\$104	\$122
55	\$183	\$210	\$125	\$143	\$157	\$181	\$108	\$124
56	\$189	\$213	\$129	\$146	\$163	\$184	\$111	\$126
57	\$195	\$217	\$133	\$148	\$168	\$187	\$115	\$128
58	\$207	\$222	\$141	\$152	\$178	\$191	\$122	\$131
59	\$218	\$227	\$149	\$155	\$188	\$195	\$129	\$134
60	\$230	\$231	\$157	\$158	\$198	\$199	\$136	\$136
61	\$241	\$236	\$165	\$161	\$208	\$203	\$142	\$139
62	\$253	\$240	\$173	\$164	\$218	\$207	\$149	\$142
63	\$264	\$245	\$181	\$167	\$228	\$211	\$156	\$144
64	\$276	\$250	\$189	\$171	\$238	\$215	\$163	\$147

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Plymouth, Woodbury
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$119	\$119	\$107	\$107	\$82	\$82
1	\$83	\$83	\$75	\$75	\$58	\$58
2-18	\$60	\$60	\$53	\$53	\$41	\$41
19	\$65	\$73	\$58	\$65	\$45	\$50
20	\$70	\$86	\$63	\$77	\$48	\$59
21	\$77	\$100	\$69	\$90	\$53	\$69
22	\$83	\$115	\$75	\$103	\$58	\$79
23	\$90	\$129	\$81	\$116	\$62	\$89
24	\$96	\$143	\$86	\$129	\$67	\$99
25	\$98	\$147	\$88	\$132	\$68	\$102
26	\$100	\$151	\$90	\$136	\$69	\$105
27	\$102	\$156	\$91	\$140	\$70	\$108
28	\$103	\$158	\$92	\$141	\$71	\$109
29	\$104	\$159	\$94	\$143	\$72	\$110
30	\$105	\$161	\$95	\$145	\$73	\$112
31	\$107	\$164	\$96	\$147	\$74	\$113
32	\$109	\$166	\$98	\$149	\$75	\$115
33	\$111	\$171	\$100	\$154	\$77	\$118
34	\$114	\$176	\$103	\$158	\$79	\$122
35	\$117	\$181	\$105	\$163	\$81	\$126
36	\$121	\$186	\$108	\$167	\$83	\$129
37	\$123	\$191	\$111	\$172	\$85	\$132
38	\$129	\$195	\$116	\$175	\$89	\$135
39	\$135	\$198	\$121	\$178	\$93	\$137
40	\$140	\$201	\$126	\$181	\$97	\$139
41	\$146	\$204	\$131	\$184	\$101	\$142
42	\$152	\$208	\$136	\$187	\$105	\$144
43	\$157	\$212	\$141	\$190	\$108	\$147
44	\$161	\$216	\$145	\$194	\$112	\$150
45	\$166	\$221	\$149	\$198	\$115	\$153
46	\$171	\$226	\$153	\$203	\$118	\$156
47	\$176	\$231	\$158	\$207	\$122	\$160
48	\$181	\$233	\$162	\$209	\$125	\$161
49	\$186	\$236	\$167	\$212	\$129	\$163
50	\$192	\$239	\$172	\$214	\$133	\$165
51	\$197	\$241	\$177	\$216	\$136	\$167
52	\$202	\$243	\$181	\$218	\$140	\$168
53	\$209	\$247	\$187	\$222	\$144	\$171
54	\$215	\$251	\$193	\$225	\$149	\$174
55	\$223	\$255	\$200	\$229	\$154	\$177
56	\$230	\$260	\$206	\$233	\$159	\$180
57	\$238	\$264	\$213	\$237	\$164	\$183
58	\$252	\$270	\$226	\$242	\$174	\$187
59	\$266	\$276	\$238	\$248	\$184	\$191
60	\$280	\$282	\$251	\$253	\$194	\$195
61	\$294	\$287	\$264	\$258	\$203	\$199
62	\$308	\$293	\$276	\$263	\$213	\$202
63	\$322	\$298	\$289	\$268	\$223	\$206
64	\$336	\$304	\$301	\$273	\$232	\$210

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Non-tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$174	\$174	\$142	\$142
1	\$121	\$121	\$99	\$99
2-18	\$87	\$87	\$71	\$71
19	\$95	\$106	\$77	\$87
20	\$102	\$125	\$83	\$102
21	\$112	\$146	\$91	\$119
22	\$121	\$167	\$99	\$136
23	\$131	\$188	\$107	\$153
24	\$140	\$209	\$114	\$171
25	\$143	\$215	\$117	\$175
26	\$146	\$221	\$119	\$180
27	\$149	\$227	\$121	\$185
28	\$150	\$230	\$122	\$188
29	\$152	\$233	\$124	\$190
30	\$154	\$235	\$125	\$192
31	\$156	\$239	\$127	\$195
32	\$159	\$243	\$129	\$198
33	\$163	\$250	\$133	\$204
34	\$167	\$257	\$136	\$210
35	\$171	\$265	\$140	\$216
36	\$176	\$272	\$143	\$222
37	\$180	\$279	\$147	\$228
38	\$188	\$284	\$154	\$232
39	\$197	\$289	\$160	\$235
40	\$205	\$294	\$167	\$239
41	\$213	\$298	\$174	\$243
42	\$222	\$303	\$181	\$247
43	\$229	\$310	\$186	\$252
44	\$235	\$316	\$192	\$257
45	\$242	\$322	\$197	\$263
46	\$249	\$329	\$203	\$268
47	\$256	\$336	\$209	\$274
48	\$264	\$340	\$215	\$277
49	\$272	\$344	\$222	\$280
50	\$280	\$348	\$228	\$284
51	\$287	\$351	\$234	\$286
52	\$294	\$355	\$240	\$289
53	\$304	\$360	\$248	\$294
54	\$314	\$366	\$256	\$299
55	\$325	\$372	\$265	\$303
56	\$336	\$379	\$274	\$309
57	\$347	\$386	\$283	\$314
58	\$367	\$394	\$299	\$321
59	\$387	\$403	\$316	\$328
60	\$408	\$411	\$333	\$335
61	\$429	\$419	\$350	\$342
62	\$449	\$427	\$366	\$348
63	\$469	\$435	\$383	\$355
64	\$490	\$443	\$400	\$361

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Non-tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$159	\$159	\$147	\$147	\$114	\$114	\$91	\$91
1	\$111	\$111	\$103	\$103	\$80	\$80	\$64	\$64
2-18	\$80	\$80	\$73	\$73	\$57	\$57	\$46	\$46
19	\$87	\$97	\$80	\$90	\$62	\$70	\$50	\$56
20	\$94	\$115	\$86	\$106	\$67	\$82	\$54	\$66
21	\$102	\$134	\$95	\$124	\$73	\$96	\$59	\$77
22	\$111	\$153	\$103	\$141	\$80	\$110	\$64	\$88
23	\$120	\$172	\$111	\$159	\$86	\$124	\$69	\$99
24	\$129	\$192	\$119	\$177	\$92	\$137	\$74	\$110
25	\$131	\$197	\$121	\$182	\$94	\$141	\$75	\$113
26	\$134	\$203	\$123	\$187	\$96	\$145	\$76	\$116
27	\$136	\$208	\$126	\$192	\$98	\$149	\$78	\$119
28	\$138	\$211	\$127	\$195	\$99	\$151	\$79	\$121
29	\$139	\$213	\$129	\$197	\$100	\$153	\$80	\$122
30	\$141	\$216	\$130	\$199	\$101	\$155	\$81	\$123
31	\$143	\$219	\$132	\$202	\$102	\$157	\$82	\$125
32	\$145	\$223	\$134	\$205	\$104	\$159	\$83	\$127
33	\$149	\$229	\$138	\$211	\$107	\$164	\$85	\$131
34	\$153	\$236	\$141	\$218	\$110	\$169	\$88	\$135
35	\$157	\$243	\$145	\$224	\$112	\$174	\$90	\$139
36	\$161	\$249	\$149	\$230	\$115	\$179	\$92	\$143
37	\$165	\$256	\$152	\$236	\$118	\$183	\$94	\$146
38	\$173	\$260	\$159	\$240	\$124	\$187	\$99	\$149
39	\$180	\$265	\$167	\$244	\$129	\$190	\$103	\$151
40	\$188	\$269	\$173	\$249	\$134	\$193	\$107	\$154
41	\$196	\$273	\$181	\$252	\$140	\$196	\$112	\$156
42	\$203	\$278	\$188	\$257	\$146	\$199	\$116	\$159
43	\$209	\$284	\$193	\$262	\$150	\$203	\$120	\$162
44	\$215	\$289	\$199	\$267	\$154	\$207	\$123	\$165
45	\$222	\$295	\$205	\$272	\$159	\$211	\$127	\$169
46	\$228	\$302	\$211	\$279	\$163	\$216	\$131	\$173
47	\$235	\$308	\$217	\$285	\$168	\$221	\$134	\$176
48	\$242	\$312	\$223	\$288	\$173	\$223	\$138	\$178
49	\$249	\$315	\$230	\$291	\$179	\$226	\$143	\$180
50	\$256	\$319	\$237	\$294	\$184	\$228	\$147	\$182
51	\$263	\$322	\$243	\$297	\$188	\$231	\$150	\$184
52	\$270	\$325	\$249	\$300	\$193	\$233	\$154	\$186
53	\$279	\$330	\$257	\$305	\$200	\$237	\$159	\$189
54	\$288	\$336	\$266	\$310	\$206	\$241	\$165	\$192
55	\$298	\$341	\$275	\$315	\$213	\$244	\$170	\$195
56	\$308	\$347	\$284	\$321	\$220	\$249	\$176	\$199
57	\$318	\$353	\$293	\$326	\$228	\$253	\$182	\$202
58	\$336	\$361	\$311	\$333	\$241	\$259	\$192	\$207
59	\$355	\$369	\$328	\$341	\$254	\$264	\$203	\$211
60	\$374	\$377	\$345	\$348	\$268	\$270	\$214	\$215
61	\$393	\$384	\$363	\$355	\$281	\$275	\$225	\$220
62	\$412	\$391	\$380	\$361	\$295	\$280	\$235	\$224
63	\$430	\$399	\$397	\$368	\$308	\$286	\$246	\$228
64	\$449	\$406	\$415	\$375	\$322	\$291	\$257	\$232

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Non-tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$105	\$105	\$93	\$93	\$79	\$79	\$64	\$64
1	\$74	\$74	\$65	\$65	\$55	\$55	\$45	\$45
2-18	\$53	\$53	\$47	\$47	\$39	\$39	\$32	\$32
19	\$57	\$64	\$51	\$57	\$43	\$48	\$35	\$39
20	\$62	\$76	\$55	\$67	\$46	\$57	\$38	\$46
21	\$68	\$89	\$60	\$78	\$51	\$66	\$41	\$54
22	\$73	\$101	\$65	\$90	\$55	\$76	\$45	\$62
23	\$79	\$114	\$70	\$101	\$59	\$85	\$48	\$70
24	\$85	\$127	\$75	\$112	\$64	\$95	\$52	\$77
25	\$87	\$130	\$77	\$116	\$65	\$98	\$53	\$80
26	\$88	\$134	\$78	\$119	\$66	\$100	\$54	\$82
27	\$90	\$138	\$80	\$122	\$67	\$103	\$55	\$84
28	\$91	\$139	\$81	\$124	\$68	\$104	\$56	\$85
29	\$92	\$141	\$82	\$125	\$69	\$106	\$56	\$86
30	\$93	\$143	\$83	\$126	\$70	\$107	\$57	\$87
31	\$94	\$145	\$84	\$128	\$71	\$109	\$58	\$88
32	\$96	\$147	\$85	\$130	\$72	\$110	\$59	\$90
33	\$99	\$151	\$87	\$134	\$74	\$113	\$60	\$92
34	\$101	\$156	\$90	\$138	\$76	\$117	\$62	\$95
35	\$104	\$160	\$92	\$142	\$78	\$120	\$63	\$98
36	\$107	\$165	\$94	\$146	\$80	\$124	\$65	\$101
37	\$109	\$169	\$97	\$150	\$82	\$127	\$67	\$103
38	\$114	\$172	\$101	\$153	\$86	\$129	\$70	\$105
39	\$119	\$175	\$106	\$155	\$89	\$131	\$73	\$107
40	\$124	\$178	\$110	\$158	\$93	\$133	\$76	\$109
41	\$129	\$181	\$115	\$160	\$97	\$135	\$79	\$110
42	\$134	\$184	\$119	\$163	\$101	\$138	\$82	\$112
43	\$138	\$188	\$123	\$166	\$104	\$141	\$85	\$115
44	\$142	\$191	\$126	\$170	\$107	\$143	\$87	\$117
45	\$146	\$195	\$130	\$173	\$110	\$146	\$89	\$119
46	\$151	\$199	\$134	\$177	\$113	\$150	\$92	\$122
47	\$155	\$204	\$138	\$181	\$116	\$153	\$95	\$125
48	\$160	\$206	\$142	\$183	\$120	\$155	\$98	\$126
49	\$165	\$208	\$146	\$185	\$124	\$156	\$101	\$127
50	\$169	\$211	\$150	\$187	\$127	\$158	\$104	\$129
51	\$174	\$213	\$154	\$189	\$130	\$159	\$106	\$130
52	\$178	\$215	\$158	\$190	\$134	\$161	\$109	\$131
53	\$184	\$218	\$163	\$194	\$138	\$164	\$113	\$133
54	\$190	\$222	\$169	\$197	\$143	\$166	\$116	\$136
55	\$197	\$226	\$174	\$200	\$147	\$169	\$120	\$138
56	\$203	\$230	\$180	\$204	\$152	\$172	\$124	\$140
57	\$210	\$234	\$186	\$207	\$157	\$175	\$128	\$143
58	\$222	\$239	\$197	\$212	\$167	\$179	\$136	\$146
59	\$235	\$244	\$208	\$216	\$176	\$183	\$143	\$149
60	\$247	\$249	\$219	\$221	\$185	\$187	\$151	\$152
61	\$260	\$254	\$230	\$225	\$195	\$190	\$159	\$155
62	\$272	\$259	\$241	\$229	\$204	\$194	\$166	\$158
63	\$284	\$264	\$252	\$234	\$213	\$198	\$174	\$161
64	\$297	\$268	\$263	\$238	\$223	\$201	\$181	\$164

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Non-tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$71	\$71	\$49	\$49	\$61	\$61	\$42	\$42
1	\$50	\$50	\$34	\$34	\$43	\$43	\$29	\$29
2-18	\$36	\$36	\$24	\$24	\$31	\$31	\$21	\$21
19	\$39	\$43	\$26	\$30	\$33	\$37	\$23	\$26
20	\$42	\$51	\$29	\$35	\$36	\$44	\$25	\$30
21	\$46	\$60	\$31	\$41	\$39	\$52	\$27	\$35
22	\$50	\$68	\$34	\$47	\$43	\$59	\$29	\$40
23	\$54	\$77	\$37	\$53	\$46	\$66	\$32	\$45
24	\$57	\$86	\$39	\$58	\$49	\$74	\$34	\$50
25	\$59	\$88	\$40	\$60	\$50	\$76	\$35	\$52
26	\$60	\$90	\$41	\$62	\$51	\$78	\$35	\$53
27	\$61	\$93	\$42	\$64	\$52	\$80	\$36	\$55
28	\$61	\$94	\$42	\$64	\$53	\$81	\$36	\$55
29	\$62	\$95	\$43	\$65	\$54	\$82	\$37	\$56
30	\$63	\$96	\$43	\$66	\$54	\$83	\$37	\$57
31	\$64	\$98	\$44	\$67	\$55	\$84	\$38	\$58
32	\$65	\$99	\$44	\$68	\$56	\$86	\$38	\$59
33	\$67	\$102	\$45	\$70	\$57	\$88	\$39	\$60
34	\$68	\$105	\$47	\$72	\$59	\$91	\$40	\$62
35	\$70	\$108	\$48	\$74	\$60	\$93	\$41	\$64
36	\$72	\$111	\$49	\$76	\$62	\$96	\$42	\$66
37	\$74	\$114	\$50	\$78	\$63	\$98	\$43	\$67
38	\$77	\$116	\$53	\$79	\$66	\$100	\$45	\$69
39	\$81	\$118	\$55	\$81	\$69	\$102	\$47	\$70
40	\$84	\$120	\$57	\$82	\$72	\$104	\$49	\$71
41	\$87	\$122	\$60	\$83	\$75	\$105	\$51	\$72
42	\$91	\$124	\$62	\$85	\$78	\$107	\$54	\$73
43	\$93	\$127	\$64	\$87	\$81	\$109	\$55	\$75
44	\$96	\$129	\$66	\$88	\$83	\$111	\$57	\$76
45	\$99	\$132	\$68	\$90	\$85	\$113	\$58	\$78
46	\$102	\$135	\$70	\$92	\$88	\$116	\$60	\$79
47	\$105	\$138	\$72	\$94	\$90	\$119	\$62	\$81
48	\$108	\$139	\$74	\$95	\$93	\$120	\$64	\$82
49	\$111	\$141	\$76	\$96	\$96	\$121	\$66	\$83
50	\$114	\$142	\$78	\$97	\$99	\$123	\$67	\$84
51	\$117	\$144	\$80	\$98	\$101	\$124	\$69	\$85
52	\$120	\$145	\$82	\$99	\$104	\$125	\$71	\$86
53	\$124	\$147	\$85	\$101	\$107	\$127	\$73	\$87
54	\$129	\$150	\$88	\$102	\$111	\$129	\$76	\$88
55	\$133	\$152	\$91	\$104	\$114	\$131	\$78	\$90
56	\$137	\$155	\$94	\$106	\$118	\$134	\$81	\$91
57	\$142	\$158	\$97	\$108	\$122	\$136	\$84	\$93
58	\$150	\$161	\$103	\$110	\$129	\$139	\$89	\$95
59	\$158	\$165	\$108	\$113	\$137	\$142	\$93	\$97
60	\$167	\$168	\$114	\$115	\$144	\$145	\$98	\$99
61	\$175	\$171	\$120	\$117	\$151	\$148	\$103	\$101
62	\$184	\$175	\$126	\$119	\$158	\$150	\$108	\$103
63	\$192	\$178	\$131	\$122	\$165	\$153	\$113	\$105
64	\$200	\$181	\$137	\$124	\$173	\$156	\$118	\$107

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Non-tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$86	\$86	\$78	\$78	\$60	\$60
1	\$60	\$60	\$54	\$54	\$42	\$42
2-18	\$43	\$43	\$39	\$39	\$30	\$30
19	\$47	\$53	\$42	\$47	\$33	\$37
20	\$51	\$62	\$46	\$56	\$35	\$43
21	\$56	\$73	\$50	\$65	\$39	\$50
22	\$60	\$83	\$54	\$75	\$42	\$58
23	\$65	\$94	\$59	\$84	\$45	\$65
24	\$70	\$104	\$63	\$94	\$48	\$72
25	\$71	\$107	\$64	\$96	\$49	\$74
26	\$73	\$110	\$65	\$99	\$50	\$76
27	\$74	\$113	\$66	\$102	\$51	\$78
28	\$75	\$115	\$67	\$103	\$52	\$79
29	\$76	\$116	\$68	\$104	\$52	\$80
30	\$77	\$117	\$69	\$105	\$53	\$81
31	\$78	\$119	\$70	\$107	\$54	\$82
32	\$79	\$121	\$71	\$108	\$55	\$84
33	\$81	\$124	\$73	\$112	\$56	\$86
34	\$83	\$128	\$75	\$115	\$58	\$89
35	\$85	\$132	\$77	\$118	\$59	\$91
36	\$88	\$135	\$79	\$122	\$61	\$94
37	\$90	\$139	\$81	\$125	\$62	\$96
38	\$94	\$141	\$84	\$127	\$65	\$98
39	\$98	\$144	\$88	\$129	\$68	\$100
40	\$102	\$146	\$92	\$131	\$71	\$101
41	\$106	\$149	\$95	\$133	\$74	\$103
42	\$110	\$151	\$99	\$136	\$76	\$104
43	\$114	\$154	\$102	\$138	\$79	\$107
44	\$117	\$157	\$105	\$141	\$81	\$109
45	\$120	\$160	\$108	\$144	\$83	\$111
46	\$124	\$164	\$111	\$147	\$86	\$113
47	\$128	\$168	\$115	\$150	\$88	\$116
48	\$131	\$169	\$118	\$152	\$91	\$117
49	\$135	\$171	\$122	\$154	\$94	\$119
50	\$139	\$173	\$125	\$156	\$96	\$120
51	\$143	\$175	\$128	\$157	\$99	\$121
52	\$147	\$177	\$132	\$158	\$101	\$122
53	\$152	\$180	\$136	\$161	\$105	\$124
54	\$157	\$182	\$140	\$164	\$108	\$126
55	\$162	\$185	\$145	\$166	\$112	\$128
56	\$167	\$189	\$150	\$169	\$116	\$131
57	\$173	\$192	\$155	\$172	\$119	\$133
58	\$183	\$196	\$164	\$176	\$126	\$136
59	\$193	\$201	\$173	\$180	\$134	\$139
60	\$203	\$205	\$182	\$184	\$141	\$142
61	\$214	\$209	\$192	\$187	\$148	\$144
62	\$224	\$213	\$201	\$191	\$155	\$147
63	\$234	\$217	\$210	\$194	\$162	\$150
64	\$244	\$221	\$219	\$198	\$169	\$153

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$234	\$234	\$191	\$191
1	\$164	\$164	\$134	\$134
2-18	\$117	\$117	\$96	\$96
19	\$128	\$143	\$104	\$117
20	\$138	\$169	\$112	\$138
21	\$151	\$197	\$123	\$161
22	\$164	\$226	\$134	\$184
23	\$177	\$254	\$144	\$207
24	\$190	\$282	\$155	\$230
25	\$193	\$290	\$158	\$237
26	\$197	\$298	\$160	\$243
27	\$201	\$307	\$164	\$250
28	\$203	\$310	\$165	\$253
29	\$205	\$314	\$167	\$256
30	\$207	\$318	\$169	\$259
31	\$211	\$323	\$172	\$263
32	\$214	\$328	\$175	\$267
33	\$220	\$337	\$179	\$275
34	\$225	\$347	\$184	\$283
35	\$231	\$357	\$189	\$291
36	\$237	\$367	\$194	\$299
37	\$243	\$377	\$198	\$307
38	\$254	\$384	\$207	\$313
39	\$266	\$390	\$217	\$318
40	\$277	\$397	\$225	\$323
41	\$288	\$403	\$235	\$328
42	\$299	\$409	\$244	\$334
43	\$308	\$418	\$252	\$341
44	\$317	\$426	\$259	\$347
45	\$326	\$435	\$266	\$354
46	\$336	\$444	\$274	\$362
47	\$346	\$454	\$282	\$370
48	\$356	\$459	\$291	\$374
49	\$367	\$464	\$299	\$379
50	\$378	\$470	\$308	\$383
51	\$387	\$474	\$316	\$386
52	\$397	\$479	\$324	\$390
53	\$411	\$487	\$335	\$397
54	\$424	\$495	\$346	\$403
55	\$438	\$502	\$357	\$410
56	\$453	\$512	\$369	\$417
57	\$468	\$521	\$381	\$424
58	\$495	\$532	\$404	\$434
59	\$523	\$544	\$426	\$443
60	\$551	\$555	\$449	\$452
61	\$579	\$566	\$472	\$461
62	\$606	\$576	\$494	\$470
63	\$634	\$587	\$517	\$479
64	\$662	\$598	\$539	\$488

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$215	\$215	\$198	\$198	\$154	\$154	\$123	\$123
1	\$150	\$150	\$139	\$139	\$108	\$108	\$86	\$86
2-18	\$107	\$107	\$99	\$99	\$77	\$77	\$61	\$61
19	\$117	\$131	\$108	\$121	\$84	\$94	\$67	\$75
20	\$126	\$155	\$117	\$143	\$91	\$111	\$72	\$89
21	\$138	\$181	\$128	\$167	\$99	\$130	\$79	\$103
22	\$150	\$207	\$139	\$191	\$108	\$148	\$86	\$118
23	\$162	\$233	\$150	\$215	\$116	\$167	\$93	\$133
24	\$174	\$259	\$160	\$239	\$124	\$185	\$99	\$148
25	\$177	\$266	\$164	\$246	\$127	\$191	\$101	\$152
26	\$180	\$273	\$167	\$252	\$129	\$196	\$103	\$156
27	\$184	\$281	\$170	\$260	\$132	\$201	\$105	\$161
28	\$186	\$285	\$172	\$263	\$133	\$204	\$106	\$163
29	\$188	\$288	\$174	\$266	\$135	\$206	\$108	\$165
30	\$190	\$291	\$176	\$269	\$136	\$209	\$109	\$167
31	\$193	\$296	\$178	\$273	\$138	\$212	\$110	\$169
32	\$196	\$300	\$181	\$277	\$141	\$215	\$112	\$172
33	\$201	\$309	\$186	\$285	\$144	\$221	\$115	\$177
34	\$207	\$318	\$191	\$294	\$148	\$228	\$118	\$182
35	\$212	\$328	\$196	\$302	\$152	\$235	\$121	\$187
36	\$218	\$337	\$201	\$311	\$156	\$241	\$124	\$193
37	\$223	\$346	\$206	\$319	\$160	\$247	\$128	\$198
38	\$233	\$352	\$215	\$325	\$167	\$252	\$133	\$201
39	\$244	\$357	\$225	\$330	\$174	\$256	\$139	\$204
40	\$253	\$364	\$234	\$336	\$182	\$260	\$145	\$208
41	\$264	\$369	\$244	\$341	\$189	\$264	\$151	\$211
42	\$275	\$375	\$253	\$346	\$197	\$269	\$157	\$215
43	\$283	\$383	\$261	\$354	\$203	\$274	\$162	\$219
44	\$291	\$391	\$269	\$361	\$208	\$280	\$166	\$223
45	\$299	\$399	\$276	\$368	\$214	\$285	\$171	\$228
46	\$308	\$407	\$284	\$376	\$221	\$292	\$176	\$233
47	\$317	\$416	\$293	\$384	\$227	\$298	\$181	\$238
48	\$327	\$421	\$302	\$389	\$234	\$301	\$187	\$241
49	\$337	\$426	\$311	\$393	\$241	\$305	\$193	\$243
50	\$346	\$431	\$319	\$398	\$248	\$308	\$198	\$246
51	\$355	\$435	\$328	\$401	\$254	\$311	\$203	\$249
52	\$364	\$439	\$336	\$405	\$261	\$314	\$208	\$251
53	\$376	\$446	\$348	\$412	\$270	\$319	\$215	\$255
54	\$389	\$453	\$359	\$418	\$279	\$325	\$222	\$259
55	\$402	\$461	\$371	\$425	\$288	\$330	\$230	\$263
56	\$415	\$469	\$383	\$433	\$297	\$336	\$238	\$268
57	\$429	\$477	\$396	\$440	\$307	\$342	\$245	\$273
58	\$454	\$488	\$419	\$450	\$325	\$349	\$260	\$279
59	\$479	\$498	\$443	\$460	\$343	\$357	\$274	\$285
60	\$505	\$509	\$466	\$469	\$362	\$364	\$289	\$291
61	\$531	\$519	\$490	\$479	\$380	\$371	\$303	\$297
62	\$556	\$528	\$513	\$488	\$398	\$378	\$318	\$302
63	\$581	\$538	\$536	\$497	\$416	\$386	\$332	\$308
64	\$606	\$548	\$560	\$506	\$434	\$393	\$347	\$314

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$142	\$142	\$126	\$126	\$106	\$106	\$87	\$87
1	\$99	\$99	\$88	\$88	\$74	\$74	\$61	\$61
2-18	\$71	\$71	\$63	\$63	\$53	\$53	\$43	\$43
19	\$77	\$87	\$69	\$77	\$58	\$65	\$47	\$53
20	\$84	\$102	\$74	\$91	\$63	\$77	\$51	\$62
21	\$91	\$120	\$81	\$106	\$69	\$90	\$56	\$73
22	\$99	\$137	\$88	\$121	\$74	\$102	\$61	\$83
23	\$107	\$154	\$95	\$136	\$80	\$115	\$65	\$94
24	\$115	\$171	\$102	\$152	\$86	\$128	\$70	\$105
25	\$117	\$176	\$104	\$156	\$88	\$132	\$72	\$107
26	\$119	\$181	\$106	\$160	\$89	\$136	\$73	\$110
27	\$122	\$186	\$108	\$165	\$91	\$139	\$74	\$114
28	\$123	\$188	\$109	\$167	\$92	\$141	\$75	\$115
29	\$124	\$190	\$110	\$169	\$93	\$143	\$76	\$116
30	\$126	\$193	\$111	\$171	\$94	\$144	\$77	\$118
31	\$128	\$195	\$113	\$173	\$96	\$147	\$78	\$119
32	\$130	\$199	\$115	\$176	\$97	\$149	\$79	\$121
33	\$133	\$204	\$118	\$181	\$100	\$153	\$81	\$125
34	\$137	\$210	\$121	\$186	\$102	\$158	\$83	\$128
35	\$140	\$216	\$124	\$192	\$105	\$162	\$86	\$132
36	\$144	\$222	\$128	\$197	\$108	\$167	\$88	\$136
37	\$147	\$228	\$131	\$202	\$110	\$171	\$90	\$139
38	\$154	\$232	\$137	\$206	\$116	\$174	\$94	\$142
39	\$161	\$236	\$143	\$209	\$121	\$177	\$98	\$144
40	\$168	\$240	\$149	\$213	\$126	\$180	\$102	\$147
41	\$174	\$244	\$155	\$216	\$131	\$183	\$107	\$149
42	\$181	\$248	\$161	\$220	\$136	\$186	\$111	\$151
43	\$187	\$253	\$166	\$225	\$140	\$190	\$114	\$155
44	\$192	\$258	\$170	\$229	\$144	\$194	\$117	\$158
45	\$198	\$263	\$175	\$234	\$148	\$197	\$121	\$161
46	\$204	\$269	\$181	\$239	\$153	\$202	\$124	\$164
47	\$210	\$275	\$186	\$244	\$157	\$206	\$128	\$168
48	\$216	\$278	\$191	\$247	\$162	\$209	\$132	\$170
49	\$222	\$281	\$197	\$249	\$167	\$211	\$136	\$172
50	\$229	\$285	\$203	\$252	\$171	\$213	\$140	\$174
51	\$235	\$287	\$208	\$255	\$176	\$215	\$143	\$175
52	\$241	\$290	\$213	\$257	\$181	\$217	\$147	\$177
53	\$249	\$295	\$221	\$261	\$187	\$221	\$152	\$180
54	\$257	\$300	\$228	\$266	\$193	\$225	\$157	\$183
55	\$266	\$304	\$235	\$270	\$199	\$228	\$162	\$186
56	\$274	\$310	\$243	\$275	\$206	\$232	\$168	\$189
57	\$283	\$315	\$251	\$280	\$212	\$236	\$173	\$193
58	\$300	\$322	\$266	\$286	\$225	\$242	\$183	\$197
59	\$317	\$329	\$281	\$292	\$238	\$247	\$194	\$201
60	\$334	\$336	\$296	\$298	\$250	\$252	\$204	\$205
61	\$351	\$343	\$311	\$304	\$263	\$257	\$214	\$209
62	\$367	\$349	\$326	\$309	\$275	\$262	\$224	\$213
63	\$384	\$356	\$340	\$315	\$288	\$267	\$235	\$217
64	\$401	\$362	\$355	\$321	\$300	\$272	\$245	\$221

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$96	\$96	\$66	\$66	\$83	\$83	\$57	\$57
1	\$67	\$67	\$46	\$46	\$58	\$58	\$40	\$40
2-18	\$48	\$48	\$33	\$33	\$41	\$41	\$28	\$28
19	\$52	\$59	\$36	\$40	\$45	\$51	\$31	\$35
20	\$56	\$69	\$39	\$47	\$49	\$59	\$33	\$41
21	\$62	\$81	\$42	\$55	\$53	\$70	\$36	\$48
22	\$67	\$92	\$46	\$63	\$58	\$79	\$40	\$54
23	\$72	\$104	\$49	\$71	\$62	\$90	\$43	\$61
24	\$78	\$116	\$53	\$79	\$67	\$100	\$46	\$68
25	\$79	\$119	\$54	\$81	\$68	\$102	\$47	\$70
26	\$81	\$122	\$55	\$83	\$69	\$105	\$48	\$72
27	\$82	\$125	\$56	\$86	\$71	\$108	\$48	\$74
28	\$83	\$127	\$57	\$87	\$71	\$109	\$49	\$75
29	\$84	\$128	\$57	\$88	\$72	\$111	\$50	\$76
30	\$85	\$130	\$58	\$89	\$73	\$112	\$50	\$77
31	\$86	\$132	\$59	\$90	\$74	\$114	\$51	\$78
32	\$88	\$134	\$60	\$92	\$75	\$115	\$52	\$79
33	\$90	\$138	\$61	\$94	\$77	\$119	\$53	\$81
34	\$92	\$142	\$63	\$97	\$79	\$122	\$54	\$84
35	\$95	\$146	\$65	\$100	\$82	\$126	\$56	\$86
36	\$97	\$150	\$66	\$103	\$84	\$129	\$57	\$89
37	\$99	\$154	\$68	\$105	\$86	\$133	\$59	\$91
38	\$104	\$157	\$71	\$107	\$90	\$135	\$61	\$93
39	\$109	\$160	\$74	\$109	\$94	\$137	\$64	\$94
40	\$113	\$162	\$77	\$111	\$97	\$140	\$67	\$96
41	\$118	\$165	\$81	\$113	\$101	\$142	\$69	\$97
42	\$123	\$167	\$84	\$114	\$106	\$144	\$72	\$99
43	\$126	\$171	\$86	\$117	\$109	\$147	\$74	\$101
44	\$130	\$174	\$89	\$119	\$112	\$150	\$77	\$103
45	\$134	\$178	\$91	\$122	\$115	\$153	\$79	\$105
46	\$137	\$182	\$94	\$124	\$118	\$157	\$81	\$107
47	\$142	\$186	\$97	\$127	\$122	\$160	\$83	\$110
48	\$146	\$188	\$100	\$128	\$126	\$162	\$86	\$111
49	\$150	\$190	\$103	\$130	\$129	\$164	\$89	\$112
50	\$154	\$192	\$106	\$131	\$133	\$166	\$91	\$113
51	\$159	\$194	\$108	\$133	\$137	\$167	\$94	\$114
52	\$163	\$196	\$111	\$134	\$140	\$169	\$96	\$115
53	\$168	\$199	\$115	\$136	\$145	\$171	\$99	\$117
54	\$174	\$202	\$119	\$138	\$150	\$174	\$102	\$119
55	\$179	\$206	\$123	\$140	\$154	\$177	\$106	\$121
56	\$185	\$209	\$127	\$143	\$160	\$180	\$109	\$123
57	\$191	\$213	\$131	\$146	\$165	\$183	\$113	\$126
58	\$203	\$218	\$139	\$149	\$175	\$187	\$120	\$128
59	\$214	\$222	\$146	\$152	\$184	\$192	\$126	\$131
60	\$225	\$227	\$154	\$155	\$194	\$196	\$133	\$134
61	\$237	\$231	\$162	\$158	\$204	\$199	\$140	\$137
62	\$248	\$236	\$169	\$161	\$214	\$203	\$146	\$139
63	\$259	\$240	\$177	\$164	\$223	\$207	\$153	\$142
64	\$271	\$245	\$185	\$167	\$233	\$211	\$160	\$144

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Tobacco

Counties: Cerro Gordo, Floyd, Franklin, Hancock, Howard, Kossuth, Mitchell, Palo Alto, Winnebago, Worth, Wright

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$117	\$117	\$105	\$105	\$81	\$81
1	\$82	\$82	\$73	\$73	\$57	\$57
2-18	\$58	\$58	\$52	\$52	\$40	\$40
19	\$64	\$71	\$57	\$64	\$44	\$49
20	\$69	\$84	\$62	\$75	\$48	\$58
21	\$75	\$98	\$67	\$88	\$52	\$68
22	\$82	\$112	\$73	\$101	\$56	\$78
23	\$88	\$126	\$79	\$114	\$61	\$88
24	\$94	\$141	\$85	\$126	\$65	\$97
25	\$96	\$145	\$86	\$130	\$67	\$100
26	\$98	\$149	\$88	\$133	\$68	\$103
27	\$100	\$153	\$90	\$137	\$69	\$106
28	\$101	\$155	\$91	\$139	\$70	\$107
29	\$102	\$156	\$92	\$140	\$71	\$108
30	\$103	\$158	\$93	\$142	\$71	\$110
31	\$105	\$161	\$94	\$144	\$73	\$111
32	\$107	\$163	\$96	\$146	\$74	\$113
33	\$109	\$168	\$98	\$151	\$76	\$116
34	\$112	\$173	\$101	\$155	\$78	\$120
35	\$115	\$178	\$103	\$160	\$80	\$123
36	\$118	\$183	\$106	\$164	\$82	\$127
37	\$121	\$188	\$109	\$168	\$84	\$130
38	\$127	\$191	\$114	\$171	\$88	\$132
39	\$132	\$194	\$119	\$174	\$92	\$134
40	\$138	\$197	\$124	\$177	\$95	\$137
41	\$143	\$201	\$129	\$180	\$99	\$139
42	\$149	\$204	\$134	\$183	\$103	\$141
43	\$154	\$208	\$138	\$187	\$106	\$144
44	\$158	\$212	\$142	\$190	\$109	\$147
45	\$163	\$217	\$146	\$194	\$112	\$150
46	\$167	\$221	\$150	\$199	\$116	\$153
47	\$172	\$226	\$155	\$203	\$119	\$157
48	\$177	\$229	\$159	\$205	\$123	\$158
49	\$183	\$231	\$164	\$208	\$127	\$160
50	\$188	\$234	\$169	\$210	\$130	\$162
51	\$193	\$236	\$173	\$212	\$134	\$163
52	\$198	\$238	\$178	\$214	\$137	\$165
53	\$205	\$242	\$184	\$217	\$142	\$168
54	\$211	\$246	\$190	\$221	\$146	\$170
55	\$218	\$250	\$196	\$225	\$151	\$173
56	\$226	\$255	\$202	\$229	\$156	\$176
57	\$233	\$259	\$209	\$233	\$161	\$179
58	\$247	\$265	\$221	\$238	\$171	\$183
59	\$260	\$271	\$234	\$243	\$180	\$187
60	\$274	\$276	\$246	\$248	\$190	\$191
61	\$288	\$282	\$259	\$253	\$199	\$195
62	\$302	\$287	\$271	\$258	\$209	\$199
63	\$316	\$292	\$283	\$262	\$218	\$202
64	\$329	\$298	\$296	\$267	\$228	\$206

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$199	\$199	\$162	\$162
1	\$139	\$139	\$114	\$114
2-18	\$100	\$100	\$81	\$81
19	\$109	\$122	\$89	\$99
20	\$117	\$143	\$96	\$117
21	\$128	\$168	\$105	\$137
22	\$139	\$192	\$113	\$156
23	\$150	\$216	\$122	\$176
24	\$161	\$240	\$131	\$196
25	\$164	\$247	\$134	\$201
26	\$167	\$253	\$136	\$207
27	\$170	\$261	\$139	\$212
28	\$172	\$264	\$140	\$215
29	\$174	\$267	\$142	\$218
30	\$176	\$270	\$144	\$220
31	\$179	\$274	\$146	\$223
32	\$182	\$278	\$148	\$227
33	\$187	\$286	\$152	\$234
34	\$191	\$295	\$156	\$240
35	\$196	\$304	\$160	\$248
36	\$202	\$312	\$164	\$254
37	\$207	\$320	\$168	\$261
38	\$216	\$326	\$176	\$266
39	\$226	\$331	\$184	\$270
40	\$235	\$337	\$192	\$275
41	\$245	\$342	\$199	\$279
42	\$254	\$348	\$207	\$284
43	\$262	\$355	\$214	\$290
44	\$270	\$362	\$220	\$295
45	\$277	\$369	\$226	\$301
46	\$286	\$378	\$233	\$308
47	\$294	\$386	\$240	\$315
48	\$303	\$390	\$247	\$318
49	\$312	\$394	\$254	\$322
50	\$321	\$399	\$262	\$325
51	\$329	\$403	\$268	\$328
52	\$338	\$407	\$275	\$332
53	\$349	\$413	\$284	\$337
54	\$361	\$420	\$294	\$343
55	\$372	\$427	\$304	\$348
56	\$385	\$435	\$314	\$354
57	\$397	\$442	\$324	\$361
58	\$421	\$452	\$343	\$368
59	\$444	\$462	\$362	\$377
60	\$468	\$471	\$382	\$384
61	\$492	\$481	\$401	\$392
62	\$515	\$490	\$420	\$399
63	\$538	\$499	\$439	\$407
64	\$562	\$508	\$458	\$414

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux

Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$183	\$183	\$168	\$168	\$131	\$131	\$104	\$104
1	\$128	\$128	\$118	\$118	\$91	\$91	\$73	\$73
2-18	\$91	\$91	\$84	\$84	\$65	\$65	\$52	\$52
19	\$100	\$112	\$92	\$103	\$71	\$80	\$57	\$64
20	\$107	\$131	\$99	\$121	\$77	\$94	\$61	\$75
21	\$118	\$154	\$109	\$142	\$84	\$110	\$67	\$88
22	\$128	\$176	\$118	\$162	\$91	\$126	\$73	\$100
23	\$138	\$198	\$127	\$183	\$99	\$142	\$79	\$113
24	\$148	\$220	\$136	\$203	\$106	\$158	\$84	\$126
25	\$151	\$226	\$139	\$209	\$108	\$162	\$86	\$129
26	\$153	\$232	\$142	\$215	\$110	\$166	\$88	\$133
27	\$156	\$239	\$144	\$221	\$112	\$171	\$89	\$137
28	\$158	\$242	\$146	\$223	\$113	\$173	\$90	\$138
29	\$160	\$245	\$148	\$226	\$114	\$175	\$91	\$140
30	\$162	\$248	\$149	\$228	\$116	\$177	\$92	\$142
31	\$164	\$251	\$151	\$232	\$117	\$180	\$94	\$144
32	\$167	\$255	\$154	\$236	\$119	\$183	\$95	\$146
33	\$171	\$263	\$158	\$242	\$122	\$188	\$98	\$150
34	\$175	\$270	\$162	\$250	\$126	\$194	\$100	\$155
35	\$180	\$278	\$166	\$257	\$129	\$199	\$103	\$159
36	\$185	\$286	\$171	\$264	\$132	\$205	\$106	\$164
37	\$189	\$294	\$175	\$271	\$136	\$210	\$108	\$168
38	\$198	\$299	\$183	\$276	\$142	\$214	\$113	\$171
39	\$207	\$304	\$191	\$280	\$148	\$218	\$118	\$174
40	\$215	\$309	\$199	\$285	\$154	\$221	\$123	\$177
41	\$224	\$314	\$207	\$290	\$161	\$225	\$128	\$179
42	\$233	\$319	\$215	\$294	\$167	\$228	\$133	\$182
43	\$240	\$326	\$222	\$301	\$172	\$233	\$137	\$186
44	\$247	\$332	\$228	\$306	\$177	\$238	\$141	\$190
45	\$254	\$339	\$235	\$313	\$182	\$243	\$145	\$194
46	\$262	\$346	\$242	\$320	\$187	\$248	\$150	\$198
47	\$270	\$354	\$249	\$327	\$193	\$253	\$154	\$202
48	\$278	\$358	\$256	\$330	\$199	\$256	\$159	\$205
49	\$286	\$362	\$264	\$334	\$205	\$259	\$164	\$207
50	\$294	\$366	\$271	\$338	\$211	\$262	\$168	\$209
51	\$302	\$369	\$279	\$341	\$216	\$264	\$173	\$211
52	\$310	\$373	\$286	\$344	\$222	\$267	\$177	\$213
53	\$320	\$379	\$295	\$350	\$229	\$271	\$183	\$217
54	\$331	\$385	\$305	\$356	\$237	\$276	\$189	\$220
55	\$341	\$391	\$315	\$361	\$244	\$280	\$195	\$224
56	\$353	\$398	\$326	\$368	\$253	\$285	\$202	\$228
57	\$364	\$405	\$336	\$374	\$261	\$290	\$208	\$232
58	\$386	\$414	\$356	\$382	\$276	\$297	\$221	\$237
59	\$407	\$423	\$376	\$391	\$292	\$303	\$233	\$242
60	\$429	\$432	\$396	\$399	\$307	\$309	\$245	\$247
61	\$451	\$441	\$416	\$407	\$323	\$316	\$258	\$252
62	\$472	\$449	\$436	\$414	\$338	\$321	\$270	\$257
63	\$494	\$457	\$456	\$422	\$354	\$328	\$282	\$262
64	\$515	\$466	\$476	\$430	\$369	\$334	\$295	\$267

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$121	\$121	\$107	\$107	\$90	\$90	\$74	\$74
1	\$84	\$84	\$75	\$75	\$63	\$63	\$52	\$52
2-18	\$60	\$60	\$53	\$53	\$45	\$45	\$37	\$37
19	\$66	\$74	\$58	\$65	\$49	\$55	\$40	\$45
20	\$71	\$87	\$63	\$77	\$53	\$65	\$43	\$53
21	\$78	\$102	\$69	\$90	\$58	\$76	\$47	\$62
22	\$84	\$116	\$75	\$103	\$63	\$87	\$51	\$71
23	\$91	\$131	\$81	\$116	\$68	\$98	\$56	\$80
24	\$98	\$145	\$87	\$129	\$73	\$109	\$60	\$89
25	\$100	\$150	\$88	\$133	\$75	\$112	\$61	\$91
26	\$101	\$154	\$90	\$136	\$76	\$115	\$62	\$94
27	\$103	\$158	\$92	\$140	\$77	\$118	\$63	\$96
28	\$104	\$160	\$93	\$142	\$78	\$120	\$64	\$98
29	\$106	\$162	\$94	\$143	\$79	\$121	\$65	\$99
30	\$107	\$164	\$95	\$145	\$80	\$123	\$65	\$100
31	\$108	\$166	\$96	\$147	\$81	\$125	\$66	\$101
32	\$110	\$169	\$98	\$150	\$83	\$126	\$67	\$103
33	\$113	\$174	\$100	\$154	\$85	\$130	\$69	\$106
34	\$116	\$179	\$103	\$158	\$87	\$134	\$71	\$109
35	\$119	\$184	\$106	\$163	\$89	\$138	\$73	\$112
36	\$122	\$189	\$108	\$168	\$92	\$142	\$75	\$115
37	\$125	\$194	\$111	\$172	\$94	\$145	\$76	\$119
38	\$131	\$197	\$116	\$175	\$98	\$148	\$80	\$121
39	\$137	\$201	\$121	\$178	\$103	\$150	\$84	\$123
40	\$142	\$204	\$126	\$181	\$107	\$153	\$87	\$125
41	\$148	\$207	\$131	\$184	\$111	\$155	\$91	\$127
42	\$154	\$211	\$137	\$187	\$116	\$158	\$94	\$129
43	\$159	\$215	\$141	\$191	\$119	\$161	\$97	\$131
44	\$163	\$219	\$145	\$194	\$122	\$164	\$100	\$134
45	\$168	\$224	\$149	\$198	\$126	\$168	\$103	\$137
46	\$173	\$229	\$153	\$203	\$130	\$172	\$106	\$140
47	\$178	\$234	\$158	\$207	\$134	\$175	\$109	\$143
48	\$183	\$236	\$163	\$210	\$138	\$177	\$112	\$144
49	\$189	\$239	\$168	\$212	\$142	\$179	\$115	\$146
50	\$194	\$242	\$172	\$214	\$146	\$181	\$119	\$148
51	\$199	\$244	\$177	\$216	\$150	\$183	\$122	\$149
52	\$205	\$246	\$181	\$218	\$153	\$185	\$125	\$151
53	\$211	\$250	\$187	\$222	\$158	\$188	\$129	\$153
54	\$218	\$255	\$194	\$226	\$164	\$191	\$133	\$156
55	\$226	\$259	\$200	\$229	\$169	\$194	\$138	\$158
56	\$233	\$263	\$207	\$233	\$175	\$197	\$142	\$161
57	\$241	\$268	\$214	\$238	\$181	\$201	\$147	\$164
58	\$255	\$274	\$226	\$243	\$191	\$205	\$156	\$167
59	\$269	\$280	\$239	\$248	\$202	\$210	\$164	\$171
60	\$284	\$286	\$251	\$253	\$213	\$214	\$173	\$174
61	\$298	\$291	\$264	\$258	\$223	\$218	\$182	\$178
62	\$312	\$297	\$277	\$263	\$234	\$222	\$191	\$181
63	\$326	\$302	\$289	\$268	\$245	\$227	\$199	\$185
64	\$341	\$308	\$302	\$273	\$255	\$231	\$208	\$188

Note: 10% discount for two or more members on a plan.
 Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux

Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$81	\$81	\$56	\$56	\$70	\$70	\$48	\$48
1	\$57	\$57	\$39	\$39	\$49	\$49	\$34	\$34
2-18	\$41	\$41	\$28	\$28	\$35	\$35	\$24	\$24
19	\$44	\$50	\$30	\$34	\$38	\$43	\$26	\$29
20	\$48	\$59	\$33	\$40	\$41	\$51	\$28	\$35
21	\$52	\$69	\$36	\$47	\$45	\$59	\$31	\$40
22	\$57	\$78	\$39	\$54	\$49	\$68	\$34	\$46
23	\$61	\$88	\$42	\$60	\$53	\$76	\$36	\$52
24	\$66	\$98	\$45	\$67	\$57	\$85	\$39	\$58
25	\$67	\$101	\$46	\$69	\$58	\$87	\$40	\$60
26	\$68	\$104	\$47	\$71	\$59	\$89	\$40	\$61
27	\$70	\$107	\$48	\$73	\$60	\$92	\$41	\$63
28	\$70	\$108	\$48	\$74	\$61	\$93	\$42	\$64
29	\$71	\$109	\$49	\$75	\$61	\$94	\$42	\$64
30	\$72	\$110	\$49	\$75	\$62	\$95	\$43	\$65
31	\$73	\$112	\$50	\$77	\$63	\$97	\$43	\$66
32	\$74	\$114	\$51	\$78	\$64	\$98	\$44	\$67
33	\$76	\$117	\$52	\$80	\$66	\$101	\$45	\$69
34	\$78	\$121	\$54	\$82	\$67	\$104	\$46	\$71
35	\$80	\$124	\$55	\$85	\$69	\$107	\$47	\$73
36	\$83	\$128	\$56	\$87	\$71	\$110	\$49	\$75
37	\$85	\$131	\$58	\$90	\$73	\$113	\$50	\$77
38	\$88	\$133	\$60	\$91	\$76	\$115	\$52	\$79
39	\$92	\$136	\$63	\$93	\$80	\$117	\$54	\$80
40	\$96	\$138	\$66	\$94	\$83	\$119	\$57	\$81
41	\$100	\$140	\$68	\$96	\$86	\$121	\$59	\$83
42	\$104	\$142	\$71	\$97	\$90	\$123	\$61	\$84
43	\$107	\$145	\$73	\$99	\$92	\$125	\$63	\$86
44	\$110	\$148	\$75	\$101	\$95	\$128	\$65	\$87
45	\$113	\$151	\$78	\$103	\$98	\$130	\$67	\$89
46	\$117	\$154	\$80	\$106	\$101	\$133	\$69	\$91
47	\$120	\$158	\$82	\$108	\$104	\$136	\$71	\$93
48	\$124	\$160	\$85	\$109	\$107	\$138	\$73	\$94
49	\$128	\$161	\$87	\$110	\$110	\$139	\$75	\$95
50	\$131	\$163	\$90	\$112	\$113	\$141	\$77	\$96
51	\$135	\$165	\$92	\$113	\$116	\$142	\$79	\$97
52	\$138	\$166	\$94	\$114	\$119	\$143	\$81	\$98
53	\$143	\$169	\$98	\$116	\$123	\$146	\$84	\$100
54	\$147	\$172	\$101	\$117	\$127	\$148	\$87	\$101
55	\$152	\$175	\$104	\$119	\$131	\$150	\$90	\$103
56	\$157	\$178	\$108	\$122	\$136	\$153	\$93	\$105
57	\$163	\$181	\$111	\$124	\$140	\$156	\$96	\$107
58	\$172	\$185	\$118	\$126	\$148	\$159	\$102	\$109
59	\$182	\$189	\$124	\$129	\$157	\$163	\$107	\$111
60	\$192	\$193	\$131	\$132	\$165	\$166	\$113	\$114
61	\$201	\$197	\$138	\$134	\$173	\$169	\$119	\$116
62	\$211	\$200	\$144	\$137	\$182	\$173	\$124	\$118
63	\$220	\$204	\$151	\$139	\$190	\$176	\$130	\$120
64	\$230	\$208	\$157	\$142	\$198	\$179	\$136	\$123

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux
 Non-tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$99	\$99	\$89	\$89	\$69	\$69
1	\$69	\$69	\$62	\$62	\$48	\$48
2-18	\$50	\$50	\$45	\$45	\$34	\$34
19	\$54	\$61	\$49	\$54	\$37	\$42
20	\$58	\$71	\$52	\$64	\$40	\$49
21	\$64	\$83	\$57	\$75	\$44	\$58
22	\$69	\$95	\$62	\$86	\$48	\$66
23	\$75	\$107	\$67	\$96	\$52	\$74
24	\$80	\$120	\$72	\$107	\$56	\$83
25	\$82	\$123	\$73	\$110	\$57	\$85
26	\$83	\$126	\$75	\$113	\$58	\$87
27	\$85	\$130	\$76	\$116	\$59	\$90
28	\$86	\$131	\$77	\$118	\$59	\$91
29	\$87	\$133	\$78	\$119	\$60	\$92
30	\$88	\$134	\$79	\$121	\$61	\$93
31	\$89	\$137	\$80	\$123	\$62	\$94
32	\$91	\$139	\$81	\$124	\$63	\$96
33	\$93	\$143	\$83	\$128	\$64	\$99
34	\$95	\$147	\$86	\$132	\$66	\$102
35	\$98	\$151	\$88	\$136	\$68	\$105
36	\$100	\$155	\$90	\$139	\$70	\$108
37	\$103	\$159	\$92	\$143	\$71	\$110
38	\$108	\$162	\$97	\$146	\$75	\$112
39	\$112	\$165	\$101	\$148	\$78	\$114
40	\$117	\$168	\$105	\$151	\$81	\$116
41	\$122	\$170	\$109	\$153	\$84	\$118
42	\$127	\$173	\$114	\$155	\$88	\$120
43	\$131	\$177	\$117	\$159	\$90	\$122
44	\$134	\$180	\$121	\$162	\$93	\$125
45	\$138	\$184	\$124	\$165	\$96	\$127
46	\$142	\$188	\$128	\$169	\$98	\$130
47	\$146	\$192	\$131	\$172	\$101	\$133
48	\$151	\$194	\$135	\$174	\$104	\$134
49	\$155	\$196	\$139	\$176	\$108	\$136
50	\$160	\$199	\$143	\$178	\$111	\$138
51	\$164	\$201	\$147	\$180	\$113	\$139
52	\$168	\$203	\$151	\$182	\$116	\$140
53	\$174	\$206	\$156	\$185	\$120	\$142
54	\$180	\$209	\$161	\$188	\$124	\$145
55	\$185	\$213	\$166	\$191	\$128	\$147
56	\$192	\$216	\$172	\$194	\$133	\$150
57	\$198	\$220	\$178	\$198	\$137	\$152
58	\$210	\$225	\$188	\$202	\$145	\$156
59	\$221	\$230	\$199	\$206	\$153	\$159
60	\$233	\$235	\$209	\$211	\$161	\$162
61	\$245	\$239	\$220	\$215	\$169	\$166
62	\$257	\$244	\$230	\$219	\$178	\$169
63	\$268	\$248	\$241	\$223	\$186	\$172
64	\$280	\$253	\$251	\$227	\$194	\$175

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$269	\$269	\$219	\$219
1	\$188	\$188	\$153	\$153
2-18	\$134	\$134	\$110	\$110
19	\$147	\$165	\$119	\$134
20	\$158	\$194	\$129	\$158
21	\$173	\$226	\$141	\$185
22	\$188	\$259	\$153	\$211
23	\$203	\$291	\$165	\$238
24	\$217	\$324	\$177	\$264
25	\$222	\$333	\$181	\$272
26	\$226	\$342	\$184	\$279
27	\$230	\$352	\$188	\$287
28	\$233	\$356	\$190	\$290
29	\$235	\$360	\$192	\$294
30	\$238	\$364	\$194	\$297
31	\$241	\$370	\$197	\$302
32	\$246	\$376	\$200	\$306
33	\$252	\$387	\$205	\$315
34	\$258	\$398	\$211	\$325
35	\$265	\$410	\$216	\$334
36	\$272	\$421	\$222	\$343
37	\$279	\$432	\$227	\$352
38	\$292	\$440	\$238	\$359
39	\$305	\$447	\$248	\$365
40	\$317	\$455	\$259	\$371
41	\$330	\$462	\$269	\$377
42	\$343	\$470	\$280	\$383
43	\$354	\$479	\$289	\$391
44	\$364	\$489	\$297	\$399
45	\$374	\$499	\$305	\$407
46	\$386	\$510	\$314	\$416
47	\$397	\$521	\$324	\$425
48	\$409	\$527	\$333	\$429
49	\$421	\$533	\$343	\$434
50	\$433	\$539	\$353	\$439
51	\$444	\$544	\$362	\$443
52	\$456	\$549	\$372	\$448
53	\$471	\$558	\$384	\$455
54	\$487	\$567	\$397	\$462
55	\$503	\$576	\$410	\$470
56	\$520	\$587	\$424	\$478
57	\$537	\$597	\$438	\$487
58	\$568	\$610	\$463	\$497
59	\$600	\$623	\$489	\$508
60	\$632	\$636	\$515	\$519
61	\$664	\$649	\$541	\$529
62	\$695	\$661	\$567	\$539
63	\$727	\$674	\$593	\$549
64	\$759	\$686	\$619	\$559

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux

Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$246	\$246	\$227	\$227	\$176	\$176	\$141	\$141
1	\$172	\$172	\$159	\$159	\$123	\$123	\$99	\$99
2-18	\$123	\$123	\$114	\$114	\$88	\$88	\$70	\$70
19	\$134	\$151	\$124	\$139	\$96	\$108	\$77	\$86
20	\$145	\$178	\$134	\$164	\$104	\$127	\$83	\$102
21	\$159	\$207	\$147	\$191	\$114	\$149	\$91	\$119
22	\$172	\$237	\$159	\$219	\$123	\$170	\$98	\$136
23	\$186	\$267	\$172	\$247	\$133	\$191	\$106	\$153
24	\$199	\$297	\$184	\$274	\$143	\$213	\$114	\$170
25	\$203	\$305	\$188	\$282	\$146	\$219	\$116	\$175
26	\$207	\$314	\$191	\$290	\$148	\$225	\$118	\$179
27	\$211	\$323	\$195	\$298	\$151	\$231	\$121	\$184
28	\$213	\$326	\$197	\$301	\$153	\$234	\$122	\$187
29	\$216	\$330	\$199	\$305	\$155	\$236	\$123	\$189
30	\$218	\$334	\$201	\$308	\$156	\$239	\$125	\$191
31	\$221	\$339	\$204	\$313	\$159	\$243	\$127	\$194
32	\$225	\$345	\$208	\$318	\$161	\$247	\$129	\$197
33	\$231	\$355	\$213	\$327	\$165	\$254	\$132	\$203
34	\$237	\$365	\$219	\$337	\$170	\$261	\$136	\$209
35	\$243	\$376	\$224	\$347	\$174	\$269	\$139	\$215
36	\$250	\$386	\$230	\$356	\$179	\$277	\$143	\$221
37	\$256	\$396	\$236	\$366	\$183	\$284	\$146	\$227
38	\$268	\$403	\$247	\$372	\$192	\$289	\$153	\$231
39	\$279	\$410	\$258	\$378	\$200	\$294	\$160	\$235
40	\$291	\$417	\$268	\$385	\$208	\$299	\$166	\$238
41	\$303	\$423	\$280	\$391	\$217	\$303	\$173	\$242
42	\$315	\$430	\$291	\$397	\$226	\$308	\$180	\$246
43	\$324	\$439	\$299	\$406	\$232	\$315	\$186	\$251
44	\$334	\$448	\$308	\$414	\$239	\$321	\$191	\$256
45	\$343	\$457	\$317	\$422	\$246	\$327	\$196	\$261
46	\$353	\$467	\$326	\$431	\$253	\$335	\$202	\$267
47	\$364	\$478	\$336	\$441	\$261	\$342	\$208	\$273
48	\$375	\$483	\$346	\$446	\$268	\$346	\$214	\$276
49	\$386	\$488	\$356	\$451	\$277	\$350	\$221	\$279
50	\$397	\$494	\$366	\$456	\$284	\$354	\$227	\$283
51	\$407	\$498	\$376	\$460	\$292	\$357	\$233	\$285
52	\$418	\$503	\$386	\$465	\$299	\$360	\$239	\$288
53	\$432	\$512	\$399	\$472	\$309	\$366	\$247	\$293
54	\$446	\$520	\$412	\$480	\$320	\$372	\$255	\$297
55	\$461	\$528	\$425	\$488	\$330	\$378	\$264	\$302
56	\$476	\$538	\$440	\$496	\$341	\$385	\$272	\$308
57	\$492	\$547	\$454	\$505	\$352	\$392	\$281	\$313
58	\$521	\$559	\$481	\$516	\$373	\$401	\$298	\$320
59	\$550	\$571	\$508	\$528	\$394	\$409	\$315	\$327
60	\$579	\$583	\$535	\$538	\$415	\$418	\$331	\$334
61	\$609	\$595	\$562	\$549	\$436	\$426	\$348	\$340
62	\$637	\$606	\$588	\$559	\$457	\$434	\$365	\$347
63	\$666	\$617	\$615	\$570	\$477	\$442	\$381	\$353
64	\$696	\$629	\$642	\$581	\$498	\$451	\$398	\$360

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$163	\$163	\$144	\$144	\$122	\$122	\$99	\$99
1	\$114	\$114	\$101	\$101	\$85	\$85	\$70	\$70
2-18	\$81	\$81	\$72	\$72	\$61	\$61	\$50	\$50
19	\$89	\$100	\$79	\$88	\$67	\$75	\$54	\$61
20	\$96	\$117	\$85	\$104	\$72	\$88	\$59	\$72
21	\$105	\$137	\$93	\$122	\$79	\$103	\$64	\$84
22	\$114	\$157	\$101	\$139	\$85	\$117	\$70	\$96
23	\$123	\$177	\$109	\$156	\$92	\$132	\$75	\$108
24	\$132	\$196	\$117	\$174	\$99	\$147	\$80	\$120
25	\$134	\$202	\$119	\$179	\$101	\$151	\$82	\$123
26	\$137	\$207	\$121	\$184	\$103	\$155	\$84	\$127
27	\$139	\$213	\$124	\$189	\$105	\$160	\$85	\$130
28	\$141	\$216	\$125	\$191	\$106	\$162	\$86	\$132
29	\$143	\$218	\$126	\$193	\$107	\$164	\$87	\$133
30	\$144	\$221	\$128	\$196	\$108	\$166	\$88	\$135
31	\$146	\$224	\$130	\$199	\$110	\$168	\$89	\$137
32	\$149	\$228	\$132	\$202	\$112	\$171	\$91	\$139
33	\$153	\$234	\$135	\$208	\$114	\$176	\$93	\$143
34	\$157	\$241	\$139	\$214	\$117	\$181	\$96	\$147
35	\$161	\$248	\$142	\$220	\$120	\$186	\$98	\$152
36	\$165	\$255	\$146	\$226	\$124	\$191	\$101	\$156
37	\$169	\$262	\$150	\$232	\$127	\$196	\$103	\$160
38	\$177	\$267	\$157	\$236	\$133	\$200	\$108	\$163
39	\$185	\$271	\$164	\$240	\$138	\$203	\$113	\$166
40	\$192	\$276	\$170	\$244	\$144	\$207	\$117	\$168
41	\$200	\$280	\$177	\$248	\$150	\$210	\$122	\$171
42	\$208	\$284	\$185	\$252	\$156	\$213	\$127	\$174
43	\$214	\$290	\$190	\$258	\$161	\$218	\$131	\$177
44	\$221	\$296	\$196	\$263	\$165	\$222	\$135	\$181
45	\$227	\$302	\$201	\$268	\$170	\$226	\$139	\$185
46	\$234	\$309	\$207	\$274	\$175	\$232	\$143	\$189
47	\$240	\$316	\$213	\$280	\$180	\$237	\$147	\$193
48	\$248	\$319	\$220	\$283	\$186	\$239	\$151	\$195
49	\$255	\$323	\$226	\$286	\$191	\$242	\$156	\$197
50	\$262	\$327	\$233	\$289	\$197	\$245	\$160	\$199
51	\$269	\$329	\$239	\$292	\$202	\$247	\$164	\$201
52	\$276	\$333	\$245	\$295	\$207	\$249	\$169	\$203
53	\$285	\$338	\$253	\$300	\$214	\$254	\$174	\$207
54	\$295	\$344	\$261	\$305	\$221	\$258	\$180	\$210
55	\$305	\$349	\$270	\$310	\$228	\$262	\$186	\$213
56	\$315	\$355	\$279	\$315	\$236	\$266	\$192	\$217
57	\$325	\$362	\$288	\$321	\$244	\$271	\$199	\$221
58	\$344	\$370	\$305	\$328	\$258	\$277	\$210	\$226
59	\$363	\$378	\$322	\$335	\$272	\$283	\$222	\$231
60	\$383	\$386	\$340	\$342	\$287	\$289	\$234	\$236
61	\$402	\$393	\$357	\$349	\$302	\$295	\$246	\$240
62	\$421	\$400	\$373	\$355	\$316	\$300	\$257	\$245
63	\$440	\$408	\$390	\$362	\$330	\$306	\$269	\$249
64	\$460	\$416	\$408	\$369	\$345	\$312	\$281	\$254

Note: 10% discount for two or more members on a plan.
 Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux

Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$110	\$110	\$75	\$75	\$95	\$95	\$65	\$65
1	\$77	\$77	\$53	\$53	\$66	\$66	\$45	\$45
2-18	\$55	\$55	\$38	\$38	\$47	\$47	\$32	\$32
19	\$60	\$67	\$41	\$46	\$52	\$58	\$35	\$40
20	\$65	\$79	\$44	\$54	\$56	\$68	\$38	\$47
21	\$71	\$93	\$48	\$63	\$61	\$80	\$42	\$55
22	\$77	\$106	\$53	\$72	\$66	\$91	\$45	\$62
23	\$83	\$119	\$57	\$81	\$71	\$103	\$49	\$70
24	\$89	\$133	\$61	\$91	\$77	\$114	\$52	\$78
25	\$91	\$136	\$62	\$93	\$78	\$117	\$54	\$80
26	\$92	\$140	\$63	\$96	\$80	\$121	\$54	\$83
27	\$94	\$144	\$64	\$98	\$81	\$124	\$56	\$85
28	\$95	\$146	\$65	\$100	\$82	\$126	\$56	\$86
29	\$96	\$147	\$66	\$101	\$83	\$127	\$57	\$87
30	\$97	\$149	\$67	\$102	\$84	\$128	\$57	\$88
31	\$99	\$151	\$68	\$103	\$85	\$130	\$58	\$89
32	\$100	\$154	\$69	\$105	\$87	\$132	\$59	\$91
33	\$103	\$158	\$70	\$108	\$89	\$136	\$61	\$93
34	\$106	\$163	\$72	\$111	\$91	\$140	\$62	\$96
35	\$109	\$168	\$74	\$115	\$93	\$144	\$64	\$99
36	\$111	\$172	\$76	\$118	\$96	\$148	\$66	\$102
37	\$114	\$177	\$78	\$121	\$98	\$152	\$67	\$104
38	\$119	\$180	\$82	\$123	\$103	\$155	\$70	\$106
39	\$125	\$183	\$85	\$125	\$107	\$158	\$74	\$108
40	\$130	\$186	\$89	\$127	\$112	\$160	\$77	\$110
41	\$135	\$189	\$92	\$129	\$116	\$163	\$80	\$111
42	\$141	\$192	\$96	\$131	\$121	\$165	\$83	\$113
43	\$145	\$196	\$99	\$134	\$125	\$169	\$85	\$116
44	\$149	\$200	\$102	\$137	\$128	\$172	\$88	\$118
45	\$153	\$204	\$105	\$139	\$132	\$176	\$90	\$120
46	\$158	\$209	\$108	\$143	\$136	\$180	\$93	\$123
47	\$162	\$213	\$111	\$146	\$140	\$184	\$96	\$126
48	\$167	\$215	\$114	\$147	\$144	\$186	\$99	\$127
49	\$172	\$218	\$118	\$149	\$148	\$188	\$102	\$129
50	\$177	\$220	\$121	\$151	\$153	\$190	\$105	\$130
51	\$182	\$222	\$124	\$152	\$157	\$192	\$107	\$131
52	\$186	\$225	\$127	\$153	\$161	\$193	\$110	\$132
53	\$193	\$228	\$132	\$156	\$166	\$197	\$114	\$135
54	\$199	\$232	\$136	\$159	\$172	\$200	\$117	\$137
55	\$206	\$236	\$141	\$161	\$177	\$203	\$121	\$139
56	\$213	\$240	\$145	\$164	\$183	\$207	\$125	\$142
57	\$220	\$244	\$150	\$167	\$189	\$210	\$129	\$144
58	\$232	\$250	\$159	\$171	\$200	\$215	\$137	\$147
59	\$245	\$255	\$168	\$174	\$211	\$220	\$145	\$150
60	\$259	\$260	\$177	\$178	\$223	\$224	\$153	\$154
61	\$272	\$265	\$186	\$181	\$234	\$229	\$160	\$157
62	\$284	\$270	\$194	\$185	\$245	\$233	\$168	\$159
63	\$297	\$276	\$203	\$188	\$256	\$237	\$175	\$163
64	\$310	\$281	\$212	\$192	\$267	\$242	\$183	\$166

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Counties: Dickinson, Emmet, Lyon, O'Brien, Osceola, Sioux
 Tobacco

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$134	\$134	\$120	\$120	\$93	\$93
1	\$94	\$94	\$84	\$84	\$65	\$65
2-18	\$67	\$67	\$60	\$60	\$46	\$46
19	\$73	\$82	\$66	\$74	\$51	\$57
20	\$79	\$96	\$71	\$87	\$55	\$67
21	\$86	\$113	\$77	\$101	\$60	\$78
22	\$94	\$129	\$84	\$116	\$65	\$89
23	\$101	\$145	\$91	\$130	\$70	\$100
24	\$108	\$161	\$97	\$145	\$75	\$112
25	\$110	\$166	\$99	\$149	\$76	\$115
26	\$112	\$170	\$101	\$153	\$78	\$118
27	\$115	\$175	\$103	\$157	\$79	\$121
28	\$116	\$177	\$104	\$159	\$80	\$123
29	\$117	\$179	\$105	\$161	\$81	\$124
30	\$118	\$182	\$106	\$163	\$82	\$126
31	\$120	\$184	\$108	\$165	\$83	\$128
32	\$122	\$187	\$110	\$168	\$85	\$130
33	\$125	\$193	\$113	\$173	\$87	\$133
34	\$129	\$198	\$116	\$178	\$89	\$137
35	\$132	\$204	\$119	\$183	\$91	\$141
36	\$136	\$210	\$122	\$188	\$94	\$145
37	\$139	\$215	\$125	\$193	\$96	\$149
38	\$145	\$219	\$130	\$197	\$101	\$152
39	\$152	\$223	\$136	\$200	\$105	\$154
40	\$158	\$227	\$142	\$203	\$109	\$157
41	\$165	\$230	\$148	\$206	\$114	\$159
42	\$171	\$234	\$154	\$210	\$118	\$162
43	\$176	\$239	\$158	\$214	\$122	\$165
44	\$181	\$243	\$163	\$218	\$125	\$168
45	\$186	\$248	\$167	\$223	\$129	\$172
46	\$192	\$254	\$172	\$228	\$133	\$176
47	\$198	\$259	\$177	\$233	\$137	\$180
48	\$204	\$262	\$183	\$235	\$141	\$182
49	\$210	\$265	\$188	\$238	\$145	\$184
50	\$216	\$268	\$194	\$241	\$149	\$186
51	\$221	\$271	\$199	\$243	\$153	\$187
52	\$227	\$273	\$204	\$245	\$157	\$189
53	\$235	\$278	\$211	\$249	\$162	\$192
54	\$242	\$283	\$218	\$254	\$168	\$195
55	\$250	\$287	\$225	\$258	\$173	\$199
56	\$259	\$292	\$232	\$262	\$179	\$202
57	\$267	\$297	\$240	\$267	\$185	\$206
58	\$283	\$304	\$254	\$273	\$196	\$210
59	\$299	\$310	\$268	\$279	\$207	\$215
60	\$315	\$317	\$283	\$284	\$218	\$219
61	\$331	\$323	\$297	\$290	\$229	\$224
62	\$346	\$329	\$311	\$295	\$240	\$228
63	\$362	\$335	\$325	\$301	\$251	\$232
64	\$378	\$342	\$339	\$307	\$262	\$236

Note: 10% discount for two or more members on a plan.
 Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Non-tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshiek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$179	\$179	\$146	\$146
1	\$125	\$125	\$102	\$102
2-18	\$89	\$89	\$73	\$73
19	\$97	\$109	\$79	\$89
20	\$105	\$129	\$86	\$105
21	\$115	\$150	\$94	\$123
22	\$125	\$172	\$102	\$140
23	\$135	\$194	\$110	\$158
24	\$145	\$215	\$118	\$176
25	\$147	\$221	\$120	\$181
26	\$150	\$227	\$122	\$185
27	\$153	\$234	\$125	\$191
28	\$155	\$237	\$126	\$193
29	\$156	\$239	\$128	\$195
30	\$158	\$242	\$129	\$198
31	\$161	\$246	\$131	\$201
32	\$163	\$250	\$133	\$204
33	\$167	\$257	\$137	\$210
34	\$172	\$265	\$140	\$216
35	\$176	\$272	\$144	\$222
36	\$181	\$280	\$148	\$228
37	\$185	\$287	\$151	\$234
38	\$194	\$292	\$158	\$238
39	\$203	\$297	\$165	\$242
40	\$211	\$302	\$172	\$247
41	\$220	\$307	\$179	\$250
42	\$228	\$312	\$186	\$254
43	\$235	\$319	\$192	\$260
44	\$242	\$325	\$197	\$265
45	\$249	\$331	\$203	\$270
46	\$256	\$339	\$209	\$276
47	\$264	\$346	\$215	\$282
48	\$272	\$350	\$222	\$285
49	\$280	\$354	\$228	\$289
50	\$288	\$358	\$235	\$292
51	\$295	\$361	\$241	\$295
52	\$303	\$365	\$247	\$298
53	\$313	\$371	\$255	\$303
54	\$324	\$377	\$264	\$307
55	\$334	\$383	\$272	\$312
56	\$345	\$390	\$282	\$318
57	\$357	\$397	\$291	\$324
58	\$378	\$406	\$308	\$331
59	\$399	\$414	\$325	\$338
60	\$420	\$423	\$343	\$345
61	\$441	\$431	\$360	\$352
62	\$462	\$439	\$377	\$358
63	\$483	\$448	\$394	\$365
64	\$504	\$456	\$411	\$372

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Non-tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshiek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$164	\$164	\$151	\$151	\$117	\$117	\$94	\$94
1	\$115	\$115	\$106	\$106	\$82	\$82	\$66	\$66
2-18	\$82	\$82	\$76	\$76	\$59	\$59	\$47	\$47
19	\$89	\$100	\$82	\$93	\$64	\$72	\$51	\$57
20	\$96	\$118	\$89	\$109	\$69	\$85	\$55	\$67
21	\$106	\$138	\$97	\$127	\$76	\$99	\$60	\$79
22	\$114	\$158	\$106	\$146	\$82	\$113	\$65	\$90
23	\$124	\$178	\$114	\$164	\$88	\$127	\$71	\$102
24	\$133	\$197	\$122	\$182	\$95	\$141	\$76	\$113
25	\$135	\$203	\$125	\$187	\$97	\$145	\$77	\$116
26	\$138	\$209	\$127	\$193	\$99	\$149	\$79	\$119
27	\$140	\$214	\$129	\$198	\$100	\$154	\$80	\$123
28	\$142	\$217	\$131	\$200	\$102	\$155	\$81	\$124
29	\$143	\$219	\$132	\$203	\$103	\$157	\$82	\$126
30	\$145	\$222	\$134	\$205	\$104	\$159	\$83	\$127
31	\$147	\$226	\$136	\$208	\$105	\$162	\$84	\$129
32	\$150	\$229	\$138	\$211	\$107	\$164	\$86	\$131
33	\$153	\$236	\$142	\$218	\$110	\$169	\$88	\$135
34	\$157	\$243	\$145	\$224	\$113	\$174	\$90	\$139
35	\$162	\$250	\$149	\$231	\$116	\$179	\$92	\$143
36	\$166	\$257	\$153	\$237	\$119	\$184	\$95	\$147
37	\$170	\$263	\$157	\$243	\$122	\$189	\$97	\$151
38	\$178	\$268	\$164	\$247	\$127	\$192	\$102	\$153
39	\$186	\$273	\$171	\$252	\$133	\$195	\$106	\$156
40	\$193	\$277	\$178	\$256	\$138	\$199	\$111	\$159
41	\$201	\$282	\$186	\$260	\$144	\$202	\$115	\$161
42	\$209	\$286	\$193	\$264	\$150	\$205	\$120	\$164
43	\$216	\$292	\$199	\$270	\$154	\$209	\$123	\$167
44	\$222	\$298	\$205	\$275	\$159	\$213	\$127	\$170
45	\$228	\$304	\$211	\$281	\$163	\$218	\$130	\$174
46	\$235	\$311	\$217	\$287	\$168	\$222	\$134	\$178
47	\$242	\$317	\$223	\$293	\$173	\$227	\$138	\$182
48	\$249	\$321	\$230	\$296	\$178	\$230	\$142	\$184
49	\$257	\$325	\$237	\$300	\$184	\$232	\$147	\$186
50	\$264	\$328	\$244	\$303	\$189	\$235	\$151	\$188
51	\$271	\$331	\$250	\$306	\$194	\$237	\$155	\$190
52	\$278	\$335	\$256	\$309	\$199	\$240	\$159	\$191
53	\$287	\$340	\$265	\$314	\$206	\$244	\$164	\$195
54	\$297	\$346	\$274	\$319	\$212	\$248	\$170	\$198
55	\$306	\$351	\$283	\$324	\$219	\$252	\$175	\$201
56	\$317	\$358	\$292	\$330	\$227	\$256	\$181	\$205
57	\$327	\$364	\$302	\$336	\$234	\$261	\$187	\$208
58	\$346	\$372	\$320	\$343	\$248	\$266	\$198	\$213
59	\$366	\$380	\$337	\$351	\$262	\$272	\$209	\$217
60	\$385	\$388	\$356	\$358	\$276	\$278	\$220	\$222
61	\$405	\$395	\$373	\$365	\$290	\$283	\$231	\$226
62	\$424	\$403	\$391	\$372	\$303	\$288	\$242	\$230
63	\$443	\$410	\$409	\$379	\$317	\$294	\$253	\$235
64	\$462	\$418	\$427	\$386	\$331	\$299	\$264	\$239

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Non-tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshiek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$108	\$108	\$96	\$96	\$81	\$81	\$66	\$66
1	\$76	\$76	\$67	\$67	\$57	\$57	\$46	\$46
2-18	\$54	\$54	\$48	\$48	\$41	\$41	\$33	\$33
19	\$59	\$66	\$52	\$59	\$44	\$50	\$36	\$40
20	\$64	\$78	\$56	\$69	\$48	\$58	\$39	\$48
21	\$70	\$91	\$62	\$81	\$52	\$68	\$43	\$56
22	\$76	\$104	\$67	\$92	\$57	\$78	\$46	\$64
23	\$82	\$117	\$72	\$104	\$61	\$88	\$50	\$72
24	\$88	\$130	\$78	\$116	\$66	\$98	\$53	\$80
25	\$89	\$134	\$79	\$119	\$67	\$101	\$55	\$82
26	\$91	\$138	\$81	\$122	\$68	\$103	\$56	\$84
27	\$93	\$142	\$82	\$126	\$69	\$106	\$57	\$87
28	\$94	\$143	\$83	\$127	\$70	\$108	\$57	\$88
29	\$95	\$145	\$84	\$129	\$71	\$109	\$58	\$89
30	\$96	\$147	\$85	\$130	\$72	\$110	\$59	\$90
31	\$97	\$149	\$86	\$132	\$73	\$112	\$59	\$91
32	\$99	\$151	\$88	\$134	\$74	\$113	\$60	\$92
33	\$101	\$156	\$90	\$138	\$76	\$117	\$62	\$95
34	\$104	\$160	\$92	\$142	\$78	\$120	\$64	\$98
35	\$107	\$165	\$95	\$146	\$80	\$124	\$65	\$101
36	\$110	\$170	\$97	\$150	\$82	\$127	\$67	\$104
37	\$112	\$174	\$100	\$154	\$84	\$131	\$69	\$106
38	\$118	\$177	\$104	\$157	\$88	\$133	\$72	\$108
39	\$123	\$180	\$109	\$160	\$92	\$135	\$75	\$110
40	\$128	\$183	\$113	\$162	\$96	\$137	\$78	\$112
41	\$133	\$186	\$118	\$165	\$100	\$139	\$81	\$114
42	\$138	\$189	\$123	\$168	\$104	\$142	\$85	\$116
43	\$143	\$193	\$126	\$171	\$107	\$145	\$87	\$118
44	\$147	\$197	\$130	\$175	\$110	\$148	\$90	\$120
45	\$151	\$201	\$134	\$178	\$113	\$151	\$92	\$123
46	\$155	\$205	\$138	\$182	\$116	\$154	\$95	\$125
47	\$160	\$210	\$142	\$186	\$120	\$157	\$98	\$128
48	\$165	\$212	\$146	\$188	\$123	\$159	\$101	\$130
49	\$170	\$215	\$150	\$190	\$127	\$161	\$104	\$131
50	\$174	\$217	\$155	\$192	\$131	\$163	\$107	\$133
51	\$179	\$219	\$159	\$194	\$134	\$164	\$109	\$134
52	\$184	\$221	\$163	\$196	\$138	\$166	\$112	\$135
53	\$190	\$225	\$168	\$199	\$142	\$169	\$116	\$137
54	\$196	\$228	\$174	\$203	\$147	\$171	\$120	\$140
55	\$202	\$232	\$180	\$206	\$152	\$174	\$124	\$142
56	\$209	\$236	\$186	\$210	\$157	\$177	\$128	\$144
57	\$216	\$240	\$192	\$213	\$162	\$180	\$132	\$147
58	\$229	\$246	\$203	\$218	\$172	\$184	\$140	\$150
59	\$242	\$251	\$214	\$223	\$181	\$188	\$148	\$153
60	\$255	\$256	\$226	\$227	\$191	\$192	\$155	\$157
61	\$267	\$261	\$237	\$232	\$200	\$196	\$163	\$160
62	\$280	\$266	\$248	\$236	\$210	\$200	\$171	\$163
63	\$293	\$271	\$260	\$241	\$219	\$203	\$179	\$166
64	\$306	\$276	\$271	\$245	\$229	\$207	\$187	\$169

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Non-tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshiek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$73	\$73	\$50	\$50	\$63	\$63	\$43	\$43
1	\$51	\$51	\$35	\$35	\$44	\$44	\$30	\$30
2-18	\$37	\$37	\$25	\$25	\$31	\$31	\$22	\$22
19	\$40	\$45	\$27	\$31	\$34	\$39	\$24	\$26
20	\$43	\$53	\$29	\$36	\$37	\$45	\$25	\$31
21	\$47	\$62	\$32	\$42	\$41	\$53	\$28	\$36
22	\$51	\$70	\$35	\$48	\$44	\$61	\$30	\$41
23	\$55	\$79	\$38	\$54	\$48	\$68	\$33	\$47
24	\$59	\$88	\$40	\$60	\$51	\$76	\$35	\$52
25	\$60	\$91	\$41	\$62	\$52	\$78	\$36	\$53
26	\$61	\$93	\$42	\$64	\$53	\$80	\$36	\$55
27	\$63	\$96	\$43	\$65	\$54	\$82	\$37	\$56
28	\$63	\$97	\$43	\$66	\$55	\$83	\$37	\$57
29	\$64	\$98	\$44	\$67	\$55	\$84	\$38	\$58
30	\$65	\$99	\$44	\$68	\$56	\$85	\$38	\$58
31	\$66	\$101	\$45	\$69	\$57	\$87	\$39	\$59
32	\$67	\$102	\$46	\$70	\$58	\$88	\$39	\$60
33	\$68	\$105	\$47	\$72	\$59	\$91	\$40	\$62
34	\$70	\$108	\$48	\$74	\$61	\$93	\$41	\$64
35	\$72	\$111	\$49	\$76	\$62	\$96	\$43	\$66
36	\$74	\$115	\$51	\$78	\$64	\$99	\$44	\$68
37	\$76	\$118	\$52	\$80	\$65	\$101	\$45	\$69
38	\$79	\$120	\$54	\$82	\$68	\$103	\$47	\$71
39	\$83	\$122	\$57	\$83	\$71	\$105	\$49	\$72
40	\$86	\$124	\$59	\$85	\$74	\$107	\$51	\$73
41	\$90	\$126	\$61	\$86	\$77	\$108	\$53	\$74
42	\$93	\$128	\$64	\$87	\$80	\$110	\$55	\$75
43	\$96	\$130	\$66	\$89	\$83	\$112	\$57	\$77
44	\$99	\$133	\$68	\$91	\$85	\$115	\$58	\$78
45	\$102	\$136	\$70	\$93	\$88	\$117	\$60	\$80
46	\$105	\$139	\$72	\$95	\$90	\$119	\$62	\$82
47	\$108	\$142	\$74	\$97	\$93	\$122	\$64	\$84
48	\$111	\$143	\$76	\$98	\$96	\$123	\$66	\$84
49	\$115	\$145	\$78	\$99	\$99	\$125	\$68	\$85
50	\$118	\$147	\$80	\$100	\$101	\$126	\$69	\$86
51	\$121	\$148	\$83	\$101	\$104	\$127	\$71	\$87
52	\$124	\$149	\$85	\$102	\$107	\$129	\$73	\$88
53	\$128	\$152	\$88	\$104	\$110	\$131	\$76	\$90
54	\$132	\$154	\$90	\$105	\$114	\$133	\$78	\$91
55	\$137	\$157	\$93	\$107	\$118	\$135	\$81	\$92
56	\$141	\$160	\$97	\$109	\$122	\$137	\$83	\$94
57	\$146	\$162	\$100	\$111	\$126	\$140	\$86	\$96
58	\$155	\$166	\$106	\$113	\$133	\$143	\$91	\$98
59	\$163	\$170	\$111	\$116	\$141	\$146	\$96	\$100
60	\$172	\$173	\$117	\$118	\$148	\$149	\$101	\$102
61	\$181	\$176	\$123	\$121	\$156	\$152	\$107	\$104
62	\$189	\$180	\$129	\$123	\$163	\$155	\$112	\$106
63	\$198	\$183	\$135	\$125	\$170	\$158	\$117	\$108
64	\$206	\$187	\$141	\$128	\$178	\$161	\$122	\$110

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011

State: Iowa

Non-tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshiek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$89	\$89	\$80	\$80	\$62	\$62
1	\$62	\$62	\$56	\$56	\$43	\$43
2-18	\$45	\$45	\$40	\$40	\$31	\$31
19	\$49	\$54	\$44	\$49	\$34	\$38
20	\$52	\$64	\$47	\$58	\$36	\$44
21	\$57	\$75	\$51	\$67	\$40	\$52
22	\$62	\$86	\$56	\$77	\$43	\$59
23	\$67	\$96	\$60	\$87	\$46	\$67
24	\$72	\$107	\$65	\$96	\$50	\$74
25	\$73	\$110	\$66	\$99	\$51	\$76
26	\$75	\$113	\$67	\$102	\$52	\$78
27	\$76	\$116	\$68	\$105	\$53	\$81
28	\$77	\$118	\$69	\$106	\$53	\$82
29	\$78	\$119	\$70	\$107	\$54	\$83
30	\$79	\$121	\$71	\$108	\$55	\$84
31	\$80	\$123	\$72	\$110	\$55	\$85
32	\$81	\$124	\$73	\$112	\$56	\$86
33	\$83	\$128	\$75	\$115	\$58	\$89
34	\$86	\$132	\$77	\$118	\$59	\$91
35	\$88	\$136	\$79	\$122	\$61	\$94
36	\$90	\$139	\$81	\$125	\$62	\$96
37	\$92	\$143	\$83	\$128	\$64	\$99
38	\$97	\$146	\$87	\$131	\$67	\$101
39	\$101	\$148	\$91	\$133	\$70	\$102
40	\$105	\$151	\$94	\$135	\$73	\$104
41	\$109	\$153	\$98	\$137	\$76	\$106
42	\$114	\$155	\$102	\$140	\$79	\$108
43	\$117	\$159	\$105	\$142	\$81	\$110
44	\$121	\$162	\$108	\$145	\$83	\$112
45	\$124	\$165	\$111	\$148	\$86	\$114
46	\$128	\$169	\$115	\$151	\$88	\$117
47	\$131	\$172	\$118	\$155	\$91	\$119
48	\$135	\$174	\$121	\$157	\$94	\$121
49	\$139	\$176	\$125	\$158	\$96	\$122
50	\$143	\$178	\$129	\$160	\$99	\$123
51	\$147	\$180	\$132	\$162	\$102	\$125
52	\$151	\$182	\$135	\$163	\$104	\$126
53	\$156	\$185	\$140	\$166	\$108	\$128
54	\$161	\$188	\$145	\$169	\$112	\$130
55	\$166	\$191	\$149	\$171	\$115	\$132
56	\$172	\$194	\$154	\$174	\$119	\$134
57	\$178	\$198	\$159	\$177	\$123	\$137
58	\$188	\$202	\$169	\$181	\$130	\$140
59	\$199	\$206	\$178	\$185	\$137	\$143
60	\$209	\$211	\$188	\$189	\$145	\$146
61	\$220	\$215	\$197	\$193	\$152	\$149
62	\$230	\$219	\$207	\$196	\$159	\$151
63	\$241	\$223	\$216	\$200	\$167	\$154
64	\$251	\$227	\$225	\$204	\$174	\$157

Note: 10% discount for two or more members on a plan.

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Rates Effective: October 2011 - December 2011

State: Iowa

Tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshiek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Spectrum 1500		Spectrum 3500	
	\$1,500 Ded, 90/70		\$3,500 Ded, 90/70	
	Male	Female	Male	Female
0	\$241	\$241	\$197	\$197
1	\$169	\$169	\$138	\$138
2-18	\$121	\$121	\$98	\$98
19	\$132	\$148	\$107	\$120
20	\$142	\$174	\$116	\$142
21	\$155	\$203	\$127	\$166
22	\$169	\$232	\$137	\$189
23	\$182	\$261	\$148	\$213
24	\$195	\$291	\$159	\$237
25	\$199	\$299	\$162	\$244
26	\$203	\$307	\$165	\$250
27	\$206	\$316	\$168	\$257
28	\$209	\$320	\$170	\$261
29	\$211	\$323	\$172	\$264
30	\$214	\$327	\$174	\$267
31	\$217	\$332	\$177	\$271
32	\$220	\$337	\$180	\$275
33	\$226	\$347	\$184	\$283
34	\$232	\$357	\$189	\$291
35	\$238	\$368	\$194	\$300
36	\$244	\$378	\$199	\$308
37	\$250	\$388	\$204	\$316
38	\$262	\$395	\$214	\$322
39	\$274	\$401	\$223	\$327
40	\$285	\$408	\$232	\$333
41	\$296	\$415	\$242	\$338
42	\$308	\$421	\$251	\$344
43	\$318	\$430	\$259	\$351
44	\$327	\$439	\$266	\$358
45	\$336	\$448	\$274	\$365
46	\$346	\$457	\$282	\$373
47	\$356	\$467	\$290	\$381
48	\$367	\$473	\$299	\$385
49	\$378	\$478	\$308	\$390
50	\$389	\$484	\$317	\$394
51	\$399	\$488	\$325	\$398
52	\$409	\$493	\$334	\$402
53	\$423	\$501	\$345	\$408
54	\$437	\$509	\$356	\$415
55	\$451	\$517	\$368	\$422
56	\$466	\$527	\$380	\$429
57	\$482	\$536	\$393	\$437
58	\$510	\$547	\$416	\$446
59	\$538	\$559	\$439	\$456
60	\$567	\$571	\$462	\$466
61	\$596	\$582	\$486	\$475
62	\$624	\$593	\$509	\$484
63	\$652	\$604	\$532	\$493
64	\$681	\$616	\$555	\$502

Note: 10% discount for two or more members on a plan.

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Rates Effective: October 2011 - December 2011

State: Iowa

Tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torch 1000		Torch 1500		Torch 2500		Torch 5000	
	\$1,000 Ded, 80/60		\$1,500 Ded, 80/60		\$2,500 Ded, 80/60		\$5,000 Ded, 80/60	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$221	\$221	\$204	\$204	\$158	\$158	\$126	\$126
1	\$155	\$155	\$143	\$143	\$111	\$111	\$88	\$88
2-18	\$111	\$111	\$102	\$102	\$79	\$79	\$63	\$63
19	\$121	\$135	\$111	\$125	\$86	\$97	\$69	\$77
20	\$130	\$159	\$120	\$147	\$93	\$114	\$74	\$91
21	\$142	\$186	\$131	\$172	\$102	\$133	\$81	\$106
22	\$155	\$213	\$143	\$196	\$111	\$152	\$88	\$122
23	\$167	\$240	\$154	\$221	\$119	\$172	\$95	\$137
24	\$179	\$267	\$165	\$246	\$128	\$191	\$102	\$152
25	\$182	\$274	\$168	\$253	\$131	\$196	\$104	\$157
26	\$186	\$282	\$171	\$260	\$133	\$202	\$106	\$161
27	\$189	\$289	\$175	\$267	\$136	\$207	\$108	\$166
28	\$191	\$293	\$177	\$270	\$137	\$210	\$109	\$168
29	\$194	\$296	\$179	\$274	\$139	\$212	\$111	\$169
30	\$196	\$300	\$181	\$277	\$140	\$215	\$112	\$172
31	\$199	\$304	\$183	\$281	\$142	\$218	\$114	\$174
32	\$202	\$309	\$186	\$285	\$145	\$221	\$116	\$177
33	\$207	\$318	\$191	\$294	\$148	\$228	\$119	\$182
34	\$213	\$328	\$196	\$302	\$152	\$235	\$122	\$187
35	\$218	\$337	\$201	\$311	\$156	\$241	\$125	\$193
36	\$224	\$347	\$207	\$320	\$160	\$248	\$128	\$198
37	\$229	\$356	\$212	\$328	\$164	\$255	\$131	\$203
38	\$240	\$362	\$222	\$334	\$172	\$259	\$137	\$207
39	\$251	\$368	\$231	\$340	\$180	\$264	\$143	\$210
40	\$261	\$374	\$241	\$345	\$187	\$268	\$149	\$214
41	\$272	\$380	\$251	\$351	\$195	\$272	\$155	\$217
42	\$283	\$386	\$261	\$357	\$202	\$277	\$162	\$221
43	\$291	\$394	\$269	\$364	\$209	\$282	\$167	\$226
44	\$299	\$402	\$276	\$371	\$214	\$288	\$171	\$230
45	\$308	\$410	\$284	\$379	\$221	\$294	\$176	\$235
46	\$317	\$419	\$293	\$387	\$227	\$300	\$181	\$240
47	\$327	\$429	\$301	\$396	\$234	\$307	\$187	\$245
48	\$336	\$433	\$310	\$400	\$241	\$310	\$192	\$248
49	\$347	\$438	\$320	\$404	\$248	\$314	\$198	\$251
50	\$356	\$443	\$329	\$409	\$255	\$318	\$204	\$254
51	\$366	\$447	\$338	\$413	\$262	\$320	\$209	\$256
52	\$375	\$452	\$346	\$417	\$269	\$323	\$215	\$258
53	\$388	\$459	\$358	\$424	\$278	\$329	\$222	\$263
54	\$400	\$467	\$370	\$431	\$287	\$334	\$229	\$267
55	\$414	\$474	\$382	\$438	\$296	\$340	\$237	\$271
56	\$428	\$483	\$395	\$446	\$306	\$346	\$245	\$276
57	\$441	\$491	\$408	\$453	\$316	\$352	\$252	\$281
58	\$467	\$502	\$432	\$463	\$335	\$359	\$267	\$287
59	\$494	\$513	\$456	\$473	\$353	\$367	\$282	\$293
60	\$520	\$524	\$480	\$483	\$372	\$375	\$297	\$299
61	\$546	\$534	\$504	\$493	\$391	\$382	\$312	\$305
62	\$572	\$544	\$528	\$502	\$410	\$389	\$327	\$311
63	\$598	\$554	\$552	\$512	\$428	\$397	\$342	\$317
64	\$624	\$565	\$576	\$521	\$447	\$404	\$357	\$323

Note: 10% discount for two or more members on a plan.

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Rates Effective: October 2011 - December 2011

State: Iowa

Tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshiek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Torchlight 2000		Torchlight 3000		Torchlight 5000		Torchlight 10000	
	\$2,000 Ded, 60/50		\$3,000 Ded, 60/50		\$5,000 Ded, 60/50		\$10,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$146	\$146	\$130	\$130	\$110	\$110	\$89	\$89
1	\$102	\$102	\$91	\$91	\$77	\$77	\$62	\$62
2-18	\$73	\$73	\$65	\$65	\$55	\$55	\$45	\$45
19	\$80	\$89	\$71	\$79	\$60	\$67	\$49	\$55
20	\$86	\$105	\$76	\$93	\$64	\$79	\$53	\$64
21	\$94	\$123	\$83	\$109	\$71	\$92	\$58	\$75
22	\$102	\$141	\$91	\$125	\$77	\$105	\$62	\$86
23	\$110	\$158	\$98	\$140	\$83	\$119	\$67	\$97
24	\$118	\$176	\$105	\$156	\$89	\$132	\$72	\$108
25	\$121	\$181	\$107	\$161	\$90	\$136	\$74	\$111
26	\$123	\$186	\$109	\$165	\$92	\$139	\$75	\$114
27	\$125	\$191	\$111	\$170	\$94	\$143	\$76	\$117
28	\$126	\$194	\$112	\$172	\$95	\$145	\$77	\$118
29	\$128	\$196	\$113	\$174	\$96	\$147	\$78	\$120
30	\$129	\$198	\$115	\$176	\$97	\$149	\$79	\$121
31	\$131	\$201	\$116	\$178	\$98	\$151	\$80	\$123
32	\$134	\$204	\$118	\$181	\$100	\$153	\$82	\$125
33	\$137	\$210	\$121	\$186	\$103	\$158	\$84	\$128
34	\$141	\$216	\$125	\$192	\$105	\$162	\$86	\$132
35	\$144	\$223	\$128	\$198	\$108	\$167	\$88	\$136
36	\$148	\$229	\$131	\$203	\$111	\$172	\$90	\$140
37	\$152	\$235	\$134	\$208	\$114	\$176	\$93	\$144
38	\$159	\$239	\$141	\$212	\$119	\$179	\$97	\$146
39	\$166	\$243	\$147	\$216	\$124	\$182	\$101	\$149
40	\$172	\$247	\$153	\$219	\$129	\$185	\$105	\$151
41	\$180	\$251	\$159	\$223	\$135	\$188	\$110	\$153
42	\$187	\$255	\$166	\$226	\$140	\$191	\$114	\$156
43	\$192	\$261	\$171	\$231	\$144	\$195	\$118	\$159
44	\$198	\$266	\$175	\$236	\$148	\$199	\$121	\$162
45	\$204	\$271	\$180	\$240	\$153	\$203	\$124	\$166
46	\$210	\$277	\$186	\$246	\$157	\$208	\$128	\$169
47	\$216	\$283	\$191	\$251	\$162	\$212	\$132	\$173
48	\$222	\$286	\$197	\$254	\$167	\$215	\$136	\$175
49	\$229	\$290	\$203	\$257	\$172	\$217	\$140	\$177
50	\$235	\$293	\$209	\$260	\$177	\$220	\$144	\$179
51	\$242	\$296	\$214	\$262	\$181	\$222	\$148	\$181
52	\$248	\$299	\$220	\$265	\$186	\$224	\$151	\$182
53	\$256	\$303	\$227	\$269	\$192	\$228	\$156	\$185
54	\$265	\$308	\$235	\$273	\$198	\$231	\$162	\$188
55	\$273	\$313	\$242	\$278	\$205	\$235	\$167	\$191
56	\$283	\$319	\$251	\$283	\$212	\$239	\$173	\$195
57	\$292	\$325	\$259	\$288	\$219	\$243	\$178	\$198
58	\$309	\$332	\$274	\$294	\$232	\$249	\$189	\$203
59	\$326	\$339	\$289	\$301	\$245	\$254	\$199	\$207
60	\$344	\$346	\$305	\$307	\$258	\$259	\$210	\$211
61	\$361	\$353	\$320	\$313	\$271	\$265	\$221	\$216
62	\$378	\$359	\$335	\$319	\$283	\$269	\$231	\$220
63	\$395	\$366	\$350	\$325	\$296	\$275	\$241	\$224
64	\$413	\$373	\$366	\$331	\$309	\$280	\$252	\$228

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshiek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	HealthGear A2500		HealthGear A5000		HealthGear B3500		HealthGear C5000	
	\$2,500 Ded, 80/50		\$5,000 Ded, 80/50		\$3,500 Ded, 70/50		\$5,000 Ded, 60/50	
	Male	Female	Male	Female	Male	Female	Male	Female
0	\$99	\$99	\$67	\$67	\$85	\$85	\$58	\$58
1	\$69	\$69	\$47	\$47	\$59	\$59	\$41	\$41
2-18	\$49	\$49	\$34	\$34	\$43	\$43	\$29	\$29
19	\$54	\$60	\$37	\$41	\$46	\$52	\$32	\$36
20	\$58	\$71	\$40	\$49	\$50	\$61	\$34	\$42
21	\$64	\$83	\$43	\$57	\$55	\$72	\$37	\$49
22	\$69	\$95	\$47	\$65	\$59	\$82	\$41	\$56
23	\$74	\$107	\$51	\$73	\$64	\$92	\$44	\$63
24	\$80	\$119	\$55	\$81	\$69	\$102	\$47	\$70
25	\$81	\$122	\$56	\$84	\$70	\$105	\$48	\$72
26	\$83	\$126	\$57	\$86	\$71	\$108	\$49	\$74
27	\$84	\$129	\$58	\$88	\$73	\$111	\$50	\$76
28	\$85	\$131	\$58	\$89	\$74	\$113	\$50	\$77
29	\$86	\$132	\$59	\$90	\$74	\$114	\$51	\$78
30	\$87	\$134	\$60	\$91	\$75	\$115	\$52	\$79
31	\$89	\$136	\$61	\$93	\$76	\$117	\$52	\$80
32	\$90	\$138	\$62	\$94	\$78	\$119	\$53	\$81
33	\$92	\$142	\$63	\$97	\$80	\$122	\$55	\$84
34	\$95	\$146	\$65	\$100	\$82	\$126	\$56	\$86
35	\$97	\$150	\$67	\$103	\$84	\$130	\$57	\$89
36	\$100	\$155	\$68	\$106	\$86	\$133	\$59	\$91
37	\$102	\$159	\$70	\$108	\$88	\$137	\$60	\$94
38	\$107	\$162	\$73	\$110	\$92	\$139	\$63	\$95
39	\$112	\$164	\$76	\$112	\$96	\$141	\$66	\$97
40	\$116	\$167	\$80	\$114	\$100	\$144	\$69	\$99
41	\$121	\$170	\$83	\$116	\$104	\$146	\$72	\$100
42	\$126	\$172	\$86	\$118	\$109	\$149	\$74	\$102
43	\$130	\$176	\$89	\$120	\$112	\$152	\$77	\$104
44	\$134	\$179	\$91	\$123	\$115	\$155	\$79	\$106
45	\$137	\$183	\$94	\$125	\$118	\$158	\$81	\$108
46	\$142	\$187	\$97	\$128	\$122	\$161	\$83	\$110
47	\$146	\$191	\$100	\$131	\$126	\$165	\$86	\$113
48	\$150	\$193	\$103	\$132	\$129	\$167	\$89	\$114
49	\$155	\$196	\$106	\$134	\$133	\$168	\$91	\$115
50	\$159	\$198	\$109	\$135	\$137	\$170	\$94	\$117
51	\$163	\$200	\$112	\$136	\$141	\$172	\$96	\$118
52	\$167	\$202	\$114	\$138	\$144	\$174	\$99	\$119
53	\$173	\$205	\$118	\$140	\$149	\$177	\$102	\$121
54	\$179	\$208	\$122	\$142	\$154	\$179	\$105	\$123
55	\$185	\$212	\$126	\$145	\$159	\$182	\$109	\$125
56	\$191	\$215	\$130	\$147	\$164	\$186	\$113	\$127
57	\$197	\$219	\$135	\$150	\$170	\$189	\$116	\$129
58	\$209	\$224	\$143	\$153	\$180	\$193	\$123	\$132
59	\$220	\$229	\$151	\$156	\$190	\$197	\$130	\$135
60	\$232	\$234	\$159	\$160	\$200	\$201	\$137	\$138
61	\$244	\$238	\$167	\$163	\$210	\$205	\$144	\$141
62	\$255	\$243	\$174	\$166	\$220	\$209	\$151	\$143
63	\$267	\$247	\$182	\$169	\$230	\$213	\$157	\$146
64	\$279	\$252	\$190	\$172	\$240	\$217	\$164	\$149

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.



Rates Effective: October 2011 - December 2011
 State: Iowa
 Tobacco

Counties: Adair, Appanoose, Benton, Bremer, Buchanan, Buena Vista, Butler, Calhoun, Carroll, Cedar, Cherokee, Chickasaw, Clarke, Davis, Decatur, Delaware, Fayette, Greene, Grundy, Guthrie, Hamilton, Hardin, Humboldt, Ida, Iowa, Jasper, Jones, Keokuk, Lucas, Madison, Mahaska, Marion, Marshall, Monroe, Muscatine, Pocahontas, Poweshiek, Sac, Tama, Union, Washington, Wayne, Webster, Winneshiek

Underwritten by Coventry Health Care - Iowa

Age of Contract Holder	Prism 2500		Prism 3500		Prism 5000	
	\$2,500 Ded, 100/60		\$3,500 Ded, 100/60		\$5,000 Ded, 100/60	
	Male	Female	Male	Female	Male	Female
0	\$120	\$120	\$108	\$108	\$83	\$83
1	\$84	\$84	\$75	\$75	\$58	\$58
2-18	\$60	\$60	\$54	\$54	\$42	\$42
19	\$66	\$74	\$59	\$66	\$45	\$51
20	\$71	\$87	\$63	\$78	\$49	\$60
21	\$77	\$101	\$69	\$91	\$54	\$70
22	\$84	\$116	\$75	\$104	\$58	\$80
23	\$91	\$130	\$81	\$117	\$63	\$90
24	\$97	\$145	\$87	\$130	\$67	\$100
25	\$99	\$149	\$89	\$134	\$69	\$103
26	\$101	\$153	\$91	\$137	\$70	\$106
27	\$103	\$157	\$92	\$141	\$71	\$109
28	\$104	\$159	\$93	\$143	\$72	\$110
29	\$105	\$161	\$94	\$144	\$73	\$111
30	\$106	\$163	\$95	\$146	\$74	\$113
31	\$108	\$165	\$97	\$148	\$75	\$114
32	\$110	\$168	\$98	\$151	\$76	\$116
33	\$113	\$173	\$101	\$155	\$78	\$120
34	\$116	\$178	\$104	\$160	\$80	\$123
35	\$119	\$183	\$106	\$164	\$82	\$127
36	\$122	\$188	\$109	\$169	\$84	\$130
37	\$125	\$193	\$112	\$173	\$86	\$134
38	\$130	\$197	\$117	\$176	\$90	\$136
39	\$136	\$200	\$122	\$179	\$94	\$138
40	\$142	\$203	\$127	\$182	\$98	\$141
41	\$148	\$206	\$133	\$185	\$102	\$143
42	\$154	\$210	\$138	\$188	\$106	\$145
43	\$158	\$214	\$142	\$192	\$109	\$148
44	\$163	\$218	\$146	\$196	\$113	\$151
45	\$167	\$223	\$150	\$200	\$116	\$154
46	\$172	\$228	\$155	\$204	\$119	\$158
47	\$177	\$233	\$159	\$209	\$123	\$161
48	\$183	\$235	\$164	\$211	\$126	\$163
49	\$188	\$238	\$169	\$214	\$130	\$165
50	\$194	\$241	\$174	\$216	\$134	\$167
51	\$199	\$243	\$178	\$218	\$137	\$168
52	\$204	\$245	\$183	\$220	\$141	\$170
53	\$211	\$249	\$189	\$224	\$146	\$173
54	\$218	\$254	\$195	\$228	\$151	\$175
55	\$225	\$258	\$202	\$231	\$155	\$178
56	\$232	\$262	\$208	\$235	\$161	\$181
57	\$240	\$267	\$215	\$240	\$166	\$185
58	\$254	\$273	\$228	\$245	\$176	\$189
59	\$268	\$279	\$241	\$250	\$186	\$193
60	\$282	\$284	\$254	\$255	\$195	\$197
61	\$297	\$290	\$266	\$260	\$205	\$201
62	\$311	\$295	\$279	\$265	\$215	\$204
63	\$325	\$301	\$292	\$270	\$225	\$208
64	\$339	\$307	\$304	\$275	\$235	\$212

Note: 10% discount for two or more members on a plan.

Rates on this card are estimates and may be rounded to the nearest dollar. Rates are subject to adjustment based on underwriting factors and upon renewal, in accordance with state law.